



Cr David Law holds high hopes for Division 10:

‘My biggest challenge will be getting it all done’

by **Cameron Outridge**

SIX months into his new role Councillor David Law sees his greatest challenge as trying to achieve everything he wants to, in a division bursting with promise.

Cr Law said he was inspired by Division 10's potential and constantly energised by working with the community to achieve worthwhile outcomes.

“That’s why I put my hand up and went through that whole election campaign and why I am here ... because I want to make a difference and I genuinely believe I’ve got something to offer for the Council, and for all the people that live here,” he said. “So that we can build some really great communities. The biggest challenge will be getting it all done.”

Despite COVID and the huge learning curve, Cr Law has never had regrets about running for election and said he was totally immersed in achieving positive outcomes.

A career in community services — with the last 19 years in disability services — had enriched his people skills.

“Being there for the community is what I’ve spent my career doing. For me that means listening carefully to people and gauging what the situation is and what they want to do next or what will help their life improve.”

He saw his role as being a conduit to progress but had no doubt there would be tough issues and times when it would be difficult to reach consensus whether with fellow councillors or residents.

“I see my role as making sure that we’re not putting walls up, but we’re actually making sure

there aren’t any walls in the way to start with.”

Cr Law said it helped that he enjoyed learning about the roles and responsibilities of Council.

“That side of it has been quite rewarding. I knew how things worked in the disability space. And now I’m just learning a new rule book. The number of responsibilities Council has, that you don’t really notice and you don’t really think about, is quite immense.”

Nambour’s Special Entertainment Precinct designation was having a positive effect on business. Stalwart Alehouse and Brewery, Garra Brazilian Jiu Jitsu studio, Sunshine Coast Pinball and Andrea Kirwin’s Peace Run Records venue were recent examples of businesses tapping into Nambour’s potential.

Helping Yandina achieve a successful 150th Anniversary Celebration, working with Eumundi Chamber of Commerce on streetscaping, investigating options for a fenced dog park in Mapleton and helping Kenilworth with its volunteer community transport program were also rewarding.

“They are some of the constant highlights that just keep shining through for me because of that passion around creating and wanting to support communities to get to where they want to go to.”

“When I watch the young families who are coming to live here now ... 20 years ago that was my family when we chose to live in Nambour with our almost one-year-old.

“And I want to do everything I can so that in 20 years’ time those people who have chosen to come here now will still be here because it’s an amazing place to be. With entertainment, with beautiful parks, with the tram running, with great facilities and a kind community.”



Cr David Law at Council’s Nambour offices ... “Being there for the community is what I’ve spent my career doing”.

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SUNSHINE VALLEY
Gazette

Editor's Letter by Cameron Outridge
editor@sunshinevalleygazette.com.au

Spring is in the air

Spring is in the air and there's a bit of a nature trail in the Gazette this week. Read closely and you will find plovers, a kookaburra, two snakes and even a couple of miniature horses. Not to mention Barney the cavoodle and Willow the assistance dog. On that note, if you have a nature photo you would like to share with readers please email it, with a description, to editor@sunshinevalleygazette.com.au.

Perspectives welcomed

It's encouraging to see the respectful discussions taking place around the safety in Nambour issue. What is very clear is that everyone can see what a caring community Nambour is. Everyone has compassion for vulnerable and troubled people. And everyone wants to see the town realise its potential.

I see our job as being to promote understanding of different perspectives and experiences on what is a complex and multi-faceted issue.

Well done and thanks to those who have agreed to speak to the Gazette on what can be an emotive topic. People in general have understandable reluctance to speak to the media. So we thank the people who have helped shed light on the issue.

But it's not all serious reading. You'll find plenty of community and business stories and news about local happenings inside. Enjoy the paper.

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Online
The Gazette is Printed Fortnightly & Online Always.

Advertising
Promote your business to a local market from \$20 a fortnight: tanya@sunshinevalleygazette.com.au

Distribution
10,000 copies are distributed to popular pick-up points throughout the hinterland including at Palmwoods, Woombye, Nambour, Chevallum, Eudlo, Mooloolah, Hunchy, Yandina, Maleny, Montville, Flaxton, Mapleton and Forest Glen.

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Nambour Safety

We can't do it all on our own, say Police

PLANS are well under way for further police operations targeting anti-social behaviour in Nambour, a statement from Sunshine Coast Police says.

But the October 2 statement moderated community expectations by emphasising that policing, alone, had limited influence over the broader social issues at hand.

"Plans are well under way for further operations that will again target anti-social behaviour in the CBD and we will be supported by local police and the Railway Squad who provide a mobile facility and several officers."

Police alone could not address the broader social issues that may be applicable to any community, including Nambour, the statement said.

"The CBD has been and will continue to be the focus of operations targeting anti-social behaviour. Although additional staffing numbers are always desirable, the current staffing model for the Nambour Division is meeting the policing demands for the division and officers allocated to the division are active in prevention and disruption activities that require a policing response."

Police said the Department of Housing and Public Work and Sunshine Coast Council had also been instrumental in working to address issues around homelessness.

"The Sleeping Rough initiative ... has been an effective resource, providing better accommodation for individuals who would ordinarily be situated in and around Nambour."

"Police continue to closely monitor the issues raised by Nambour businesses, and a decrease in calls for service is expected as a result of available accommodation for vulnerable people in and around the Nambour CBD."

"Nambour Police work in partnership with the community, local businesses and government agencies."

"Additional high visibility patrols of Nambour were instigated following a meeting with members of the Re-Imagine Committee including IFYS, Queensland Health, Sunshine Coast Council and Nambour Chamber of Commerce. Two additional officers were allocated from Maroochydore to assist police resources within Nambour CBD. In addition, due to the district's COVID-19 response, a further two school-based police officers were deployed to assist with patrols."

'Everyone has a right to feel safe in their home town'

by Cameron Outridge

A businessman calling for increased police presence in Nambour says he has received overwhelming support for his plan since the story appeared in the Gazette last fortnight.

Andrew Pitcher has been involved in real estate investment and development in the area for more than 20 years.

He says improving police presence in Nambour CBD was the first crucial step to stimulate business investment and reinvigorate the town he grew up in. He said it was inarguable that people should have a right to feel safe in their home town.

He said a response from Sunshine Coast District Superintendent Craig Hawkins last week that there was "no evidence to indicate that a modified policing presence or response is required" in Nambour was "inadequate".

But he was pleased a later police statement to the Gazette (see this page) fully acknowledged the issue. "Nambour now needs to keep pushing for concrete action," he said. "I have spoken to many, many people to gauge their views."

"And I am absolutely convinced that most people in the town share my thoughts. Everyone appreciates the work the police do. But its obvious more resources are needed in the CBD."

Mr Pitcher said vulnerable, troubled and addicted people were drawn to the area on train to access mental health, addiction, methadone and needle exchange services.

He said there were obvious safety issues associated with these services that should not be "out-sourced to the main street".

"No one is saying vulnerable people should not get all the help they need," he said. But



Andrew Pitcher is pushing for concrete action.

Nambour should not become the "too-hard basket" of the region.

Mr Pitcher said everyone he spoke to had compassion for vulnerable people and wanted what was best for Nambour. They all agreed it was a wonderful town and community. But he maintained that its potential was being stifled by safety concerns.

"Surely, even people who have a different opinion about Nambour safety cannot argue against stopping law breakers."

"There are so many anecdotes in the social media comments and that have been passed on to me personally ... including from people who will no longer shop in town and businesses that have closed."

"I have had people from Woombye, Palmwoods and Nambour contact me saying they want the action plan to be implemented in their towns. I think more business people need to speak up."

"I think the 'everything's ok' view may protect the small current shopper / visitor numbers. But it will never release the real potential of products and services that Nambour could offer if the CBD was a safer place to do business. What is happening in Nambour is not 'normal' or 'no worse than anywhere else'. It simply is worse, and is not acceptable."

"I call on our local, state and federal representatives to focus on genuine actions in the short term to show the public they are serious about this issue."

No silver bullets, says Cr Law

SAFETY in Nambour, just like all towns of similar size, was a complex issue affecting multiple agencies and groups of people and would require community cooperation, according to Div 10 Cr David Law.

"There isn't one silver bullet. Every level of government has a part to play. And, importantly, as individuals we've also got a part to play. "Shifting that perception around safety in Nambour is going to be a huge piece of work," he said.

Cr Law said a call from businessman Andrew Pitcher, in last fortnight's Gazette, for increased police presence to improve safety in Nambour had generated valuable community discussion.

"When I was reading through the social media comments on Living in Nambour (Facebook Page), after the Gazette came out this week, it was really encouraging to see that people appreciated that Nambour was a great place that was about to take off. People can see the business opportunities, and there are people who see the creative opportunities."

"Other people yearn for that strong connection back to Nambour's past when it was this vibrant, thriving centre of the Maroochy Shire. The sugar mill, the farming, the pineapples. And there are people who are concerned and

have this perception that it's not safe in Nambour. And, for me, I really feel it is a perception. The numbers don't say Nambour is any worse than anywhere else on the Coast. And that's why I think a perception shift is needed."

"My kids are happy and safe being out and about in town, and I'm happy for them to be out and about in town. Other people have had different experiences and they may feel differently, but every town and every place you go to has antisocial behaviour."

"One of my absolutely favourite comments from Living in Nambour (Facebook Page) was that we needed to turn our fear and judgement into compassion ... when you feel compassion for someone and try to understand them rather than judging them, suddenly an issue looks very different."

"So that really sums it up for me. Let's not judge people, let's have a more compassionate approach and then we may understand better and we might be able to achieve better outcomes."

"I think the good thing is everyone wants what's best for Nambour. I met Andrew Pitcher a couple of weeks ago and we had a really good conversation. You know, at the end of the day we want to achieve the same outcome."



Marisa Page ... "The first time I saw her I had a panic attack."

Strange justice for armed robbery victim

by Cameron Outridge

NAMBOUR News and Casket Agency owner Marisa Page will never forget being held at knifepoint during a violent armed robbery in February this year.

But the shock of seeing the woman arrested for the crime walking the streets only weeks later was almost as confronting.

"The first time I saw her I had a panic attack," Marisa said. "It's taken me a while to get over it. I still see her walking around the streets."

Marisa said as a former nurse she was used to dealing with all sorts of people and difficult situations but nothing could have prepared her for the robbery with a long-bladed kitchen knife.

"She pulled the knife and lunged at me. She had me by the hair. She had the knife in my back and pushed me into the till and made me open the till."

Marisa and her husband Rodney have come to know many people with mental health and addiction issues who live in Nambour or who visit for the health services in town.

Like most people they have genuine sympathy and in many cases affection for troubled or homeless people and people battling addiction.

"Some are our customers," says Marisa. "They come in to buy drinks, cigarettes or lotto tickets. We get along really well with all our customers. It's usually only the odd one that causes trouble."

"But because we're here all the time you do get to see a lot of what goes on and some of it is not nice. There are a lot of altercations and people yelling in the street, but unless it gets physical it tends to peter off."

"The train stops right in town and I think people would be surprised how many people come off that train seeking the services in town," she said referring to the State Government's needle exchange program and mental health services and a methadone clinic in town.

She said an increased police presence would make pedestrians and businesses feel safer but she hadn't noticed much of a difference during the police beat trial earlier this year.

She said the mental health and addiction services were valuable but wondered whether they needed to be concentrated in Nambour and drawn from such a wide area.

"I'm lucky in a way because Rodney's up early and he warns me if he notices a high number of troubled people in town. I don't know what the answer is."

Intended to keep heroin addicts off illegal drugs, methadone clinics help reduce crime associated with people supporting a habit that would otherwise cost several hundred dollars a day.

Still, the Gazette has heard from several shoppers and business owners who feel vulnerable and are concerned about some of the clientele who frequent the area.

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‘Safety the key to Nambour’s potential’

by Cameron Outridge

WAGNER Smash Repairs owner Noel Wagner invested in Nambour eight years ago and wants to see the town and its people thrive.

Like many businesses in town, he has witnessed his fair share of aggressive, intimidating and anti-social behaviour.

“We have times where it’s terrible,” he said. “You look at businesses around here, they go to put fences around their properties. That’s not good. You go to the building two doors down, they’ve put up a fence underneath the building to keep people out. People shouldn’t have to put security fences around their properties.”

Mr Wagner supports an increased police presence in Nambour to encourage more people and prosperity to the CBD.

“It’s only a select few who give Nambour a bad rap. It’s the one-percenters,” he said. “But when they had that police trial and police were walking around, everyone felt safer and the town had a different vibe.”

“Sometimes it seems like every second person in town is on drugs. Obviously that’s not true but that’s the perception because there are often less shoppers in town. And with having the methadone clinic here, they come from Nambour or they come from Gympie. They come from Caboolture. They congregate here for the day, run a bit amock and then go. And Nambour is left with that bad rap.”

“I’m sure if you go and talk to a lot of elderly people — and I play lawn bowls with a lot of elderly people — they don’t feel safe coming in to Nambour CBD. I think it’s also true that the town’s just copped a bum rap over the last few years. One problem happens and it’s all over



Noel Wagner ... “at the end of day we’re all worried about the same thing, Nambour”.

the media. But the fact is that there are women and mums with little kids who don’t feel safe. That train station should be chock-a-block with people coming into Nambour to shop.

“I think a police beat in the centre of town doing random patrols would fix 90 percent of the problem.”

Mr Wagner said everyone had sympathy for vulnerable homeless people or those with drug dependencies and mental health issues.

“Mate, I make coffees for them,” he said. “So I’m not against them, don’t get me wrong. No one’s against them. We need to take care of them. But I think if you have that police presence in town and you get rid of the bad apples and the drug crimes and all those things then more people will feel able to come in to town.”

“Then we can focus on the people and the homeless that need help. We can put our focus into that, and of course there are organisations like The Shack who are already doing that.”

Mr Wagner was happy to see Nambour CBD regenerating despite his concerns. “There are not as many vacant shops now.”

But improving safety would encourage even

more small businesses to invest so the town could grow.

“For instance, I took several apprentices on and one’s just bought a block of land in Burnside. That’s great for Nambour. When his girlfriend told me that, I was nearly crying. I thought that was beautiful, that he’s just come from another area into here and has now just bought a block of land at Burnside.”

“I’ve noticed people are starting to come back to Nambour,” he said.

“So I think what we need is to build that momentum. We have people like Andrew (Pitcher) coming in and investing and making Nambour better.”

“And Andrew has put pen to paper and come up with a plan. Now not everyone will agree with it, but he’s come up with a plan.”

“And at the end of day we’re all worried about the same thing, Nambour.”

“I think a lot of people use the excuse of ‘other areas have got the same problem’. Who cares about the other areas? We’ve just got to focus on Nambour. We do that, and a lot more people would come.”

Talk about sleeping rough! But Nambour spirit shines through

HOMELESS man Joseph Warry was asleep in his car with his dogs, Buddy and Ruby, when a vehicle crashed into them about 1am Sunday September 27.

His car was written off, but in true Nambour spirit the town rallied and reached out to support Joseph via the “Living in Nambour” Facebook page.

“The community has been amazing,” he said. “It’s been really wonderful. There’s a Living in Nambour Facebook group and a nice lady’s put an article in there. And so from that came an offer of a vehicle from a lovely lady called Amy (Barnard-Setch).

“And there’s been offers of rego and roadworthies and stuff like that. So, I mean, the community’s rallied astoundingly well.

“It’s blown my mind at the generosity of people. And renewed my faith in humanity in a lot of ways. There’s a lot of nice people around and it’s nice to know. Lovely little town.”

“There are also a lot of people that I met through the park (Petrie Park) or through my dogs really. Lucky I’ve got cute dogs hey?”

Joseph and his cattle dog/kelpies, who had been living in the car for a couple of months, got a terrible shock when the accident occurred.

“At the end of the day we’re lucky we’re not peeling two kids off a tree. The boys that ran into me would be now part of the environment — they’d be dead if they’d hit these trees.”

“These trees weren’t going to slide back three and a half meters (like the car did). We’d been living in the car since we’ve ... unfortunately lost our license, so we were sort of stuck here.”

“The most important thing, from my perspective, is to thank the nice people that have come and given me good wishes and checked I’m okay.”

“It’s one of the greatest blessings. That and the fact that those boys are okay.”

Speaking from his recent experience, Joseph also noted that some sort of traffic calming might be in order at the park. “Everyone’s in such a hurry these days.”

Bavarian brilliance in Maleny

by Tanya Outridge

IN the Hinterland we are well and truly spoiled for choice when it comes to dining experiences. It is a notoriously tough industry and in the past decades, many operators have come and gone. But one restaurant that has stood the test of time is King Ludwigs restaurant in Maleny. Owners Barbara and Klaus Lutze moved their already-popular restaurant from Tingalpa to Maleny in 1997 and have never looked back.

Klaus and Barbara have a long history in hospitality together having met for the first time during Expo 88 whilst working in the Bavarian Pavilion.

“Klaus trained as a Chef in Starnberg and in his early career, cooked for the Political high society of Starnberg,” said Barbara. “He was a born Chef. I don’t think he has ever used a recipe. He is incredibly intuitive in the kitchen and has created the most amazing dishes, some of which have become enduring favourites on our menu.”

Barbara grew up in the kitchen of her parent’s restaurant and has service in her veins.

“I was about 7 when I first put on an apron to work for my parents,” she said. In 1989, the couple opened their first restaurant in Tingalpa and it quickly became a hit with locals and travellers alike.

“Working in this business together has been the realisation of a dream for us,” Barbara said. “We have built up our business and raised three children at the same time. As well, we live right next door to our restaurant, so to say we have been immersed in the experience is a real understatement.”

“I was about 7 when I first put on an apron to work for my parents.”

“There have been some incredibly challenging times for us not just because of our industry, but because as a family you naturally go through all kinds of phases in your life that are exacerbated by working together. But when the going gets tough, you can’t just throw in the towel and change your job. You have to always remember that you are a unit and focus on the dreams and goals that inspired you in the first place. Klaus is the one in our family who keeps us all together and sane. What he has built for our family is really quite incredible. I would have to say that every great decision made for our family and in our life has been made by Klaus.”

“Our children have grown up in this restaurant and I actually have many memories of some of our wonderful regular diners cuddling our children when they were babies, and rocking them to sleep while we worked. At times we look back and wonder how on earth we got through it, but then realise how incredibly fortunate we have been to have had so many wonderful people come through our doors to become treasured friends. They are our family now.”

According to Barbara, the commitment to family has been key to their success in their business. “Staying together, happy and healthy underpins everything we have done,” she said. “We take our family seriously and when we close the door to the kitchen and come into our own home, we do not talk about work. But



Barbara and Klaus Lutze have recreated a little piece of Bavaria in Maleny ... “Our customers have become our family.”

I think that being your own boss provides so many lessons for your children to learn about working hard, being resilient and creative and when times are lean, your children will witness your pain when you are struggling to make ends meet. It is a real privilege to have a business that gives you the power and means to be community minded and help out.

You never know who is going to walk through the door and what the circumstances of their lives might be. It can give you a humbling new perspective of life and this is something that you can’t buy for your children.

From the food, to the beer, the decor and the costumes, Barbara and Klaus have recreated a little piece of Bavaria in Maleny.

“Bavarian food is fresh and hearty, but not heavy,” Barbara said.

“At every meal service we want our guests to feel full and content, not just because of the food but also the atmosphere, the views and the hospitality. We can get every element just right but in the end, I do think it is the welcome and hospitality that keeps people coming back.”

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An expert says the female is probably sitting on eggs.

Canoodling carpet snakes lay low at Nambour Plaza

A pair of carpet snakes have taken up residence at Nambour Plaza shopping centre, much to the delight of nature-loving shoppers.

Apparently the male carpet snake has been there for a while, but then he disappeared for a few weeks, only to return with a partner.

The Gazette snapped them mating a couple of weeks ago. On our return with a zoom lens the male had again left the nest. But we managed to photograph the female.

The nest is in a nice sunny spot, safe and sound, up and away from the public and within easy access of nearby Petrie Creek. Security guards said they were happy to leave the snakes alone as they were well out of reach of people.

A WILVOS snake expert said it was likely the female was now sitting on the eggs. "She will coil around and shiver to keep them warm. The female can lay from 10 to 40 eggs. She has to feed herself up before she curls up to incubate her eggs for 60 days without eating in that time. Emus do the same! "They generally do not hang around each other except for breeding."



Peter Goodrich, left, and Richard Brummel checked out the entwined snakes, below left.



Musical Director Ailsa Morehen leads the happy folk from Mapleton Choir at Kureelpa Hall ... "The public has been starved of any form of live entertainment so we're ready to brighten their lives!"

For those who love to sing

THE Mapleton Choir is a non-audition community choir now in its 37th year. It is run entirely on a voluntary basis so neither the musical director nor accompanist receive any remuneration. This helps keep membership fees to a minimum.

"We do two major concert series each year, as well as entertaining at retirement villages and aged care facilities. We also take part in local Australia Day and Christmas activities," said Musical Director Ailsa Morehen.

The Choir relies on income from ticket sales to concerts to keep them financial but still manages to give back to the community.

"Being a non-profit organisation we have donated over \$10,000 to worthy causes in the previous 5 years," said Ailsa.

The choir boasts 40 members but not everyone participates at any one time due to family commitments or travel. Members come from Maroochydore, Buderim, Yandina, Nambour and all along the Range.

"It is a group of like-minded people who just love to sing," said Ailsa. "So far as I am aware we are the only choir on the Sunshine Coast that has been rehearsing in person since 13

July 2020. We thought after all the lockdown and uncertainty it was important to reunite our choir family.

"Singing is so important for your health – both mental and physical."

The choir practices Monday evenings from 7pm at Kureelpa Hall and are now preparing for an "Australia Fair" concert in December.

Putting on a profitable concert while also complying with social distance rules presented a challenge for members.

"We can only have 50 people in the hall at once. With 30 choir members that only leaves 20 for an audience."

But the show must go on and the choir has decided on a series of twilight concerts the first weekend of December - Friday 4th at 6pm, Saturday 5th at 6pm and Sunday 6th at 4pm.

"The public has been starved for any form of live entertainment and we are ready to brighten the lives of our community by doing what we do best – sing."

The concert at Kureelpa Hall will be 80 minutes with no interval. All tickets \$15. Enquiries to Ailsa on 5478 6079 or Secretary Robyn Gray 0403 761 147.

Maleny community takes ownership of local issues

by Barry Smith from Maleny Forums

TWELVE months ago, over 60 Maleny residents gathered to discuss a new way the community might work to act on important issues that impact their daily lives.

As a result Maleny Forums was endorsed to convene public meetings and share information, factually and respectfully, and suggest further action if required.

Maleny Forums Coordinating Team was endorsed as a volunteer body to arrange future public forums on community issues.

A top priority was parking and traffic concerns in and around Maleny. Maleny Forums Coordinating Team collected information and carried out a community survey and a Forum was held to decide a way forward.

The 80 plus participants wanted to do something about: the dangers of pedestrian crossings; lack of car parks and parking signage; the poor amenity and art of the street and surroundings; the abysmal state of foot and bike paths and connections; and the, at times, chaotic nature of traffic in the Maleny centre.

Participants decided to form small dedicated working groups to take up the issues with the Council and Queensland Government.

Five working groups were formed: Pedestrian Crossings; Parking; Traffic; Placemaking and Streetscape; and Pathways and Connectivity.

The working groups have been meeting since the end of November 2019 to clarify issues; carry out specific research and information gathering; and building relationships with key contacts.

A copy of the results of the Maleny parking and traffic survey have been given to Andrew Powell MP and Councillor Winston Johnson for their information and action.

Representatives of the five working groups recently met with Cr Johnson and SCC officers to review progress and consolidate partnership arrangements with council officers and Cr Johnson.

If you want to participate by joining a working group or providing solutions please contact the groups by emailing malenyforums@gmail.com.



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| | 10. RISOTTO - CHICKEN, BACON & MUSHROOM (GF) |

Café Mapleton Menu - \$12.00 Each

- | | |
|---|--|
| 11. VEGETARIAN FRIED RICE WITH EGG (VEG) | 16. STIR FRY MIXED VEGETABLES IN SOY SAUCE SERVED WITH RICE |
| 12. VEGETARIAN FRIED NOODLES (VEG) | 17. STIR FRY CHICKEN AND MIXED VEGETABLES SERVED WITH RICE |
| 13. BACON FRIED RICE (GF) | 18. STIR FRY CHICKEN WITH GINGER AND MUSHROOM SERVED WITH RICE |
| 14. MINCED CHICKEN IN TOMATO SAUCE WITH RICE NOODLES (GF) | |
| 15. VEGETABLE OMELETTE | |

The Barn on Flaxton Menu - \$10.00 Each

- | | |
|--|--|
| 19. CHUNKY CHICKEN, BACON AND MUSHROOM SOUP (GF) | 23. CURRIED SAUSAGES AND RICE (GF, DF) |
| 20. CREAMY POTATO & LEEK SOUP (GF, VEG) | 24. VEGETABLE COCONUT CURRY (GF, DF, V) |
| 21. BEEF LASAGNE & SALAD | 25. BRAISED BEEF AND ONION STEW (GF, DF) |
| 22. VEGETABLE QUICHE & SALAD (GF, VEG) | 26. PENNE BOLOGNESE |
| | 27. PENNE CHICKEN CARBONARA |

Le Relais Bressan Menu - \$25.00 Each (portion size for 2 people)

All Le Relais Bressan meals are available to be purchased Wednesday - Friday. Meals include a side of baked potatoes, except the fish. All meals, except the fish option can be frozen.

- | | |
|--------------------------------------|---|
| 28. COQ AU VIN (CHICKEN IN RED WINE) | 32. CONFIT DUCK WITH ORANGE SAUCE |
| 29. BEEF BURGANDY (BEEF IN RED WINE) | 33. FISH ROULADE WITH LEMON RESULING SAUCE AND RICE |
| 30. CHICKEN IN CREAM SAUCE | 34. CREAM OF SWEET POTATO SOUP
- also available to purchase for \$8.00 |
| 31. BEEF TOURTE WITH TOMATO & CREAM | |

The Cottage Meals Menu - \$9.90 Each

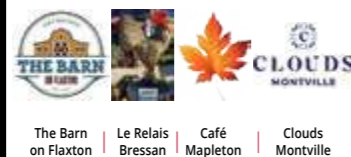
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| 35. CHICKEN CURRY AND RICE (GF) | 50. VEGETABLE LASAGNE (VEG) |
| 36. CURRY SAUSAGES AND RICE (GF) | 51. SWEET AND SOUR VEGETABLES AND RICE (GF, VEG) |
| 37. LASAGNE | 52. MIXED BEAN CURRY AND RICE (GF, VEG) |
| 38. SWEET AND SOUR CHICKEN AND RICE (GF) | 53. MOUSSAKA (VEG) |
| 39. RISSOLES AND VEGETABLES (GF) | 54. CREAMY PUMPKIN |
| 40. BUTTER CHICKEN AND RICE | 55. CAULIFLOWER AND CHEESE |
| 41. ROAST BEEF AND VEGETABLES (GF) | 56. CREAMY TOMATO |
| 42. ROAST CHICKEN AND VEGETABLES (GF) | 57. PEA AND HAM |
| 43. PORK POT ROAST WITH APPLE AND VEGETABLES (GF) | 58. VEGETABLE |
| 44. HONEY CHICKEN AND RICE (GF) | 59. POTATO BACON AND LEEK |
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| 46. SAUSAGES WITH TOMATO/ONION GRAWY AND VEGETABLES (GF) | NEW MEAL OPTIONS |
| 47. MOROCCAN BEEF, RICE AND VEGETABLES (GF) | 61. BRAISED STEAK & MUSHROOM (GF) |
| 48. CORN BEEF, WHITE SAUCE AND VEGETABLES (GF) | 62. SAVOURY MINCE WITH MASH & VEGES (GF) |
| 49. THAI VEGETABLE CURRY AND RICE (GF, VEG) | 63. TOMATO & VEGETABLE GOULASH (GF) |
| | 64. MIXED VEGETABLE COCONUT & GINGER CURRY (GF) |
| | 65. SPAGHETTI BOLOGNESE |
| | 66. CREAMY CHICKEN MUSHROOM, MASH & VEGES (GF) |

GF = Gluten Free | DF = Dairy Free | VEG = Vegetarian | V = Vegan

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The Gems Hair Studio team, from left, Karly Kallquist, Chelsea McGrath, Rose Allan, Catherine Trolley, Ebony Kozlovic, Emilee Trolley, Azure Smallwood and Renee Banks.

Salon enjoys makeover

FOR Gems Hair Studio at Burnside, the COVID lockdown presented an opportunity to refresh, redesign and, to an extent, future-proof the salon. They were determined to create something good out of the hard times.

"Our newly refurbished salon has been designed for our client's safety and comfort, and to provide a space of luxury high end service for our growing community," said owner Catherine Trolley. "We are fortunate that our space is large enough to maintain a 1.5m distance between stations and we've opened up dedicated beauty and nail rooms."

New services coming to the salon mid October include lash extensions, brow lamination, and acrylic and gel nails.

"We continue to offer all facial waxing and tinting and spray tans in our private beauty room. We have upgraded our pedicure spa chair as well, which provides amazing massage and a hygienic relaxing pedicure."

Catherine has been in the hairdressing industry for over 34 years and now employs seven staff.

"Throughout 2020 we've had access to brilliant digital education via our colour and product supplier Keune Haircosmetics, who

have recognised Gems as a Platinum Salon," Catherine said.

"This has given our team a specialised knowledge of the products we use, the current on trend techniques, and overall industry knowledge."

"The training we have received is Melbourne and Sydney-based and we see absolutely no reason why Nambour should not have this range of high-end, luxury beauty services available in the one convenient space."

The secret to Gems longevity undoubtedly lies in the relationship Catherine and her team have built with their loyal clients.

"At the start of lockdown we offered home delivery of products to our regular clients," Catherine said. "I suspect that many of them didn't really need to be topped up at that point, but they continued to buy products and book and pay for treatments for when we could open again."

"It was actually very emotionally overwhelming that they came out in force to support us through such a difficult and stressful time. So we have reopened, determined to pamper them in our lovely light, bright and welcoming salon."

• Gems Hair Studio 87-91 Coes Creek Road, Nambour. Phone 5476 1188.

Shop Local. Support Local

Gentle approach to cancer massage

THESE days an increasing number of people are struggling with mental health issues and cancer is on the rise. This has led to a greater search for different ways to manage these serious health issues.

"I have found that my clients are generally physically, mentally and spiritually fragile and exhausted," said Palmwoods massage therapist and esoteric practitioner, Linda Goggan who specialises in oncology massage.

"I have developed a practice and created a space that allows them to experience some repose from this chronic state of overwhelm and tension."

Having been in the wellness industry for the best part of 20 years, Linda has tried many modalities and forms of spiritual practice, but the ones that stuck were massage and Sacred Esoteric Healing.

Linda is also currently in her second year of a Bachelor of Health Science in Western Herbal Medicine.

"The philosophy and teachings that are the foundation of Sacred Esoteric Healing have been paramount in my own healing and have supported me through my own personal traumas," Linda said. "I know firsthand how powerful they are."

"A defining moment for me occurred while my mother was in palliative care at the end of her time with ovarian cancer."

"As anyone who has been with a loved one at the end of their life will know, it is common to feel quite helpless."

"By combining Sacred Esoteric Healing with my massage training I was able to genuinely support my mother, and there was something incredibly rewarding about being able to offer her this love and comfort at the end."

This experience opened Linda up to the field of Oncology Massage.

"As a qualified massage therapist, oncology massage therapist and esoteric practitioner, I



Palmwoods massage therapist and esoteric practitioner Linda Goggan specialises in oncology massage.

Shop Local. Support Local

am able to offer specialised body work to a very specific clientele," Linda said.

"People have become more anxious and over-stimulated through screens, caffeine and sugar, amongst other things. This has led to severe exhaustion."

"Esoteric healing works directly on energy centres to restore various body systems such as the nervous system to a rested state. It provides a complete contrast to feeling 'racy' and over-stimulated."

"Increasingly, there are those who know that there is more to us than just the physical, that there is an energetic self that often is neglected."

This is where my role is to facilitate the reconnection to that innermost essence with practical and tangible tools. I take the 'woo woo' out of energy work to bring about a deeper connection to our body."

Services available at Sacred Body include Relaxation/Oncology Massage, Sacred Esoteric Healing, Far Infrared Sauna, and there is a range of wellness products including natural handmade skincare (made in the clinic), books, and pure Japanese incense. Herbal tea and candles will be coming soon.

• Sacred Body is at 8 Little Main St, Palmwoods. Phone 0419 175 425.

Sold! \$160k profit from auction will help keep kids safe

ON Sunday September 27 the Build it for the Kids Home built by Murphy Homes to help raise funds for the Daniel Morcombe Foundation went to auction.

The Foundation had outstanding interest in the home over the 6 weeks marketing program which concluded with 3 bidders competing on Auction Day.

Bidding reached \$630,000 with South Australian buyers edging out two local groups. All profits raised from the sale (over \$160,000) will go to keeping kids safe.

"We couldn't be happier and are overwhelmed by the generosity of everyone involved in this project," said Denise Morcombe. "We can guarantee you that the money raised will go directly towards assisting young victims of crime."

"This project has been a win-win for all connected with the build," said Bruce. "But the real winners are children. They will be safer and better equipped to stay that way from this day forward."

"The Murphy Homes team are delighted with the result and our Build it for the Kids home being sold," said Murphy Homes Director Brooke Bastien. "We love building homes for local families, and knowing this project has raised much-needed funds to protect our kids, makes it all the more special. Working with the Daniel Morcombe Foundation and so many amazing supporters has been a pleasure. The community has come together to keep our kids safe, and now the home has been sold, we can see all their hard work realised!"

AVID Property Group General Manager Queensland Bruce Harper said it had been an incredible 12 months.

"I know that everyone here at AVID couldn't be prouder to be part of this very worthwhile cause - so many of us have children and to have the Morcombe's legacy right here in the heart of Harmony means a lot to us," Mr Harper said.

"By purchasing this home, the owners have helped support young people and children across the Sunshine Coast and Australia."

The Foundation is extremely thankful to the 60-plus suppliers, tradespeople and supporters who contributed to the Build.

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Mystery woman talks. Police satisfied

POLICE can confirm public assistance is no longer required in identifying an elderly woman being treated at Sunshine Coast University Hospital since September 6.

The woman, pictured, recently began speaking with police and has clearly indicated she is aware of her identity and does not wish to disclose this information for personal reasons.

For this reason, police are requesting the public and the media respect the woman's privacy as per her request.

As no criminality has been detected, police have ceased involvement in this matter and the woman will be left in the care of Queensland Health. Police thanked the local community and media for their ongoing concern and support since the woman was first located at Nambour Hospital on September 6.



Vale Gwendolyn Monica Kelly/Street

GWENDOLYN Monica Kelly/Street was a local identity who left her imprint with several community organizations across the hinterland and was loved and highly respected throughout her nursing career and by all whose lives she touched.

At age 89 years, Gwen peacefully passed away on July 24 at Nambour General Hospital.

Following her Funeral Service on July 30 at St Joseph's Catholic Church, Nambour - the cortege moved to the Eumundi Garden Cemetery for her committal and interment alongside her late husband, Reuel.

Gwen's carer Joan Pobjoy said it was a privilege to serve someone who had devoted most of her life to caring for others.

You can read Gwen's Eulogy online at sunshinevalleygazette.com.au/blog/gwen-eulogy



Morningstar Digital director Michael Gibson ... the agency chose Nambour for its thriving art community, emerging entrepreneurship and attractive commercial rental rates.

Sense of community attracts Morningstar to Nambour

LEADING Sunshine Coast website developer and marketing agency Morningstar Digital has opened a new office in Whaley Chambers in Currie Street, Nambour.

After investigating multiple locations Morningstar Digital chose Nambour for its thriving art community, emerging entrepreneurship and attractive commercial rental rates.

Normally a virtual team Morningstar Digital is a locally based company with an extensive portfolio of clients, ranging from local small business to ASX listed corporations. The team offers both direct to business and white label services and has helped 100s of businesses reach their digital goals.

By offering a quality service, positive customer experience and affordable pricing the website developers have had a strong acceptance in the very competitive market. "Our websites are fully custom-designed (no templates) and we offer free mock-ups. As a result, we are very busy," said Director Michael Gibson.

Having launched over 50 websites in the past 12 months Michael said the team had a well-

tuned process that delivered great results for clients at a good price. The new office is part of a growth strategy as they expand their operations.

The team of experienced web developers and UX designers will largely remain virtual, Michael said.

"The office is not for our operational team, but about improving our client experience. We love to meet our customers face to face."

As part of their new office Morningstar Digital teamed up with the Street Art Nambour project and worked with a local artist on a spectacular mural across one of their walls.

"We love Nambour. Our office is in one of the oldest buildings on the Sunshine Coast," said Company Director Alex Carr.

"We love the street art everywhere. We love the strong sense of community among our business peers out here. We also love sharing Nambour with other business leaders that come out to visit. Many from the Coast have not seen Nambour evolve over the last few years and we think it's a great place to do business."

Pie Guy wins top gong at awards

MEMBER for Glass House, Andrew Powell was thrilled to finally announce the winners of his annual Glass House Small Business Awards at Hideaway Weddings in Beerwah recently.

The event brought together small business owners and employees and the local Chambers of Commerce to celebrate all that small business is and does for the region.

"For a while there I thought we weren't going to be able to hold a Glassies Gala this year due to COVID," said Member for Glass House Andrew Powell.

"We usually have the event in May, to coincide with Small Business Week, but had to postpone due to social distancing and isolation requirements" said Mr Powell.

"I'm glad we did because we had a full house last night - we met the COVID cap. So many nominated businesses and employees turned up to celebrate."

"As always, Glass House locals cast an extraordinary number of votes for the nominated businesses and employees - nearly 4,000! While the silver "Glassy" is chosen based off the number of votes received, the bronze and gold are selected by a panel that includes the Chamber Presidents. It is always difficult to choose those winners due to the quantity and quality of entries, and we deliberate over the options for a long time before picking winners."

"Every silver winner who was chosen by popular votes won by landslides in their respective region."

"It's great to see that our communities value and recognise the hard work that small businesses and employees do in contributing to our daily lives."

Montville Winners

- Bronze Business: Clock Shop
- Silver Business: Sweethearts Cafe
- Bronze Employee: Ann Wells from Montville IGA X-press
- Silver Employee: Jana Stadelmann from Laurisha Jewellery

Maleny Winners

- Bronze Business: Shotgun Espresso
- Silver Business: Maleny Cheese
- Bronze Employee: Nick O'Donnell from Concept IT
- Silver Employee: Blair Howard from Maple Street Meats

Glasshouse Winners

- Bronze Business: All About Autism
- Silver Business: Mooloolah Valley Country Club
- Bronze Employee: Homai Ponga from All in One
- Silver Employee: Carla Schultz from Goodstart Early Learning Glasshouse Mountains

Moreton Bay Winners

- Bronze Business: Sam's Rural Pet Care
- Silver Business: Mountain View Pet Retreat
- Bronze Employee: Madeline Pickering from Clews News
- Silver Employee: Joel Davidson from Ledgers Country Butchery

Gold Winners

- Business: Maleny Pie Guy
- Employee: Mitchell Emerson from BRN Mechanical.

Mooloolah woman finalist in tech awards

MOOLOOLAH Valley resident Dr Elke Hacker has been recognised for her work in preventing skin cancer.

Dr Hacker, pictured, is a finalist in this year's Women in Technology (WiT) Awards. Dr Hacker was selected from a record field of 440 nominations.

The prestigious WiT Awards recognise outstanding talent and achievement, building support for women working in science and technology and inspiring the next generation of leaders by showing what is possible.

Dr Hacker is a world-leading postdoctoral researcher in skin cancer at the Institute of Health and Biomedical Innovation at the Queensland University of Technology.

Over the past 10 years she has expanded her research from invitro lab models to human clinical studies, which have generated results that improve understanding of the relationship between sun exposure, genetic-susceptibility and skin cancer risk.

Her extensive research portfolio has led to the development of various smartphone apps



that reliably collect UVR exposure data to measure sunburn risk.

Through various partnerships Dr Elke continues to utilise technology to make headway in preventing skin cancer, a prominent issue experienced by many Australians.

Winners will be announced at the awards on 9 October.

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Andrew POWELL MP

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Get in touch with Andrew

✉ PO Box 718, Maleny QLD 4552
☎ 0475 508 570 ✉ glasshouse@lnpq.org.au
🌐 andrewpowell.com.au 📱 AndrewPowellMP

Authorised by Lincoln Foto, Liberal National Party of Queensland, 281 Sandgate Road, Albion QLD 4010.

Owners celebrate 25 years at Maleny IGA

ROB and Sam Outridge celebrated 25 years at Maleny IGA on October 2.

Established by English born John Tytherleigh in 1905, the Universal Providers Maleny IGA store has undergone many overhauls in its 115 years. But in that time the business has only had 6 owners, and has maintained the commitment to family and community that was the foundation of its inauguration all those years ago.

A resident of Landsborough, John Tytherleigh was well known as a community minded man who became the first Mayor of the newly proclaimed Landsborough Shire. During his 39 years of residence in Landsborough, John took an active interest in public affairs. He was looked upon as a wonderful clear-minded and able leader. Under John's leadership the Landsborough School of Arts and Shire Hall were built. Despite his active interest in public affairs John Tytherleigh never neglected his business or family. He had a family of 4 daughters & 2 sons, all of whom were involved in the Tytherleigh empire.

The Tytherleigh's Maleny store was eventually bought out by G Eustace in the early 60's. Later the store was purchased by W Ross when it was a 4-Square, then Struben & Cook in the 70's when the store became a Supa-Valu Food market. The Frew family took on the business in the 80's and on the 2nd of October 1995, Rob and Sam Outridge took the reins of the business and it has undergone many transformations in that time. The couple reintroduced the Universal Providers trademark for Maleny Super IGA.

"At the time, it was a food store combined with Tru Value Hardware," Sam said. "And straight away there were major renovations and upgrades to replace everything from the registers to the refrigeration and flooring. When we first took over, it was coming into summer and there were many nights when Rob got called in to the shop to hose down the condensers to keep the fridges going!"

The building was basically gutted during the first wave of renovations with everything being replaced from fixtures and fittings, to the floors which were replaced with the now iconic Tasmanian oak flooring. "You can still see the different eras in the ceilings though," said Rob.

"We made a point of using as many local tradesmen, architects and key people as we could during our renovations, because it has such a terrific multiplier effect back into the community."

Over the years there has been substantial investment made into the store with numerous extensions, renovations and innovations. From the outset, the couple blazed a trail in terms of creating a shopping experience unlike typical supermarkets. The country town feel has been enhanced with sophisticated, metropolitan styling and product lines. This creativity and innovation has been recognised and awarded many times over, with the business receiving an award in 1998 for the Best Independent Supermarket in QLD, and multiple national awards for fresh produce, deli and checkouts. Rob and Sam have also been inducted into the Sunshine Coast Business Awards Hall of Fame.

Since 1995, Rob and Sam have employed over 1,000 locals, many of whom were school aged children who got their first job at Maleny IGA.

"It is very gratifying to us when parents of our past employees thank us for giving their child their first work opportunity. We have been told by many parents that their child's employment and training with us was one of their best work experiences," Sam said. "It is so nice to catch up



Above: Rob and Sam Outridge in 2020 and, inset right, back where it all began in 1995.

with our past employees when they come into the store as successful adults, sometimes with their own children."

Maleny SUPA IGA has a well earned reputation for carrying boutique and specialty products from local suppliers, and it is a point of difference that truly separates them from the larger supermarket chains.

"A lot of local producers and suppliers have enjoyed their start in business through our store," Rob said. "Around 15% of our range is supplied by local businesses. We have become a bit of an incubator for business start ups, with industries from IT companies to primary producers starting out with us and in some cases, going on to become large, extremely successful companies. Maleny Dairies is a good example of this," he said. "We are also passionately committed to sourcing, showcasing and stocking Australian products and this has been backed up by a growing demand by consumers for Aussie products. Our Aussie Wobblers campaign this year has been so well received and supported by our shoppers."

While Rob and Sam have supported countless community groups and not for profit organisations since 1995, they formalised this commitment to give back to the community with their Community Benefits Club (CBC), scheme in 2006. "We found that the same groups typically benefited from our support, but there are so many worthy organisations doing fantastic work in the community and we wanted to give our shoppers the option to support the organisations of their choice," Rob said. "It seemed like a very democratic way for the funds to be allocated back into the community and it meant that value could be added to a wider range of community groups."

Community receives \$1.6m as IGA prospers

Since 2006, more than 200 community organisations have received \$1.6 million thanks to the CBC scheme.

"Our number one beneficiary is the Sippy Creek Animal Refuge; we deliver pallets of pet food to them at a time," Sam said.

"We are aware that there are some groups that have been kept afloat thanks to the funds that flow back to them from CBC, so it really is a win win situation for everyone concerned. It is wonderful that our customers can see the difference they can make by shopping with us."

There have been many sleepless nights and challenging times over 25 years and according to Rob and Sam, the learning curve remains immense.

"We approach our business as a marathon rather than a sprint," Rob said. "Our challenge is always to stay ahead of the curve as much as possible and today there is more competition for us than ever before."

"People are so much more educated today than when we started out, and their tastes and dietary requirements have also changed quite dramatically," Sam said. "For example, twenty five years ago, gluten and lactose intolerance was almost unheard of. Whereas now, people have much higher expectations in terms of choice. In our part of the world, we are so spoiled when it comes to clean, fresh, high quality produce and while we recognised that right from the start, it has become more important than ever."

"I think the most gratifying part of the experience has been looking back and seeing the value



Maleny IGA began life as Tytherleighs in 1905. Store pictured here in 1926.

we have been able to add to our community by supporting family owned small businesses and employing local people," Rob said. "Family and community are everything in the end, and here in Maleny, I hope that we have had a positive impact on both."



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When you need great fitting dentures

UNLESS you have experienced challenges with dentures or dental prosthetics it is impossible to imagine how miserable life can be. And this extends to confidence in your appearance, as well as your ability to enjoy life to its fullest.

Ric Whatling of Dentureland in Landsborough has 30 years of experience as a senior dental technician. He is also a registered Dental Prosthetist so he is keenly aware of some of the issues that people with dental prosthetics face.

"I learned very early on that the key to making excellent dental prosthetics was to observe three simple principles; fit, form and function," Ric said. "Dental prosthetics must fit the wearer properly, have good retention, look and feel natural, and obviously, work well to comfortably chew food. If any one of those criteria are not right, life can be very arduous for the wearer," he said.

There is a saying that 'you are never fully dressed without a smile'

Ric took over the long established denture clinic from Peter Langlois in July 2018, and has named it Dentureland. He has quickly cemented his reputation as a skilled and experienced technician and prosthetist. Coupled with his caring nature, Ric has built a loyal patient base who trust him to take care of their dental prosthetics. He also continues to look after Peter's past clientele.

"Most of the work is done in house or locally," Ric said. "This means that I can turn work around faster and generally, it is far more cost effective for my patients. In some cases the work can be turned around on the same day and can be substantially less than what people might expect to pay. I can offer same day denture repairs, relines and additions. For example, a patient can arrive at 9am to have an impression taken and then return for a fitting at lunch time, so they are only without their dentures for a minimal time."

Ric has worked for many years at the Caloundra Hospital in the Oral Health Unit, and continues to provide that service for two days

Business Feature



Experienced dental technician Ric Whatling helps patients feel confident with his fast turnaround service.

each week. "I have decided to keep this role because working in a very high pressure environment like the Oral Health Unit keeps me on my toes, and across the latest advances in technology and technique," Ric said. "I think it ultimately benefits my private patients that I am constantly learning and participating in continuing professional development."

Ric offers full and partial dentures and particularly enjoys creating custom dentures and prosthetics that look natural and enhance their smile for his patients.

"I am actually a musician as well, so I like using my hands and melding the creative and artistic with the technical," he said.

"There is a saying that 'you are never fully dressed without a smile', and this is so true. But there are many people who underestimate the confidence that comes with a beautiful smile. When people lack confidence in their appearance and cannot eat without discomfort, it can cause a great deal of anxiety. So when my patients are fitted with their new dentures and they have the confidence to properly smile, it makes me extremely happy. I think helping to give people confidence and make them happy is the most rewarding aspect of my work."

Dentureland is conveniently situated on the ground floor next to the Doctors Surgery in the Medical Centre in Landsborough and has plenty

of car parking spaces right out front. The clinic is completely wheelchair and walker friendly, and there is a disability car park closest to the clinic. Although he has a Cert 3 in Aged Care, and deals with many elderly patients, Ric can also make custom mouthguards for younger patients.

Ric is available for appointments during business hours on Monday, Thursday and Friday. Outside of business hours you may also make an appointment if required on Tuesday, Wednesday and Saturday. Ric offers a mobile service and all consultations are strictly by appointment.

Dentureland is at 3/3 Maleny Street Landsborough, call 5494 1711 or 0402 744 614.

Beerburrum to Nambour Rail Upgrade - Stage 1

The Queensland and Australian governments have committed \$550.8 million to deliver the initial stage of the Beerburrum to Nambour Rail Upgrade (B2N) project.

The Department of Transport and Main Roads is preparing to deliver stage 1 of the B2N project.

This major infrastructure initiative will improve the safety, efficiency and reliability of the North Coast Line and provide better rail connectivity between Brisbane and the Sunshine Coast.

Have your say!

A range of opportunities to get involved with the project are now available on the project webpage at www.tmr.qld.gov.au/b2n, or use your smart phone to scan the QR code (top right).

Community Reference Groups (CRG)

Reference groups help ensure viewpoints from across the community have input into the B2N project. They also provide an opportunity for community issues to be discussed and addressed by the project team. Due to the large project footprint, two groups will be formed, with both groups having input into the entire project. If you would like to represent your community on the B2N project and are available to attend the meetings on the nominated dates, please return a completed Expression of Interest (EOI) form.

Key dates

Expressions of Interest close 5pm Monday 12 October 2020.

Meeting 1	Meeting 2
B2N South: Tuesday 27 October (5.30pm to 7.30pm) B2N North: Thursday 29 October (5.30pm to 7.30pm)	B2N South: Tuesday 17 November (5.30pm to 7.30pm) B2N North: Thursday 19 November (5.30pm to 7.30pm)

Meeting locations will be advised closer to the date as, due to health and safety considerations associated with COVID-19, CRG meetings may be held online.

Expressions of Interest

An Expression of Interest form and CRG Terms of Reference are available from the project webpage. You can also contact the project team if you would like copies emailed or sent by post.

Contact the project team

Feedback is always welcome and can be provided directly to the project team.

Phone: 1800 517 177* (Monday to Friday, 8.30am – 5pm)

Visit: www.tmr.qld.gov.au/b2n

Email: b2n@tmr.qld.gov.au

Post: B2N project, Reply Paid 88117, Cotton Tree QLD 4558

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Andrew McLean

Candidate for Glass House



More at: greens.org.au/qld/plan

Authorised by K Carra for The Greens, Brisbane - AN 2020/1490



Sue Etheridge

Candidate for Nicklin

Heartfelt, handmade paper craft

At a time when many of us feel overwhelmed by the demands of the modern, digital world, craft practices, alongside activities such as colouring books for grown-ups and the up-surge of interest in cooking and gardening, are being looked to as something of an antidote to the stresses and pressures of modern living.

"Especially during COVID lockdown and restrictions, I have found that people are seeking out activities like paper crafts because they are so wonderfully therapeutic and rewarding on so many levels," said The Girl's Paper Cave owner, Heather Sutton.

After spending her working life in dental nursing and then health administration, Heather was keen to explore her creative side through crafts. "I started off beading about 18 years ago and over the years I have dabbled in all kinds of crafts," Heather said.

"When I retired, I wanted to do everything! But what really stuck for me and has become my passion, is paper crafts. When I saw how much others loved it too, I realised it was a wonderful business opportunity. I enjoy passing on my knowledge and helping people with their own projects very much."

"People love to make pieces that mark special occasions"

Initially, Heather and Dennis established a bead shop, Feather's Nest Creations in Farrell St, Yandina. Heather then diversified into the papercraft side of the business and took over too much space for Dennis' liking. So she moved back to her home studio in Creightons Road, Yandina. "She has too much stuff and had to find a space of her own!," Dennis said.

"It has been good to set up a bit of a 'one stop shop' for my workshop clients," Heather said. "They come along with a specific project in



Heather Sutton says craft offers the perfect antidote to the stresses and pressures of modern living. Right: Advent Calendar is an example of what you can achieve with Heather.

mind and I am able to supply them with all the materials they need to get it done. I find that my customers like to buy from me because I can advise them about what materials they need and they can get everything organised in one go. I have a lot of supplies here and if there is something they need that I don't have in stock, I am really happy to order it for them."

There is a mind boggling range of beautiful things that can be made using paper products. From exquisite customised albums, cards, gift boxes and photo frames to chocolate boxes and Advent calendars, Heather uses her years of experience and practice to show her customers how to make gorgeous personalised gifts and mementoes.

"Lots of people love to make pieces that mark special occasions such as weddings, births, birthdays and anniversaries," Heather said. "It is actually quite overwhelming to be given a gift that has been made with such care and love."

All this aside, Heather has found that many of her customers love to come to workshops for the company and friendship. "I have even had customers with Depression come along over



the years, and they have told me that enjoying the social environment and making lovely things with their hands has helped them to cope. You can't imagine how rewarding it is to get feedback like that."

Heather has a loyal following of customers from Gympie to Caloundra and has even taken her workshops on the road with one day workshops. "These are a really great way to get bigger and more complicated projects done," she said.

The Girl's Paper Cave is open from Wednesday to Saturday. Basic classes are from \$10 (depending on the complexities of the project), and bookings are essential. With Christmas just around the corner, it is a wonderful opportunity to learn how to make heartfelt, handmade gifts.

• Contact Heather on 54728710 or 0407612786 to find out more.



A Nambour General Hospital staff member prepares finger food.

Hospital mixes up the menu to help dementia sufferers

DEMENTIA Action Week was held from 21-27 September 2020 and the team at Nambour General Hospital's Acute Restorative Care (ARC) ward celebrated the benefits of a new menu helping to support independence at mealtimes.

The theme this year is "A little support makes a lot of Difference". "Individuals with dementia face multiple challenges when it comes to mealtimes," ARC dietician Dominique Ryan said.

"Many have difficulty using cutlery and as a result require assistance to be fed, which can contribute to a loss of independence and dignity."

"Pacing behaviours are also quite common in dementia, with individuals having difficulty sitting down to a meal."

The ARC ward is specialised to treat patients with complex behaviours resulting from dementia.

The ward has recognised the unique challenges with dementia and recently commenced a lunch time finger food menu with the support of the Sunshine Coast Hospital and Health Service's food service team.

"We've started putting finger foods like mini quiches, fish fingers and meat balls on the menu," Ms Ryan said.

"It's so great to see patients restoring a level of dignity and independence to their lives."

Gazette Real Estate



New over-50s lifestyle resort coming soon to Palmwoods

CONSTRUCTION has begun on a new Sunshine Coast hinterland over-50s lifestyle resort, GemLife Palmwoods, with earthworks under way.

When completed, the resort will feature about 150 homes, a country club, an outdoor pool and recreational area, and a boardwalk along Paynter Creek which flanks one side of the estate.

Director & CEO of GemLife Adrian Puljich said the future resort was already attracting strong interest, particularly amongst Sunshine Coast homeowners ready to downsize from larger properties and take up a low-maintenance lifestyle.

"Palmwoods is the quintessential hinterland town surrounded by natural beauty with a charming rural feel yet is well-located to all that the famously vibrant Sunshine Coast has to



The GemLife Promise

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- Luxury homes
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Large lifestyle acreage

A 36 acre allotment at 61 Hardings Road, Hunchy offers tranquility, privacy and the opportunity to enjoy a range of rural pursuits. It is an easy 30 minute drive to beautiful Sunshine Coast beaches and is only minutes to rail and the thriving village of Palmwoods.

The property is semi cleared with some rain-forest and bushland, and currently runs a few cattle. With its fenced paddocks it is ideal for many rural pursuits.

The home is currently rented with awesome tenants who would be happy to stay on. Featuring 3 bedrooms and 2 bathrooms, the cottage exudes all the charm of yesteryear. Timber floors & casement windows complete this package. The property has fruit trees, a chook pen, a dam and plenty of water.

There is a large 9m x 7.5m enclosed shed and a 12m x 6m open shed on the property. There is a tremendous opportunity to capitalise on this property, with the opportunity to

build another dwelling on the parcel (subject to approvals).
• Contact agent Mike Burns of Burns Property on 0418 991 702 to arrange your inspection. Property Code: 1519



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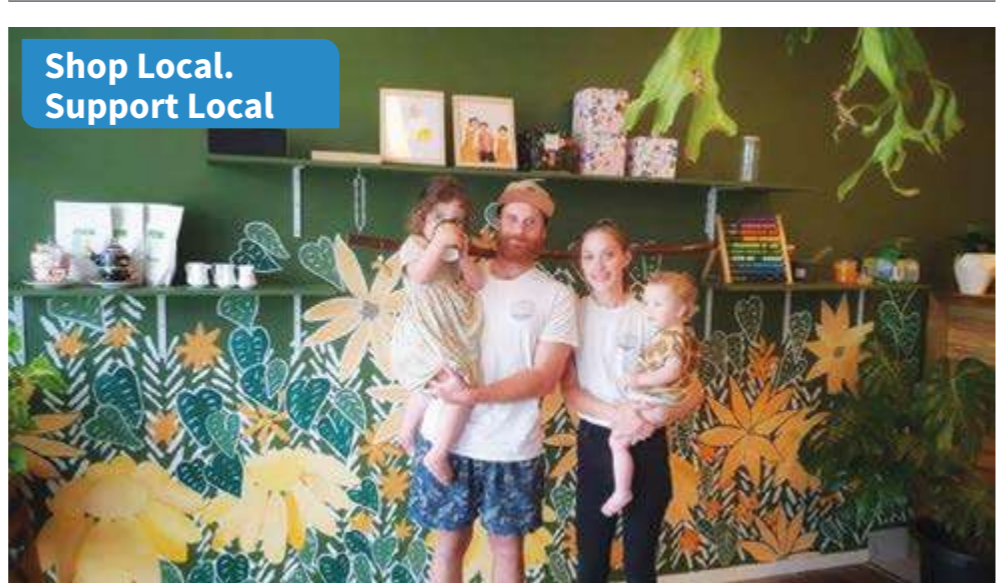
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Lance and Kirstie Martin, with their daughters, opened Arden Dawn yesterday ... "No one should have to miss out, so it's always a good feeling to be able to provide a product everyone can enjoy."

New Nambour cafe owners cater to people affected by food allergies

PEOPLE affected by food allergies will know how good it feels to easily order a meal or find somewhere to enjoy a sweet treat with coffee.

A new café and cake supplier in Nambour's CBD called Arden Dawn will help cater for those food allergies and special dietary requirements.

Arden Dawn owner and long-term local Kirstie Martin said she understood the importance of options when it comes to coffee and cakes.

"We have small cakes that are either vegan, gluten free, low FODMAP or all the above, and we'll be doing large cakes too which people can order for birthdays and special events," Ms Martin said.

"No one should have to miss out, so it's always a good feeling to be able to provide a product that everyone can enjoy and that looks special too."

"We also have a large range of alternative milks for coffee."

Kirstie and Lance are enjoying getting to know their new customers and other business

owners. "Nambour has some great little businesses with lots of community support and we're proud to be opening here. It has been lovely to have people dropping in to say hello as we were setting up."

"This is a great spot for us - my husband Lance and I have both lived in Nambour and nearby for over 25 years."

"We both went to Nambour High School and now we own a house here with our two young daughters."

Arden Dawn Café loves supporting local, and has products for sale from local makers including soy ecofriendly candles, hand sewn children's clothing and more.

You can find Arden Dawn on the corner of Currie Street and Howard Street. It is open 7.30am-2pm, Tuesday-Friday and 7.30am-1pm Saturday.

Follow them on Facebook at Arden Dawn Café and Instagram at @ardendawn.cafe.

Birthday, special event and wholesale cakes will be available from November.

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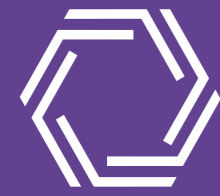
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Call **1800 718 414**

Over-50s living in the Sunshine Coast hinterland. Sales centre now open.

Model community brings architect's vision to life

THE first time a GemLife Resort comes to life is when architectural drawings and plans are transformed into a 3D model, creating a miniature reproduction of the future site.

Last month, GemLife Palmwoods took delivery of its 3D model, a Bonsai-sized copy of the resort complete with the land's slopes and rises, a meandering waterway, and mini replicas of the three-level country club, outdoor pool and recreation area, and home sites.

The art of model making is highly specialised and model maker Callum Lamb of Studio Lamb, who comes from an industrial design background, and his team were behind the creation of the GemLife Palmwoods model.

"It's always great to see the excited expressions on clients' faces when they see their model for the first time. Seeing a development represented in 3D is a different experience than looking at drawings," said Callum.

"I love model making. It's an enjoyable process and I get great pleasure from watching a project come together from nothing."

The GemLife Palmwoods model, which measures 1.4 metres by 0.8 metres, took about four weeks to complete with two to three people working on it full-time. The model gives prospective residents a birds-eye view of what the finished resort will look like and helps them choose their favourite home sites.

To make a model the plans are drawn on computer-aided design software (CAD) and shapes are cut out on a computer-controlled router or laser cutting machine.

Inside a custom-sized frame, the model makers create the contours of the site, putting ribs and plates under roads, any natural features (such as Paynter Creek at GemLife Palmwoods) and cut and fill in any areas as needed to ensure an accurate representation of the lay of the land.

While the levels are set up on the base, the surface plates are drawn up on CAD and cut out. These go over the contours, with any embankments added, and the model starts to come together. At the same time, the team is busily creating the small individual pieces like buildings and trees.

The fastest and most fun part of the process is bringing everything to life with colour and detail. Added at this stage are the paint colours, creative highlights to ridges and gullies, green spaces, and parkland, as well as the lots. Finally, the buildings, recreational facilities and cars are put in place and the model is complete.

The GemLife Palmwoods model can be seen in the front window of the sales office at 18-20 Margaret Street, Palmwoods.



Buddy Drive gives sick kids a lift at Christmas

THE Amber Werchon Property Nambour Team has taken part in Scentys Buddy Drive for Ronald McDonald house in Brisbane.

This drive is an annual event organised by Burnside's Megan Manly and her two young boys. The Buddies are sent to Brisbane for Christmas to be Gifted to sick kids and their siblings should they be spending their

Christmas in hospital.

The Buddies range from \$30 to \$70 and any profits made are donated to a charity of choice. Tristan Brown, Garren Reisinger and Kellie Bell from Amber Werchon property purchased two buddies each this year and hope that the Amber Werchon property team and Gazette readers can get involved and make a difference to the

lives of sick children and their families over Christmas. For information contact Megan Manly at megandmichael@bigpond.com

Pictured, from left, Kellie Bell, Tristan Brown, Megan Manly, John Tobin, Garren Reisinger & Lucy Werchon joined the Buddy Drive.



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The estate comprises of lots ranging from 444m² to over 1000m². All blocks are registered and ready to build, with house and land packages available now from locally owned and operated builder Mark Bain Constructions.

Take advantage of the \$25,000 new home builders grant to build your dream home on, with land starting from \$305,000.

The sales office is conveniently located on site at 12 Mandarin Way, Palmwoods and is open 7 days a week. There has never been a better time to build the home of your dreams!

LEIGH MARTINUZZI
0490 812 205

KELLY BROOKS
0466 677 819



Amber Werchon
PROPERTY

Martinuzzi Property Group Pty Ltd working in conjunction with Amber Werchon Property



PALMWOODS 24 Dunning Street 5 2 4

This family home has a rare elevated location with scenic views to Montville and Blackall and offers convenience, wonderful versatility and flexibility of options that will suit dual living, work from home and home-based business. This house is immaculately presented on an 850m² block, there is plenty of room for a pool and/or a shed, if desired.

LEIGH MARTINUZZI
0490 812 205

TRISTAN BROWN
0403 665 643



PALMWOODS 111 Winston Road 3 2 4

This immaculate lowset colonial style home on a glorious 4166m² parcel of flat, useable land, located in a dress-circle acreage belt just five minutes to town amenities, offers peaceful, picturesque country-style living without compromising convenience. Winston Road is known for its prestigious homes on pristine acreage parcels this would be a wonderful place to anchor down and call 'home'.

LEIGH MARTINUZZI
0490 812 205

TRISTAN BROWN
0403 665 643



PALMWOODS 36 Old Bowling Green Road 5 2 2

This large 5-acre retreat boasts so much character it's hard not to fall in love. Set on a very private parcel of land yet in a very central to Palmwoods, you will just love the convenience. Within walking distance to everything in Palmwoods, you will enjoy living in this generous sized family home.

LEIGH MARTINUZZI
0490 812 205

Martinuzzi Property Group Pty Ltd & Tristan M Brown Investments Pty Ltd working in conjunction with Amber Werchon Property



PALMWOODS 62 Palmwoods Montville Road 4 2 4

This charming Queenslander on a quarter acre corner block just a 10-minute walk into town, and a short stroll to the primary school, aquatic centre, and sporting grounds - offers family-friendly living filled with character and warmth. Get some chooks, plant some herbs and veggies, and enjoy fresh produce from garden to kitchen...perfect for growing a wide variety of vegetation.

LEIGH MARTINUZZI
0490 812 205

KELLY BROOKS
0466 677 819



PALMWOODS 12 Mandarin Way 4 2 2

Incorporating modern craftsmanship, this home is as functional and comfortable as it is beautiful and stylish. Enjoy the very best in contemporary living in a family-friendly estate without the hassle of building yourself. Perched on a 444m² low maintenance block, offering great separation of living; this property is complete with 4 bedrooms, 2 bathrooms, a separate media room and double lock up garage.

LEIGH MARTINUZZI
0490 812 205

KELLY BROOKS
0466 677 819

"Leigh is a great sales agent! He made selling my home a happy experience. There is a reason Leigh is number one in the area he works. I am confident in his ability as an agent and will recommend him, along with his dedicated team to anyone considering making a move. Leigh arrived with a huge smile and a 'can do' attitude. He never pushed me into a situation I didn't want to be in. During the sale of my home I received weekly market analysis updates and was well informed of private inspections and open house inspections. My much-loved home was soon sold. I know my home will be loved for years to come."

- Julia, Vendor 33 Petigrain Avenue, Palmwoods

Amber Werchon
PROPERTY

LEIGH MARTINUZZI 0490 812 205

Minor Grants

Minor Grants of up to \$2000 are available for community groups to deliver projects, events and activities that meet community needs and provide community benefit. Start preparing your application today. Submissions are now open and close on November 2. Visit Council's website to apply.

Australia Day Awards

This year we've heard many incredible stories of ingenuity, selflessness and giving, which is why the 2021 Sunshine Coast Australia Day Awards will be so special. Nominations are open, so if you know someone who is making a difference, give them the recognition they deserve by nominating them via Council's website before November 16.

CUSTOMER CONTACT

sunshinecoast.qld.gov.au/Council/Contact-Council

Future transport

Momentum continues for a mass transit solution to address our public transport needs now and well into the future. Residents can provide further input into a proposed Sunshine Coast mass transit system. Join us on the journey by subscribing to receive Sunshine Coast Mass Transit updates by visiting Council's website.

One for the calendar

Next Council Ordinary Meeting, Thursday 15 October.

Slow fashion

Now is a great time to take a fresh look at how we live and the *fabric* – Slow Fashion, Artful Living program could be the perfect place to start. Immerse yourself in workshops including shoe making, mending, sewing and repurposing, plus exhibitions, talks and more.

Explore the program at www.sunshinecoast.qld.gov.au/fabric.

B-Well and Prosper

Did you know Council has a range of Wellbeing and Mental Health tools, resources, programs and information to support small business owners and employees? Head to bwell.mindstar.com.au to access free online programs, interviews, wellbeing workshops and business podcasts.

The content is straight-forward and engaging, providing you with real, practical, and inspiring information.

Exhibition opens

The 2020 Sunshine Coast Art Prize exhibition opens October 16. On display are 40 exceptional finalist artworks, by established and emerging artists. Wander through the gallery to see the exhibition and vote for your favourite work in the People's Choice Award.

Visit gallery.sunshinecoast.qld.gov.au for details.

Our region

Through the Environment and Liveability Strategy (ELS), Council continues to invest in important programs and initiatives, so our region remains a great place to live, work and raise a family. To learn more about ELS projects happening in your area, visit els.sunshinecoast.qld.gov.au.

New library app

Sunshine Coast Council Libraries have launched a convenient, time-saving app for customers to download now. With faster access to your account, you can explore the catalogue, browse new releases, renew loans and reserve your favourite titles, plus more – all at your fingertips. Search Sunshine Coast Libraries in your app store today.

07 5475 7272
mail@sunshinecoast.qld.gov.au



www.sunshinecoast.qld.gov.au

Uni Students offer free counselling service at C-Square

COUNSELLING students from USC are using their final-year work placements to help the community through uncertain times.

They are providing phone, online and even in-person support at the USC Counselling and Wellbeing Clinic in C-Square, Nambour.

Master of Counselling Program Coordinator Dr Mark Pearson said the students would strengthen the service at a time the community needs mental health support more than ever.

"Everyone is being affected by the situation right now and our message to the public is, don't wait until it feels really serious before you take steps to get help with your worries," he said.

"It's normal to be worried but if you notice that you are not enjoying life anymore, or that social distancing is affecting you, talking to a counsellor can help alleviate stress and help you think clearly and act rationally.

"The clinic is focused on wellbeing and resilience-building. For example, for those who have been severely economically impacted by Covid-19 and who can't afford counselling, although counselling won't solve the financial problem, it can help you respond in the most resilient way to what is happening."

The clinic's student counsellors are nearing the end of their studies, are closely supervised during the sessions, consult each time with a supervisor of 30 years clinical experience and they use referral pathways to other services as required.

The placement is a normal part of their accreditation for the Bachelor and Master of Counselling, which require 40 and 80 hours counselling time respectively. The face-to-face focus of this was recently shifted in favour of fully phone and online services, due to social distancing requirements.

"Current research shows that there is virtually no difference in the rapport you can build with your counsellor online or via phone and our current clients are happy to do phone and online sessions," Dr Pearson said.



USC Counselling student Trinity Dang. Help is available in person, online, or by phone.

"And it's to the student's advantage to complete as many hours as possible. There are no limits to the number of sessions available. It means students can advance to a higher level of professional association membership when they graduate, so they are very motivated."

He said the counselling interns were working from the USC Counselling and Wellbeing Clinic at Nambour from separate rooms to ensure physical distancing.

"The student team offers unlimited free, closely supervised, counselling services on Tuesdays, Wednesdays and Thursdays. Phone 0458 811 220 or counsellingclinic@usc.edu.au



Jade Briggs and Ebony and Kory Ensing from Eudlo and David Striebel of Nambour with miniatures May and Ambrose.

Horses small in stature but big in smarts

Miniature horses May and Ambrose enjoyed a stroll into Eudlo recently.

Owner Jade Briggs said, being small, miniatures were great for competitions because they were so easy to take care of and transport. Miniature horses are not Shetland ponies. Shetland's are their own breed while miniatures are bred to represent the characteristics of a full size horse breed, only in a smaller version.

Hence May is a 7 month old bay Appaloosa and Ambrose is a pinto.

"They're very strong and can pull a cart. They're also used as support animals or guide horses," said owner Jade Briggs. "So they're smart as anything."

"They pick up on your emotions so if people are anxious they will notice and calm you down."



Marty Hunt MP presents a cheque to Loraine Taylor from Street Art Nambour.

Grants deadline extended due to COVID

MEMBER for Nicklin Marty Hunt has extended his recently launched Community Groups Recovery Grant Program to support Community Groups in the Nicklin Electorate who are doing it tough.

"COVID-19 restrictions have hit our local community groups hard - with the majority of fundraising activities ceasing to a halt and leaving Community Groups with limited income.

"Community Groups in Nicklin are our lifeline - they deliver so much to people and fami-

lies in our community and we need to give them all the support we can, to allow them to do the great work they do - particularly in these trying times," Mr Hunt said.

"I am going to extend the deadline for these grants to Friday 16 October. \$300 grants are available to eligible Community Groups in the Nicklin Electorate. Interest groups should contact my office (Nicklin@parliament.qld.gov.au) for eligibility," Mr Hunt said.

Lily House, a place of life and hope

RAISING a child is enormously rewarding but it can also be relentlessly challenging and exhausting, despite having two parents present and a supportive family network.

If you are young, single, and have few or no family connections to help you, it suddenly becomes a lot more daunting and difficult.

Lily House was opened over a decade ago in response to a vital need to provide supported accommodation for women in crisis. Since opening its doors, Lily House has been able to assist young pregnant women; young mothers fleeing from domestic violence; mothers who have recovered from substance abuse and need stability; women seeking reunification with their children; and homeless women.

"Based on Christian values and using a strength-based approach, we enable pregnant women to give birth to their babies and care for their children in a loving and safe environment," said Manager, Deborah Kenny. "We teach the basic skills necessary to raise a child and help the girls establish themselves in the community with confidence," she said.

"They had respect and helped me through good and bad days - the programmes and volunteers were amazing. It felt like a family." – Cass

Lily House works in partnership with many community organisations across the Sunshine Coast in both the Government and not for profit sectors to create a safety net for vulnerable and at risk young women and their children.

"I think Lily House is quite unique because we have not created a 'shelter' environment, but rather a family one," Mrs Kenny said. "We currently offer a mentoring programme, exercise, cooking and nutrition classes and baby swimming lessons. The women attend parenting classes and counselling sessions and we make the most of the expertise of our volunteers. We encourage gratitude and self-reliance and as our residents progress in their healing, they are encouraged to study and to give back through volunteering with other community organisations. It is wonderful to see the sense of respon-



Cass is finding her feet in independent living. She has joint custody of her daughter and good relationships with her family.

sibility, confidence and purpose that emerges when our young women grow and transition through our programme.

Many of the women who have spent time with us have had incredibly difficult lives and we are always so very proud of them when they work through their individual challenges and emerge as confident and independent mothers. There are no 'victims' here. We acknowledge our rights, but also take responsibility for our actions and my girls know that they will need to do some hard yards so that their own children can have a good life," she said.

"It is wonderful to watch as the girls create their own 'family unit at Lily House', and they look out for each other and hold each other accountable. We have strong beliefs in the value of human life and we encourage the unification of families.

"So we strive to improve the physical, emotional and spiritual wellbeing of mothers, so that they in turn can nurture and care for their own children."

Lily House receives no Government funding and there are many ways individuals or businesses can assist it to continue the vital work it does in the community. You can help through financial donation, monthly sponsorship, volunteering, donation of new goods or, being part of fundraising events. If you would like to assist in any way, please email info@lilyhouse.org.

Murals add colour to Nambour streetscape

from Street Art Nambour Organiser **Lorraine Taylor**

THERE are a bunch of cheeky teenagers just arrived in Nambour.

Look out for them on the Northcoast Locksmith Shop on Howard Street. It is the rest of our Emu family created by the talented Fiona Groom. Of course Fiona will want names for this mob too so let's see what we can come up with.

Many thanks to the owner Peter and Mandy, Keith the locksmith, the Sunshine Coast Regional Council and Street Art Nambour artists who are adding colour and art to our town.

Next week we go to the other end of town, to Ken Mills Toyota, who have sponsored our amazing David Hardy to do a special mural ... which will be hard to ignore.

Two others are pending design approval and permission from the sponsor.

Our Inspiration Mural by C-Square is by our emerging artist Crystal LaPointe under mentorship of National Street Artist, Sarah Sculley and is well worth seeing.

Ross Holloway's mural in Morning Star Digital is in Whaley Building and viewed by appointment and on our walking trail.

And emerging artists Kassy Abriola created a mural in Downtown Burgers sponsored by that team, and Grace McClymont created a cute one at Fig In The Sun, Burnside.

Then we sign off on this year so our Trail Map can be released.

This year we have had support also from local Brewers and Distilleries, without whom we couldn't print our map.

They form an integral part of the culture of art we are doing, Street Art and Art of Brewing.

So a big thank you to Stalwart Alehouse and Brewery, Nambour, Sunshine & Son Gin Distillery in Woombye, Diablo Ginger Beer, Liqueurs and Cocktails and the Eumundi Brewery.

Street Art Nambour hopes you enjoy our murals and support the sponsors and artists who helped create colour in Nambour.



Street Artist Kassy Abriola finished a mural sponsored by Downtown Burgers. Check it out and grab a burger.



Cheeky emu star in the Street Art Nambour mural on the Northcoast Locksmiths building on Howard Street. Artist pictured is Fiona Groom.

Community Craft Fair in Montville Hall is 100 percent local

SUNSHINE Coast Arts and Crafts are excited to invite everyone to their next Community Craft Fair on Saturday and Sunday, October 17 and 18.

The free event will again be held at the historic Montville Hall and be open 9am to 4pm each day.

Along with 100 percent locally crafted goods, there will be watercolour painting demonstrations by talented local artist Joy Joyce, card-making demonstrations and an in-house café – famous for its fresh baked scones and tasty treats. This is a perfect opportunity to find some unique Christmas gifts.

You will also have the chance to purchase tickets in a raffle for two nights' accommodation (valued at \$800) at "Serenity", a three-bedroom self-contained holiday stay right in Montville.

The draw will take place at the Craft Fair at 3pm on Sunday afternoon. If you cannot make it to the Fair raffle tickets are on sale at Sunshine Coast Arts and Crafts shop at 156 Main Street, Montville – open 10am to 4pm daily.

Nature Watch



We snapped this kookaburra keeping a bird's eye on a pair of carpet pythons who have built a nest at Nambour Central Plaza. If you have any nature pics you would like to share in the Gazette please email them to editor@sunshinevalleygazette.com.au

SUNSHINE VALLEY

Gazette

"Hey Tanya...today we had a job in Woombye from our advertorial in your paper. It was an over \$2K job... so thought I'd let you know your ad and paper are working great!" - Paul Carter, Profection Pool Care

Contact Tanya to find out how we can promote your business in words and pictures.

0400 069 711 tanya@sunshinevalleygazette.com.au



Div 5 Cr Winston Johnston, former Cr Jenny McKay and Unitywater Chairman Jim Soorley launch the trail.

Maleny walking trail leads way to discovery

NATURE lovers can explore more of the Sunshine Coast hinterland, with new trails opening at the Maleny Community Precinct wetland, accessible off Porters Lane.

With more than two kilometres of trails, the network offers an easy walk through the wetlands with the chance to spot dozens of native bird species, frogs and other water-loving wildlife.

The Maleny Community Precinct is a 126 hectare lot of former agricultural land near Porters Lane. It is divided into a range of land uses including environmental education, sport and recreation, community facilities, ecological parkland, environmental protection areas and housing. It is also home to the Maleny Golf Club and the aquatic centre.

Division 5 Councillor Winston Johnston acknowledged the efforts of former local councillor Jenny McKay and retiring Unitywater chairman Jim Soorley in bringing the trails to fruition.

"Jenny McKay and Jim Soorley were instrumental in sourcing funding and support for the trail network," Cr Johnston said.

"The Unitywater wetlands were established in the precinct in 2014 as a natural way to filter out nutrients, pollutants and sediments from treated water passing through.

"Council and Unitywater have worked closely to construct the trail network and install signs, which opens up even more of this special precinct to our community."

Unitywater Chairman Jim Soorley said a \$17 million upgrade to the Maleny Sewage Treatment Plant was undertaken in 2014.

"As part of the works, we established the wetland and planted an irrigated forest which form part of the sewage treatment process - the wetlands take up treated effluent discharged from the STP and remove nutrients and sediments," he said.

"It's a wonderful way we can use nature to help us do our job. The added benefit of this process is that we can provide a beautiful recreational area for locals and visitors to enjoy."

• Visit adventure.sunshinecoast.qld.gov.au for trail details.



Photo Courtesy RACQ LifeFlight Rescue

Teenager airlifted after head-on collision

THE Sunshine Coast RACQ LifeFlight Rescue helicopter airlifted a teenage driver to hospital after a two vehicle crash in the Sunshine Coast Hinterland Sunday October 4.

The pilot was able to land on a stretch of road, which had been closed by Queensland Police Service (QPS) officers.

It's believed the patient, aged in his late teens, had been driving a 4WD ute, when it collided head-on with another vehicle.

His vehicle reportedly rolled, before coming to rest on its roof.

Queensland Ambulance Service (QAS) paramedics and Queensland Fire and Emergency Service (QFES) personnel were in attendance, when the aeromedical team arrived.

The patient was trapped in his vehicle, for over 30 minutes, before being freed.

The RACQ LifeFlight Rescue Critical Care Doctor and Queensland Ambulance Service (QAS) Flight Paramedic joined other QAS paramedics in treating the teenager, for lower limb injuries. He was airlifted to the Royal Brisbane and Women's Hospital in a stable condition.

Dogs in Business

Barney the 'security consultant'

BARNEY is a 5-year-old cavoodle cross from a property in Yuleba, who now 'works' at St Augustines Op Shop, Palmwoods as a (ahem) security consultant.

He sits in his bed near the desk, checks out everyone who comes in and loves the attention he gets, particularly from children. He's great company, incredibly loving, loyal and is forever looking for treats.

"I'm sure he thinks it's his job to protect us from imminent danger, so every so often he needs to be reminded that we are all perfectly safe," said owner Margie Gowty. "He loves being cuddled, having his ears scratched and even goes to church on Sundays."

What a good boy!



Letters to the Editor

Weeds an invasive mess

SPRING is the perfect time to highlight the spread of invasive weeds all over the Hinterland of the Sunshine Coast, due to their distinctive new foliage and flowers. Maleny's Jeanette Nobes has been a tireless worker and advocate for the control and eradication of weeds. Regrettably Council and Main Roads have not listened to her expert advice and consequently we find ourselves in this current invasive weed mess.

Also regrettably, many new and even long term residents think that invasive weed trees like camphor laurel, narrow/broad leaf privets and Chinese celtis (elm) are lovely trees. Nothing could be further from the truth. They are not called invasive weeds because they are good for our environment, they are called that because they rapidly destroy our environment, scenic views, valuable prime agricultural land, waterways and some species also pose a serious annual health risk to sufferers of hay fever and asthma.

In addition, other smaller invasive weeds are spreading exponentially in the Hinterland. Those weeds include, morning glory, giant rats tail, mist weed, giant devils fig, groundsel, Japanese sunflower, madeira vine, cats claw creeper, red lantana and numerous others. Whilst some of these invasive weeds may seem attractive or pretty flowering shrubs, those who understand the nature of these plants, detest them because of the damage they do to our natural environment as well as the annual cost of control to both farmers and the community in general. In addition they all rapidly take over local native plant species and fauna habitat.

To fully understand why they are a problem, consider this old factual adage regarding weeds, "One years seed is seven years weeds". This is because their seed can lay dormant in the ground for up to seven years before germination. Many environmentally minded people talk about sustainability, when discussing our natural environment. I strongly support sustainability but ask, "What is sustainable about pouring chemicals upon our land, year after year, in an endeavour to control the spread of invasive weeds?"

The best way to control weed species and create a sustainable environment for future generations, is to eliminate the host plants and through persistence and hard work, pull out the newly germinated plants before they flower to repeat the cycle of another seven years of germination and continual hard work.

Since elected to Council in April, I have endeavoured to educate other Councillors and Bio-security staff, in an endeavour to lift the profile of invasive weeds and obtain increased focus and spending on weed control.

However unless property owners, our State Government and all dedicated environmental community members understand the magnitude of the problem and work with Council to control and eliminate all invasive weeds, then we are doomed to failure and the Hinterland will rapidly become a weed infested wasteland, lacking in agricultural production, visual amenity and habitat for much of our native flora and fauna.

This is a call to arms for all residents to support my efforts to get all levels of Government to act before it is too late. You can assist by demanding that our Council and State Government act now by allocating sufficient funding to control this urgent environmental and economic issue.

— Winston Johnston, Division 5 Councillor



Author and life-long rugby league enthusiast Robert Burgin ... "I want to preserve the mantras they fell back on when times got tough".

What makes an Origin player?

HINTERLAND heroes Mal Meninga, Billy Slater and Ben Ross all feature in an intriguing new book by Sunshine Coast author and life-long rugby league enthusiast Robert Burgin.

In Maroon Mentality, Burgin sets out to explore the childhood factors which forged the resolve of all 203 Maroons players since 1980.

The book is equal parts sports history, psychology and sociopolitical commentary, providing insight to the inspirations and tragedies behind each athlete.

Maroon Mentality includes sections on record-setting Meninga's upbringing at Palmwoods, on Slater's childhood ties to Nambour, and of Ross's ongoing links to Flaxton.

Dulong-based coach of the Sunshine Coast Falcons, Sam Mawhinney, also lends his expertise within the pages, recounting memories of on-field battles featuring Ross and local rivals Chris Flannery and Casey McGuire in their youth.

Roughly 130 original interviews and more than 5000 reference materials were used in constructing Maroon Mentality.

"A major reason for writing the book was to exhibit that no matter where people came from geographically, what their cultural background was, what their family's social status was, these 203 players all overcame the challenges in front of them to reach a unified goal," Burgin said.

Another reason for the book was the celebration of State of Origin's 40th anniversary in 2020.

Aware that many players from Origin's formative years were either past or approaching their 70th birthdays, the author wanted to capture the living history before it was too late.

"Touch wood, only four Queensland players have passed away in the last 40 years," Burgin said. "I want to preserve the mantras they fell back on when times got tough. What habits did they form in adolescence that put them ahead of the curve? What made them push that little bit harder?"

Burgin was previously an employee of the Queensland Rugby League and the Brisbane Broncos, and wrote for Rugby League Week magazine for 20 years.

• Signed copies are available direct from the author at www.loxtonberg.com/shop

Survivor rides on to save others

THE Great Cycle Challenge may be a big test of strength, endurance and resilience for your average bike rider like Nambour's John Kirkham.

But it's nothing like the challenge that kids with cancer face every day of their little lives.

Every October, tens of thousands of Australians take to their bikes to raise money for the groundbreaking cancer research being done in the labs at Children's Medical Research Institute.

In the eight years since the challenge started, the riders have raised more than \$20 million.

Mr Kirkham survived childhood cancer at 15 and is now a Great Cycle Challenge Champion.

"I started Great Cycle Challenge not long after I got out of the military. I did my research on the cause, and being a childhood cancer survivor myself, I knew it was important. Cancer is brutal but I tell people, just stay positive - it doesn't have to be a death sentence.

"When I was having cancer treatment it was very much 'get in and get it done' and once I got the green light that I was okay I joined the army. My sister was in the army and I wanted to join, I wanted that challenge.

"It's only really now that I look back at what I went through and it's good to know that there are so many people out there trying to crack that code to find a cure. I know it's not a matter of if, but when."

Children's Medical Research Institute's scientist Dr Tony Cesare studies the causes of cancer from the time that our cells are forming. His lab, and many others at CMRI, are trying to stop cancer in its tracks from the very beginning of life.

He thanked all those who have taken part in Great Cycle Challenge from its inception to today.

"I am enormously thankful for the community fundraising efforts in Australia," Dr Cesare said. "Every advance in cancer treatment started as a new research project which required funding to make the discoveries that unlocked a medical breakthrough.

"Without community funding, I worry the well of new ideas can run dry and sacrifice the potential of improved treatments for our older selves and our children. The positive impact of community efforts inspires our work and gives hope to cancer patients."

The Great Cycle Challenge can be done anywhere, anytime throughout October!

You can hit the road or do it inside on a fixed bike. You choose how many kilometres you want to aim to ride and how much money you'd like to raise - then you just ask your friends to sponsor you.

• Learn more and register to ride at www.greatcyclechallenge.com.au.

"When I got out, I needed a new challenge and this was it. I wanted to do something that was worthwhile and for a good cause."



Nambour's John Kirkham from has survived childhood cancer at 15 and is now a Great Cycle Challenge Champion.

Nominate a local legend for Australia Day Awards

IF you know someone in our community, or a community group or organisation making a difference on the Sunshine Coast, you can help them to achieve the recognition they deserve by nominating them for an award.

"The Sunshine Coast Australia Day Awards celebrate the achievement and contribution of individuals and organisations across our region," Sunshine Coast Mayor Mark Jamison said. "We're looking for everyday people as nominees. They don't have to be famous to be nominated for our Australia Day Awards. We want to honour the unsung heroes in our community."

The 2020 award recipients were:

• **Mark Forbes**, our Citizen of the Year who founded endED, a Sunshine Coast service that now provides nationwide support to people with eating disorders and their families.

• **Ella Woodborne**, our Young Citizen of the Year who founded the Grammar Green Team that teaches others about the planet, its animals, plants, its strengths and weaknesses.

• **Mark Skinner**, our Senior Citizen of the Year who is chairman of the Board Meeting Surf Charity which raises funds to help local kids with disabilities and their families.

• **Sunshine Coast Animal Refuge**, our Community Group or Organisation with 250 volunteers who have been caring for cats and dogs, seven days a week for 40 years.

• **Emeritus Professor Jennifer Radbourne**, our Creative Award recipient who has been supporting, promoting, and helping the Sunshine Coast arts and creative sector to grow.

• **Ten Little Pieces**, for Environment and Sustainability, founded by Alison Foley to encourage everybody to make a difference to their environment by collecting ten little pieces of rubbish whenever they can.

• **Joint Sport and Recreation recipients** Robert Angus from Nambour Little Athletics Centre, and Brendan Powell and Scott Park from Queensland Oztag.

Nominations close on November 16. You can nominate via council's website or email events@sunshinecoast.qld.gov.au



Nature Watch

Little plover with a very protective parent

This very cute little plover chick with a protective mum or dad was snapped recently by one of the crew from Bush Care Sunshine Coast. "There are two babies down near where we've been working, but they never usually stand still for photos," said BCSC coordinator Norm Morwood. "Their presence was noted by our wildlife recorder Judy Burns earlier this month and the chick will probably be looking full size next time we're back there again," he said. If you want to join BCSC in some planting, weeding and socialising contact normmorwood@gmail.com

Sunshine Coast Libraries in your pocket

SUNSHINE Coast Council Libraries have launched a convenient, time-saving app for customers.

Community Portfolio Councillor David Law said the new app would make accessing the suite of resources more convenient.

"The Libraries app means you can now carry the library service in your pocket," Cr Law said. "With faster access to your account, the app allows you to explore the library catalogue, browse new releases, renew loans and reserve your favourite titles for collection."

"You can also search the What's On calendar, register for events and find endless activities

for kids, teens and adults to enjoy - all at your fingertips.

"New customers are also encouraged to sign up to enjoy the extensive eLibrary collection which includes eBooks, eAudiobooks, eMagazines, movies, music and more, all for free.

"And for convenience, the app can link your account with other family memberships, including children, making it even easier for whole family to read, watch, listen and learn with Sunshine Coast Libraries."

To find out how the app could benefit you, visit library.sunshinecoast.qld.gov.au/About-Libraries/App.

Backing Business

Phone 0400 069 711
to have your business featured in the Gazette

Upgrades around our towns

David Law
Division 10 Councillor
david.law@sunshinecoast.qld.gov.au

Council's project officers have been busy around our towns carrying out a variety of works.

Coulson's Wharf Park in Yandina has new bollards and a sign that greatly improves security and entrance appeal;

Mayfield Street and Reilly Road in Nambour have had kerb and channelling works; and at nearby North Arm school a few shrubs were removed during the school holidays to improve safety and visibility for school children, pedestrians and motorists in the bus parking lane.

Turf will be installed to marry in with existing turf maintenance areas.

The Maggie Street and Webster Road bus stops in Nambour along with the Railway Street Yandina bus stop are also scheduled to receive an upgrade.

These upgrades will ensure people of all abilities can utilise this service and enjoy public transport across the region.

Yandina celebration

Last month community groups, local businesses and traditional owners gathered together to celebrate the 150th birthday of the first gazetted town on the Sunshine Coast - Yandina.

They gathered at Railway Street Park and paid tribute to past generations and made a declaration to future generations.

There was the ceremonial sealing of a time capsule to be opened in 50 years and the unveiling of a commemorative plaque which is mounted on a significant Mount Ninderry Rock. Congratulations to all past and present residents of this great town that has a very bright future.

Yandina is a very popular part of the Sunshine Coast and has many wonderful attractions for visitors to enjoy. If it has been a while since you last visited, there is no better time than now.

Facebook for Updates

Don't forget to follow my Facebook page for regular updates: @DavidLawDivision10, or feel free to email me on: david.law@sunshinecoast.qld.gov.au

Boost for Men's Sheds

Ted O'Brien
Federal Member for Fairfax
ted.obrien.mp@aph.gov.au

There's good news for the Sunshine Valley and Mapleton Men's Sheds. Last year the Morrison Government committed to providing Sheds with Deductible Gift Recipient (DGR) status and that legislation has now come into effect.

It means people can claim an income tax deduction when donating \$2 or more to their local Shed, incentivising people to donate more. I'd encourage both the Sunshine Valley and Mapleton Men's Sheds to take advantage of this great opportunity by registering DGR status with the ATO.

Happy 150th Yandina

I was delighted to join in celebrations marking the 150th anniversary of the town of Yandina last month - so Happy Birthday Yandina! It was a great honour to join locals in commemorating the milestone and to sign a message that will go into a time capsule to be opened in 50 years' time, on the town's 200th birthday!

Jobkeeper extension and reduction

On 28 September the first extension of the JobKeeper payment came into effect with the rate now rolled back slightly. The Tier 1 rate is for eligible employees who worked 80 hours or more in the four weeks before either 1 March 2020 or 1 July 2020. The Tier 1 JobKeeper payment is \$1,200 per fortnight. The Tier 2 rate applies for other eligible employees and works out at \$750 per fortnight. Businesses previously ineligible may now be able to apply. Please find more information and relevant links in the News section of my website www.tedobrien.com.au

Federal Budget highlights

There's some great news out of October's Federal Budget, including a \$1.5 billion manufacturing strategy, \$800 million to help businesses adopt digital technologies and \$200 million for an additional round of the Building Better Regions fund. I look forward to providing a comprehensive wrap up of the Budget in the next edition.

Dog inspection program

Winston Johnston
Division 5 Councillor
Division5@sunshinecoast.qld.gov.au

Owning a dog is a great privilege and also a big responsibility. To keep our community safe, there are additional requirements for those who own a regulated dog (declared dangerous dogs, declared menacing dogs and restricted dogs). From November 1, Sunshine Coast Council officers will begin an annual inspection program of homes where regulated dogs reside to ensure owners are complying with the necessary conditions. Visit council's website to learn more.

Maleny Showgrounds reminder

Whilst on the topic of dogs, unfortunately some dog owners are abusing the privilege of using the Maleny Showgrounds as an off-leash dog area. During recent weeks some irresponsible owners have allowed their dogs to enter the playing fields during games and training. This is extremely dangerous for both dogs and players. In addition, some owners are failing to clean up after their dogs, which is a health and biosecurity risk to other users. There have been disturbing instances of uncontrolled dogs being aggressive and dog excretion being plastered on the padlocks of the buildings at and around the soccer club house. This is extremely disappointing. Please remember these are shared grounds and dog owners must ensure their dogs don't disturb anyone else using the facility.

New walking trail

There's a new trail to explore at the Maleny Community Precinct wetland, accessible off Porters Lane. With more than two kilometres of trails, the network offers an easy walk through the wetlands with the chance to spot dozens of native bird species, frogs and other water-loving wildlife. Visit adventure.sunshinecoast.qld.gov.au for trail details.

Lookout improvements

Council staff have laid new asphalt at Skipper Musk Lookout at Bald Knob to provide improved parking for vehicles and buses. Ground cover will be planted on the embankment slope soon, further enhancing this picturesque spot.

Police, hospital and rail results

Marty Hunt
State Member for Nicklin
nicklin@parliament.qld.gov.au

It has been an absolute honour over the last 3 years to represent the people of Nicklin in the Queensland Parliament

With your support in the upcoming Queensland State election, I'd like to continue the work I've started in fighting for what our community needs.

It felt like so many projects desperately needed by our community were in the too hard basket or the go slow pile.

With your help through advocacy, petitions and support we've been able to get some wins.

Police, hospital and rail results

We've finally seen projects like the Nambour Hospital redevelopment, the Nambour Police station and the duplication of the Sunshine Coast railway commencing construction phase, all long overdue.

Other projects such as important road and intersection improvements around the electorate continue to be pushed to the back burner and it's been difficult to get any commitment from the Government on these.

Rest assured I will keep fighting for the projects our community needs regardless of who wins Government on 31st October.

Particularly fighting for policies that help in our economic recovery, encourage business investment and create local jobs.

The next 4 years of Government are critical to the future of our community and the future prosperity of Queensland.

The LNP has a plan to invest for growth, unleash industry, supercharge the regions and secure our children's future.

For more information on our policies go to www.deb2020.com.au and thanks everyone for your continued support.

Reach out

As usual you're welcome to reach out and contact the office at nicklin@parliament.qld.gov.au

Step-out facility for EndED

Andrew Powell
State Member for Glass House
glass.house@parliament.qld.gov.au

You might not be aware, but Mooloolah Valley is home to Australia's very first live-in eating disorder residential treatment facility.

EndED Butterfly House provides tools and support for young people whose lives have been affected by eating disorders.

EndED have already received considerable financial support from the Federal Morrison Government and I'm so pleased to announce that an LNP State Government will support the vital work of EndED.

We will contribute \$800,000 to purchase a second property to act as a "step-out" facility, helping young people move out of treatment and back into the community.

My ongoing thanks to Mark, Gai, Millie and the team at EndED for the amazing work they do!

National Police Remembrance Day

On National Police Remembrance Day which was held on the 29th September, we honoured the sacrifice of fallen officers and paid tribute to their families.

Their legacy will be forever remembered. Thank you to all past, present and in-training police officers.

Your commitment to keeping our communities safe, often at risk to your own wellbeing, is so appreciated.

Mooloolah Valley Men's Shed Sod Turning

It's taken years of planning, consulting, reviewing and lots of hard work to get to this point.

But last week the Mooloolah Valley Men's Shed were finally able to turn the sod on what will soon be their physical shed.

All credit to Bernie and John for their perseverance and passion.

At least 300 Mooloolah backed the idea of a local men's shed, so this is a heartwarming example of the community working together for the betterment of their town.

The new shed will feature a woodworking area, metalwork and mechanical area, office, meeting room and multi-use area - where the real connecting happens.

Woombye Library Book Club. You're invited

Library Corner with Del

LOOKING for a fun way to enjoy books and meet new people?

The Woombye Library has a book club that meets for an informal discussion on the second Wednesday of each month at 10am at the Kimmatt Cafe, Woombye.

We chat about books we are currently reading or want to read. We hear about other people's recommendations.

People's interest is wide and varied so it is always interesting. You are most welcome to join in our discussion over a coffee and maybe a bit to eat. We especially encourage newcomers to the area. There are many ways to enlarge and enrich your world. Love of books is one of them. With this in mind, earmark the date of our next Covid friendly Balcony Book Sale to be held 30th November.

Book week this year is from 17th October to 23rd October. The themes this year are 'curious', 'creatures' and 'wild minds'. Many of our books cover these themes.

Bob Graham's latest book, Ellie's Dragon, covers all bases. It tells the story of Ellie and her imaginary friend, Scratch the dragon.

After Ellie finds Scratch in the supermarket, their special relationship grows. Although Ellie's mum and her teacher can't see Scratch, her friends can.

As Ellie gets older, she and her friends notice Scratch beginning to fade. Bob Graham's whimsical drawings beautifully illustrate this delightful story about growing up.

Again, with book week themes in mind, I would encourage young readers to experience the world of Tashi. Tashi's world of mystical creatures, wild adventures and magic can be experienced in picture book form in Alphabetical Tashi.

Children will enjoy this story told through the alphabet as they wander through Tashi's world.

Encourage your children to come to our child friendly library. A child who reads is an adult who thinks.

And finally... "you can find magic wherever you look. Sit back and relax. All you need is a book." - Dr Suess.

How to benefit from travel ban

Business Advice
by Peter Gamgee

Crazy as it sounds there are a number of ways many businesses can benefit from the downturn in International Travel - if they are willing to make some changes. I would like to share with you some ideas to take advantage of limited International travel.

My wife and I recently travelled through out-back Queensland, venturing to the far North West of the state.

We were experiencing travel in an almost post-COVID world.

We found that many small businesses in the country towns that were previously marginal - have failed and closed their doors.

Cafes, Hotels, Tour Operators, Tourist Destinations, and supporting suppliers.

We also found that those that were open were under pressure to cope with people (mostly Queenslanders) who headed to the outback for their holidays.

If you hadn't booked at those places that were still open - you missed out.

And this was before the borders to other states were opened!

More money would have been spent in out-back Queensland if the existing businesses that had gone to the trouble of meeting the new regulations could have handled the demand.

When we asked travellers why they were there, it was not unusual to hear that they had originally planned an overseas trip or a cruise and of course were unable to take them. Let's look at some statistics.

In 2019 Australians took 11.3 million out-bound International trips, spending around \$65 Billion! If they can't travel overseas now where will they go? Think some of the travel will be domestic? Want part of the \$65 Billion?

Mechanic? - Are you engaging with existing and new customers to help them upgrade and make sure their vehicle is safe and ready for domestic travel? Note that caravan sales have skyrocketed - are the towing vehicles up to standard?

Retailer? - No overseas visitors? - Are you changing your merchandise to appeal to domestic travellers? Are you changing your marketing and advertising accordingly? Are you already feeling the domestic demand and need to scale your business/expand to take the place of those who have gone under?

Accommodation provider? - Have you adapted level of service, your marketing, advertising, pricing, and deals to a domestic market? Do you have "break out" packages for those ready to break out of Victoria lockdown? **International Travel Agent?** - Have you re-visiting your past and current clients with great domestic offers? Have you locked in accommodation at those places that will be in demand? Imagine if you could create a "Bali" experience in Australia? Did you realise those customers who enjoy cruises are after similar domestic experience to some extent - packages, all inclusive deals, quality service. The cheap alcohol might be a challenge to match!

You probably get the idea now - these businesses are just a sample of how you can benefit from the inability of people to travel internationally. You will begin to realise that the business that use the No International Travel consequences will end up growing their revenue substantially, even when International Travel does return.



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With no mobile phone coverage, Leanne Grevett, Victoria Bensted, Glenda Campi, Kirsty White and Deb Mills look to other means of communication in Social Climbers.

Lind Lane presents final play for the year: Social Climbers

If you are tired of isolating, imagine isolation with five of your best frenemies in one room for three days. This is the scenario in Social Climbers, Nambour Lind Lane's last play for the year.

In this play by legendary Kiwi playwright Roger Hall, a group of women who work at the same school go on a get-away-from-it-all three day hike. Things go awry for the intrepid walkers when they arrive at their mountain bunkhouse for the night. The weather turns nasty and the unhappy campers get stuck for three days instead. As the rain falls, their stress levels rise.

"Hall is a keen observer of the human condition, and his plays have humour and heart in equal parts," says Director Julian White, who

originally hails from New Zealand. "The Lind has put together a seasoned and talented cast for Social Climbers. If you enjoyed Four Flat Whites in Italy here in 2018, you'll love Social Climbers."

Social Climbers opens at Lind Lane on Thursday October 29th, and closes on Saturday November 7th. There will be a total of eight shows including two matinee performances.

The health and safety of everyone at our theatre is our top priority, and our seating capacity has been temporarily reduced to allow our audiences to enjoy the show safely.

*Bookings are a must and can be made online at <http://www.lindlane.com.au/watch> or by telephone on 1300 732 764.

Public Notices

Spiral Annual General Meeting

Friday 16 October 2020, 12 noon Video-Conference

Spiral (Supporting People in Respite and Lifestyle Inc) invites all members, participants and community members to attend.

Due to COVID19 this meeting will be conducted virtually, however arrangements can be made for small groups to attend at Spiral's Centre Assistance with technology can also be provided.

RSVP Friday 2 October 2020
spiral@spiralinc.org.au
or by phoning 5476 2711



Regulated dog inspection program
Sunshine Coast Council will be undertaking a regulated dog inspection program between 1 November 2020 and 31 October 2021. The purpose of the program is to conduct a compliance audit at premises within the region where dogs that have been regulated under the *Animal Management (Cats and Dogs) Act 2008* are being kept. The Act requires local governments to manage regulated dogs within their boundaries. The program will work to ensure animal owners are adhering to the mandatory conditions for keeping a regulated dog to reduce the risk posed by these animals. A copy of the program is available on council's website. For more information contact council on 07 5475 7272 or mail@sunshinecoast.qld.gov.au
sunshinecoast.qld.gov.au

Public Notices

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PROPOSED EDUCATION FACILITIES

Suncoast Christian College is proposing development of the Campus Masterplan at the above address. The proposal includes development of:

- Internal refurbishments to existing buildings
- New outdoor sporting facilities including sprint track, long jump track and pit, high jump area, spectator stand and mat storage building
- New 3-storey primary school building
- New 2-storey dance/music/drama building.

New buildings identified in the Masterplan will be located to protect the natural setting and the amenity of neighbouring properties.

This proposal has been made as a Ministerial Infrastructure Designation under the *Planning Act 2016*.



The proposal can be viewed at <https://planning.dsdmip.qld.gov.au/id-consultations>

You can make a submission, on or before 9 November 2020, to the Infrastructure Designation team via:

- online: <https://planning.dsdmip.qld.gov.au/id-consultations>;
- email: infrastructuredesignation@dsdmip.qld.gov.au; or
- post: GPO Box 611, Brisbane, QLD, 4001.

Questions? Contact the Infrastructure Designation team on 1300 967 433 or at the above email address.

The Infrastructure Designation request (MID-0920-0449) has been made by Suncoast Christian College to the Planning Minister under Chapter 2, Part 5 of the *Planning Act 2016*.

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minor: Ex. Prescrip. for Health & Rehab.)

MP opens new Men's Shed at Mooloolah

MOOLOOLAH Valley men will soon have a new place to socialise, support each other and contribute to the community with the beginning of construction on the long-awaited Mooloolah Valley Men's Shed.

The shed was paid for by a Federal Government grant of \$250,000. It is being built on land behind the existing Mooloolah Valley Community Centre.

"When I first heard from Bernie and Anita Verwayen that more than 300 local residents had been in touch with them to ask for a Men's Shed to be built in Mooloolah Valley it was clear that the community was crying out for this," said Federal Member for Fisher Andrew Wallace.

"Mooloolah Valley needed its own Men's Shed, and in John, Bernie, Anita and the Community Centre Committee they had the most passionate advocates you could ever ask for. I was proud to be able to help," Mr Wallace said. "Like many of us during this COVID crisis, older men in the Sunshine Coast Hinterland have faced severe social isolation this year.

"However, for men in regional communities the opportunities to find a place where they belong, can make a contribution to their community, and talk to people like them in a familiar environment can be few and far between. Today we have taken a major step forward in changing that in Mooloolah Valley and helping to support the mental and physical



Andrew Wallace with Mooloolah Community Men's Shed President John Holland and Mooloolah Community Centre Secretary Anita Verwayen.

health of local men. The results will be felt in families all across our region," he said.

The new building will include workstations for a variety of wood and metal working equipment as well as social spaces.

Mooloolah Valley Men's Shed President John Holland said: "The members of the shed are eagerly looking forward to beginning construction of the new building. Internal fit-out will be carried out by the members themselves as their very first project. It is especially appropriate that the first sod is being turned this week because it is National Men's Shed Week!"

The nearest existing Men's Sheds are in Glasshouse Mountains and Maleny.

"I made a commitment during the 2019 Federal election to fund this Men's Shed because I knew what a big difference it would make for this community," said Mr Wallace.

"However, as we deliver on this commitment today, the project has become more important than ever.

"During this on-going COVID-19 pandemic and beyond, this project will not only provide local men with mateship and a home away from home, but it is going to provide much needed work for local tradies too," he said.

For more information about the Community Centre and the Men's Shed project visit www.mooloolahcommunitycentre.org.

Work on your health at a shed near you

from Dennis Hensby & Warne Wilson

LAST week was national Men's Shed Week and, given the tough times we are in, what better opportunity to let hinterlanders know more about these popular venues.

Men's Sheds share skills and knowledge in many activities from woodwork to blacksmithing and serve as valuable social and creative outlets for men.

Plus they are good for physical and mental health. If you want to learn how to make a table, make or play a guitar or make toys for the grandchildren, you will find a shed near you (see list below).

The organisation began as a means to get men to enjoy each other's company and to build or fix things together. Almost invariably, a man needs a shed where neighbours and friends might call in to take an interest in what's happening.

There are many reasons why demand has grown in the past 20 years. In some cases a man may have suffered the loss of his partner and is lonely. Downsizing has meant the loss of the once-common shed behind the family home. Retirement can leave a man at a loose end and he may decide to learn a new skill.

What do Men's Sheds do?

Each Men's Shed is set up and run differently,



Some of the Maleny Men's Shed members, from left, Malcolm Baker, Leon Russoniello, Dennis Hensby and Ray Hegarty.

depending on factors including locality, history and the skills of the members. Each is run independently and the members decide their own activities and priorities.

Most Men's Sheds have a woodworking area. But there are usually other types of activities available.

For instance gardening, metalwork, toy making, leatherwork, music, guest speakers, art, lead lighting and more.

Social events are common on each Shed's agenda with morning or afternoon teas a common feature. Members come from all backgrounds and bring their own skills and are always keen to learn from others.

Many Sheds meet on weekdays as most members are either retired or not working.

Often members are getting on in years and have experience to share, but men of any age above 18 are welcome.



When and Where?

Men's Sheds meeting times and days vary. Some meet weekly, others daily. If one Shed doesn't suit your schedule, another Shed nearby may suit.

Hinterland Men's Sheds and contacts

Glasshouse Country Beerwah James Stevenson 0400 815 419; Brooloo Dennis James 5472 3089; Buderim Norman Thursby 0424 112 190; Maleny & District Lindsay Hay 0417 743 440; Mapleton Graham Syphers 5294 6541; Mooloolah, John Holland, 5494 7084; Nambour Colin Webb 0457 046 277; Sunshine Valley Barry Dover 0438 898 543; Yandina Michael Butcher 5472 7254.

For more information go to mensshed.org/find-a-shed/. Each Men's Shed sets its own membership fees and there may be fees for use of equipment and materials, or for morning teas, etc. Make contact with a Shed near you and go along to meet the guys and see what they are doing. You will be welcome.

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Gazette Sport

Nambour hosts State Netball Championships

THE junior Netball Queensland Nissan State Age Championships 2020 is a competition where the best of the best netballers, aged 12-15 years throughout the state come together to compete in a 4 day event.

That means 215 teams, 2153 participants and 28,380 minutes of game time over 1290 fixtures. Hosted by Sunshine Coast Netball Association, Nambour & Districts Netball Association sent four teams, U12, U13, U14 and U15's who represented their association with passion and determination.

So many athletes, coaches, managers, umpires and volunteers coming together at this once a year event, was a sight to behold. Games were won and lost over four days of solid netball.

All Nambour teams showed great sportsmanship on and off the court. By the 4th day there were many tired yet happy young netballers who had taken the court, given 100 percent and taken away a lifetime of memories of the game they love. Congratulations to all competitors.

Nambour Netball is proud to have these teams represent them at State level.



Top: Nambour's U12s hands in. Receiving a pep talk from their coach.



Nambour U12s with coaches and manager at the Nissan State Age Championships.



Nambour U13s prepare to take the court.

Maleny Golf Club results

• Tuesday 29 September: Maleny Golf Club held a Mixed Single Stableford. Results: A Grade: 1st Paul Viertel 39 points, runner-up Doug Evans 38 points, third Ian Dickson 37 points on a count-back from Scott Heywood also 37 points. B Grade - first place Ian Lee 39 points, runner-up Jamie Seymour 38 points, third Neil Stenhouse 35 points on a count-back from Peter Trounce also 35 points.

• Wednesday 30 September: Single Stableford for the Ladies. First place Heather Shortus 36 points, runner-up Seri Tytherleigh 35 points, third Margaret Trigger 33 points on a count-back from Debbie Hansen also 33 points.

• Saturday 3 September: Today there was a Mixed Single Stableford competition with the following results: A Grade: first Mick McCombe 39 points, runner-up Jon Fairman 37 points on a count-back from Corey Zammit also 37 points, third Grant Flynn 36 points on a count-back from Gary Tronc 36 points. B Grade: first place Gary Wright 39 points, runner-up Susanne Hardy 36 points, third Peter Huddart 34 points.

• Tuesday 22nd Sept: Mixed Single Stableford competition. Results A Grade - first Adam Maynard 39 points, runner-up Reon Weir 38 and third Doug Johnstone 35 points. B Grade - first Neil Stenhouse 38 on a count-back from Peter Street (38), and Malcolm Lower (38), runner-up was John Hay 36 and third Seri Tytherleigh 32 points.

• Wednesday 23rd Sept: Ladies 2 Person Ambrose first Mo Lawrence and Penny Edwards, runners-up Debbie Hansen and Narelle Tham, third Heather Shortus and Christine Lemon.

• Saturday 26th Sept: Men's Monthly Medal (Nett) Single Stroke competition. Results: A Grade - first Peter Rogers 69 nett on a count-back from David Challenor, runner-up Daniel Diachkoff 72 nett on a count-back from Annie Quarby (72), and Blake Wellington (72) third going to Mike Hallam 73 nett on a count-back from Marcus Wellington (73). B Grade - first Doug Johnstone 65 nett, runner-up Steevie Mariner 66 nett and third Ronald Smith 67 nett.



Marty Hunt, left, and Shadow Minister for Sport and Racing John-Paul Langbroek at Nambour Yandina Soccer Club.

LNP commits \$905,000 in funding for club upgrades

MARTY Hunt MP joined Shadow Minister for Sport and Racing John-Paul Langbroek at Nambour Yandina Soccer Club recently to announce an elected LNP Government will commit \$905,000 in funding for club house upgrades.

Mr Hunt said that Yandina is a growing area and the soccer club is in great need of new facilities.

"In my audit of local community and sporting facilities this club came forward with important upgrades needed for disability access, change rooms, admin areas and first aid.

"They have done a lot of hard work getting the project ready and I approached the Shadow Minister to see if we could commit to assisting them financially. Fortunately, we were able to and I welcome his visit to make this exciting announcement for our community."

"The LNP is 100 per cent behind community sport," Mr Langbroek said. "We know just how important grass roots participation is for community members, and for the health and fitness of our young people, as well as those young at heart.

"This grant will allow more people to access the facilities and get the benefits of being active and participating in community activities."

The club's proposal outlined the project and the benefits it would provide:

Project

• Upgrade to Clubhouse and Change Room Facilities

- Increase number of Change Rooms from 2 to 6, having 3 Home and 3 Away Change Rooms
- Provide Disabled access to Club House, Change Rooms, and Toilets, including the provision of a Disabled Toilet/Shower facility (currently non-existent)
- To provide dedicated administration and First Aid rooms within the Clubhouse
- To provide safe and secure storage of Club Equipment, including kitchen and bar stock

Benefits to the Club and Wider Community

- The creation of 4 extra Change Rooms will allow greater participation of all levels of football
- Female Football is growing Nationally and, in particular, within our Club and this would allow for dedicated female change room/toilet facilities
- This would provide Sunshine Coast Football another magnificent facility allowing the Club to host Final Series, Women of Football Tournament, Junior Carnival Days, Inter-School competitions, training facilities for visiting Inter-state/National/International teams.
- Yandina Markets use the Club house facilities every Saturday and the inclusion of disabled facilities and disabled-friendly access will be of great benefit to market patrons
- Improved Clubhouse facilities will allow for increased venue hire for able and disabled groups and parties



Wally Lewis and Willow at the golf day.

Wally Chips in for Compass

COMPASS families and trainees would like to thank all sponsors of the 2020 Compass Charity Golf Day for helping to raise \$26,271 for the Compass Assistance Dog Program.

Held on the 25th of September, the day was a great success and the money raised will help extend the program to allow Compass to train more dogs that will one day be gifted to a local family with a child with autism.

Special thanks to our Guest Speakers Wally Lewis and Laura Langman and our major sponsor, Cricks Sunshine Coast.

The Compass Institute Inc. is an award winning Sunshine Coast based Charity dedicated to providing support for people with intellectual and/or physical disabilities.

Compass helps to provide Assistance dogs to children and young adults with Autism. Training with the puppy and instructor is the only cost a family has to incur when receiving a Compass Assistance Dog into their family.

Service Dogs play an important role our community, 25% of our dogs are rescue dogs, offering them a new lease on life. Compass's certified program ensures compatible matches are made between the dogs and service users.

• Find out more at info@compassinc.org.au or phone 5445 9116.

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SWEET POTATO & QUINOA FRITTERS

Lightly fried sweet potato, kale and quinoa fritters served with rocket, cherry tomatoes, red onion, parmesan cheese and a lemon vinaigrette salad with a beetroot and ricotta puree- \$20

GIG GUIDE OCTOBER 2020

02 OCT	MATHESON BROWN 18:30 PM
03 OCT	STEPHEN GREEN 18:30 PM
09 OCT	JEZZA 18:30 PM
10 OCT	WE FOUND LOVE- A TRIBUTE TO ED SHEERAN 18:30 PM
16 OCT	ERIC MEWBURN 18:30 PM
17 OCT	GLEN TRANTER 18:30 PM
23 OCT	MG SOLOMAN 5000 18:30 PM
24 OCT	CHRIS RAMSAY 18:30 PM
25 OCT	VIVA BON JOVI TRIBUTE 13:00 PM
30 OCT	DAN ENGLAND 18:30 PM
31 OCT	TO THE SKIES 18:30 PM

Twilight Toads 10's Tournament

28TH NOVEMBER 2020

Nambour Toads Rugby Union Club

\$550 Entry Fee inc GST - Open Social Mens
Womens - TBC on expressions of interest

All entry fees go directly to prize pool
Very limited spots available
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SHOP 5, 9 BRUCE PARADE TEL 5493 0188

MOOLOOLAH CELLARS - MOOLOOLAH

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SHOP 5, 18-20 MARGARET STREET TEL 5445 9266

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BOTTLEMART.COM.AU

All specials available from Wednesday 30th September until Tuesday 13th October 2020. Images are for illustrative purposes only. Specials available only in the state of Queensland. Prices may vary in country and far North Queensland. Different pack sizes and variants may not be available in all stores. Bottlemart supports the responsible service of alcohol.

FOR SALE	NAMBOUR	FOR SALE	COES CREEK	FOR SALE	NAMBOUR	FOR SALE	NAMBOUR	FOR SALE	NAMBOUR										
10 SHEARER STREET		155 COES CREEK ROAD		81 HUNTINGDALE DRIVE		51 ELIZABETH STREET		40 RIGBY STREET											
5	2	2	711m ²	5	2	3	797m ²	3	1	2	850m ²	4	2	2	600m ²	3	3	2	658m ²
Peter Wrigley: 0407 374 349				Vanessa Brunton: 0467 448 850				Vanessa Brunton: 0467 448 850				Vanessa Brunton: 0467 448 850				Andy Sharma: 0410 989 177			



HUMANS OF COMPASS



(this photo was taken pre covid restrictions)

MEET "EARTH AND WOOD" - CALOUNDRA

Keeping Compass trainees engaged is easy when we are able to offer activities such as woodworking. The Team at "Earth and Wood" work together to create not only beautiful, but useful items such as chopping boards, rolling pins and cheese boards which are sold at the Compass retail outlet at the Garden Café, Maroochy Botanical Gardens, Tanawha.

Compass Support Worker Derek leads this initiative, using his woodworking knowledge and skills which he passes onto the Trainees. "Our focus this month is Mother's Day, we are making wood coasters in the shape of a heart. We change the product we make regularly in order to keep the trainees learning new skills".

Trainees Nick and Kelly look forward to utilizing new techniques in the woodwork shop and continually learning, honing and developing their skills to make stunning and creative products. Social Enterprises such as this are paramount to discovering hidden talents and promoting new interests for Compass trainees.

Helping make a difference to the lives of young Sunshine Coasters living with a disability



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