

SUNSHINE VALLEY Gazette

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AUCTION Sat, 29th Jan - 11am

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Clockwise from main: Logan 4 cools off at Nambour's new splash pad, top, which opened Saturday. Two new adventure slides, above, measuring 60 and 67 metres will be opened later this year.

Water wonderland

THE wait is over for Sunshine Coast residents and visitors to enjoy the new splash pad at the Nambour Aquatic Centre.

The zero-depth and fully accessible splash pad play area opened Saturday (January 22) and forms part of the much-anticipated splash park being developed with the support of Sunshine Coast Council, the Queensland Government's Works for Queensland program,

and pool lessee Belgravia Leisure.

The \$3.26 million investment includes two new adventure slides, measuring 60 and 67 metres which will be opened later this year. The upgrade also includes the recent addition of 44 new car parking spaces.

Councillor David Law said the project would deliver a water wonderland in the heart of the hinterland and be a drawcard to the town.

Together with the Centre's existing 50 metre lap pool and 25 metre indoor pool, which also has a mechanical chair that lowers into the pool for disability access, the new water play facilities will allow people of all ages to enjoy hours of healthy and active fun.

"It has been a challenging project, and like many construction projects across Australia, we've experienced material and supply delays caused by

the global pandemic," Cr Law said.

"I'm thrilled our community will now be able to enjoy early access to the splash pad, prior to the official opening of the splash park later this year."

The splash pad features 385 square metres of waterplay with two toddler slides, 20 water jet features and tipping buckets.

As well as providing hours of

family fun, the splash pad will encourage children's physical and sensory development through interaction with water play elements.

Entry to the splash pad will be included in the standard pool admission price. The complete splash park will be officially unveiled at a community event later this year when the two new adventure slides are also finished.

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New park enhances Nambour's 'green heart' through town

NAMBOUR residents are in for a treat with lush landscaping and shaded picnic areas in the town's new parkland providing the perfect place to relax.

Sunshine Coast Council Division 10 Councillor David Law said the recently completed \$650,000 stage one works would provide a 1.7 hectare green boost for the hinterland town. The park is next to Quota Park and behind Howard Street's Aldi Supermarket and Repco and adds to a network of parklands running through Nambour and the CBD.

"Council started this stage of works in June 2021 on the parcel of land adjoining the existing Quota Memorial Park which enhances the overall Petrie Creek open space corridor."

The total corridor stretches from Arundell Avenue roundabout to Crusher Park just beyond the Nambour Showgrounds.

"The stage one works are part of the wider park upgrade to create more green spaces and family-friendly areas for existing residents, visitors and new people set to call Nambour home in the future," Cr Law said.

"Footpaths now connect to Quota Memorial Park and the project includes 45,000 native trees and shrubs, creekside landscaping, and open green spaces for our community to socialise and enjoy time outdoors."

"This upgrade is very natural and is about encouraging our community to take a break from our busy work lives and our screens by relaxing and unwinding surrounded by nature."

"This is a great space to have lunch, a virtual meeting, kick a ball with friends or take the



Above: Cr Law and Genson Meier enjoy the spacious surrounds of the new as-yet unnamed park.
Left: The park, indicated, backing Aldi and Repco, is part of the broader Petrie Creek Parklands ... 38 hectares of open space in Nambour.

family to throw a frisbee, or fly a kite. "This natural open space is part of council's commitment to becoming Australia's most sustainable region - healthy, smart, creative."

This project is part of the Petrie Creek Parklands Open Space Master Plan which was endorsed by council in late 2017 and is delivering on Council's Environment and Liveability Strategy to provide long-term direction to guide growth and shape the future of our region.

Stage two works, replacing the existing Bridge to Quota Park, are expected to start mid-year.

Sunshine Coast Council consulted with the community in 2018, asking what they would like to see in the new park and one of the main requests was a dog off-leash area which has been delivered as part of stage one works.

Council has worked closely on the design

of the park with Kabi Kabi First Nations representatives and with the Petrie Creek Catchment Group to incorporate their feedback for increased vegetation.

For a full list of Sunshine Coast Council's 1085 parks and playgrounds visit council's Beaches and Parks Directory.

Park Fast Facts:

- Stage 1 of the park development is focused on building the park foundations including:
 - 600 metres of new pathways
 - 4700 m2 open area which has been set aside for future dog off-leash use
 - 92 native shade trees
 - 4429 native shrubs
 - two large turfed areas providing open spaces
- stage two works starting 2022.

Moment in Time



Mill Mangers' Tour during sugar town's heyday

Following the Moreton Sugar Mill's annual general meeting held on the 22nd May 1973, the Directors were taken on a tramline trip to Bli Bli in one of the mill's navy carriages. Mr David Glasgow [Mill Manager] is standing and Mr Arthur Thorogood [Director & Cane-grower] is seated to his right. Other Directors in the photo are Mr Frank Whalley and Sir Douglas Wadley.

Trees of Hope Christmas charity drive delivers 9 tons of goodness!

THE lofty goal was to hand out a remarkable eight tons of groceries for needy and homeless individuals and families for Christmas.

But Nambour and the Sunshine Coast dug deep, stepped up and delivered a record-breaking nine tons (9000 kilograms) of food in the Trees of Hope charity drive.

Organiser Imogene Dowler from The Shack Nambour says the rush of generosity building up to Christmas was overwhelming.

"The Community was so generous and we were blown away with how much people wanted to give. We cannot thank everyone enough. But we look forward to another drive, this year, and hope to make it even bigger."

"It was incredible," she said. "Well over the 8000kg mark, which is what we were aiming for."

"It allowed us to deliver 300 hampers to singles, couples and families, which was 50 more than we gifted last year."

Pictured, from left, The Shack crew and volunteers Adam Howard, Emma Kimball, Imogene, Dale and Donna Dowler and Aaron.



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Nambour women cricketers Nikita and Kylie Starcevich, Sharyn Eva, Ashley Calluy and Kym Ross at practice at the Showgrounds nets last week.

Fresh committee & women's team boosts Nambour cricket

NAMBOUR'S cricketers are enjoying somewhat of a resurgence this season as a new President, a new Committee, a new Women's team and an influx of fresh members help to redress the scorecard for one of the longest running clubs on the Coast.

Nambour Cricket Club (NCC) already boasts some of the best cricket facilities in the region at the Nambour Showgrounds. But it's their new focus on club culture as well as an investment in coaching and resources that is helping to reposition the club, both on and off the field.

Club President Steven Ledger, himself the third generation of a decorated Nambour cricketing family of players, coaches and administrators, says that the club actively looked to attract past players back to the club as well as extending a welcome to those who are new to the game or have played elsewhere.

"Historically, NCC has the most successful First Division on the Sunshine Coast and we really wanted to strengthen our offering for all age groups and re-establish the club at the heart of the local community."

Junior Coordinator Kate Baker thinks the new approach is already yielding results as evidenced in the strong start to the season made by our Under 17 team who are top of the table.

"After not having this age group for the last season or two, the Committee made its re-formation a priority as these players go on to form the basis of our future senior teams."

"The spirit of cricket is as important as the coaching"

The team is a mix of former Nambour juniors, some recruits from Maroochydore and Buderim, and one or two from outside the region.

This year the club has engaged the coaching expertise of ex-NSW Sheffield Shield player Rod Davidson as well as former Sunshine Coast Scorchers coach Ash Holznagel to develop all levels of cricket.

Nurturing a positive club culture is also a pri-

ority. "We are focusing on developing both good cricketers and good citizens," said Junior Development Officer Brad Watson.

"The spirit of cricket is as important as the coaching, and we are delighted with the start to the season the teams have made."

New Women's team

Nambour has also launched their inaugural Women's team in the Coast's competition this season who play every second Sunday and train weekly on Wednesday evenings. As the season has progressed, so too does the fun and skills level of these mostly working Mums, with some of the players being completely new to the game.

"It feels good to set an example to our kids as well as teaching them the patience and selflessness that sometimes they need to sit on the sidelines and support their parents for a change!" said a smiling captain Erika Bates. "The majority of us have only played backyard cricket - some have never played at all - but we're having such a good time and are always laughing."

There is a strong family vibe surrounding the team with husbands, partners and children showing their support by pitching in with coaching tips, scoring and umpiring duties.

Player Kylie Starcevich says that it is also helping to develop pathways for their daughters. "We are demonstrating to our kids that girls play cricket too and creating conversations around that, as well as increasing diversity in the club and encouraging a broader membership base."

"We have a real 'the more the merrier' attitude which encourages newcomers to pick up a bat or ball and join in. Everybody is just getting started so it's a lot of fun. People have come to fill in for just a game and end up signing up for the season because they have such a good time."

• For more information about joining the club contact Kate Denaro Junior Coordinator Nambour Cricket Club juniors@nambourcc.com 0438 761 293.



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Local cafes owners call for mandate understanding



Shotgun Espresso, Maleny
Kelly Robson: "I can't thank enough, the people who have been kind and cooperative".

The *Gazette* spoke to two hinterland cafe owners to understand how they were coping under the weight of Omicron and restrictions affecting the hospitality industry.

MALENY'S Shotgun Espresso owner Kelly Robson said cafes had been put in the difficult position of balancing implementing the mandates with trying to cater to customers. She said rostering and staff morale were difficult and trying to keep the doors open and stay afloat financially were constant considerations. Kelly said everyone in hospitality was trying to cope under demanding circumstances out of their control. "It's been a really long couple of years," she said. "We bend over backwards to comply with mandates and policies, and we still seem to cop the flack. We just feel damned if we do, damned if we don't. I can't even imagine what some people think we could do better, as we do everything we can in a difficult situation. "I'd like to say to people: 'We're feeling this as much as you. We don't want to be putting in these restrictions. We don't want to be segregating you guys.' "I mean I don't want to be instructing and directing and telling grownups what to do. However, if I don't ... our house is on the line. This cafe is my home mortgage. This cafe is my

entire life. Everything is invested in it. "If I get that opportunity to explain that, people suddenly look a little deeper and understand our position." Kelly said it was unfair small businesses had been forced into a situation of policing mandates but with no support from the authorities. "Sometimes I feel like: Why am I having to go about explaining this to everybody? It surprises me that people don't really get that from the get go. Under what circumstances would any business go: 'Please, restrict me heavily, and make me have my juniors police the public?' "We didn't design this cafe with these ever-changing mandates in mind. So we're put in a situation where we have to explain our bizarre system to people." Despite the difficulties it was the kindness of customers that kept her going. "There are so many people that are so kind and really cooperative and understand what's going on for us. And we also understand that people in the public have been overwhelmed and find the whole thing confronting. "But then some people just think people in service are a punching bag. That (notion), I would love to change." "But I can't thank enough, the people who have been kind and cooperative."

Frankies Cafe Woombye

FRANKIES Cafe Woombye owner Rebecca Galler said buffering her staff against public anxiety in the charged Covid atmosphere was challenging.

"Everybody has emotions around Covid, and opinions, but it's what we can do as a team, as a collective to keep Frankies going that matters," she said. "Because nobody wants to not have a job. Nobody who I work with wants us to close down. I don't want to close down my dream. I want to keep this going and work through this together and keep my team with what staff we've got because they're great. "They're great people and they're great workers and it seems like people in the community all feel the same way. Keeping everybody employed and keeping our business going is the goal at the end of the day."

Rebecca said every hospitality owner was trying to cope emotionally with running a business during a pandemic. "I personally, obviously, have my down days, which is inevitable," she said. "But it's about changing your mindset personally to go: 'Okay, today sucked, but how am I going to be better tomorrow? What am I going to change within myself or my team or my business to bring people in?' "That's what this whole pandemic, I guess, has really taught me as a person and as a boss and as a business owner is, you can't keep being complacent. "You've got to really think outside the box. You've got to really stay positive within yourself to know that you have trust in yourself that you can get through this. That's definitely what we've had to do as a business." Rebecca hoped people understood that everyone in the industry was doing their best to cater to the needs of customers while adhering to the mandates. "You don't open a business to be told how to run your business," she said. "You open a business because this is what you want to do. This is where you want to put all your time, all your energy, all of your trust, to grow for your staff, your shop, for your family, for yourself. "We've all got dreams that we want to meet.



Rebecca Galler from Frankies Cafe at Woombye says everyone is trying to cope emotionally.

But this is what the government has thrown at us. So, all we can do is make the most of the situation within the guidelines that we've been given." She said planning ahead was a nightmare. "It's really difficult to budget and to roster because you don't know how it's going to be because each week is so different. For example, last Saturday, I felt like I shouldn't have been there because it was so quiet. When today we're so busy. It's so up and down. It's very hard to predict. "There's been days where we've had to close early, or we've had staff members that have been affected by (Covid) with their family, so they've had to leave and I've had to close the shop early. "It's just about talking about it, I guess and coming back stronger tomorrow and asking, 'What can we do tomorrow to make it better?', essentially."

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Signs of the times. Businesses make best of awful situation

MANDATES have caused major disruptions to local businesses which are struggling to cope with staffing issues and financial losses while trying to obey and police the rules.

Some cafe owners chose to close their dining areas and revert to takeaway-only to avoid discriminating against patrons.

Several shops adopted tongue-in-cheek compliance plans, while others, particularly retail and hospitality – had no option but to close their doors for lack of staff. Others are taking a light-hearted approach to the situation.

The restrictions have had serious repercussions in what, for many, is the busiest trade time of the year.

The total number of known infections on the Coast was 20,103 on Monday. The region had recorded eight deaths from the virus by Monday, a rate of .04 percent deaths to total known cases.

Shopfront Signs of the Times

Message on shopfront posters around the hinterland included:

Nambour Cafe: "In order to include everyone, we have moved to takeaway options only in line with current health guidelines."

Shut bakery sign: "To our dear customers, due to COVID we are unable to get any staff. We thank you so much for your support."

Another Bakery: "We are currently short of staff. Some of our products may be temporarily unavailable. Thanks you for your patience and understanding."

Nambour charity: "Due to the mandates requiring volunteers and students to check vaccine status and contact police if faced with



refusal to comply, we have chosen to close our store. Our chaity refuses to discriminate."

Clothing retailer: "Dear customers, to support the government's direction making face masks compulsory, and to keep our team and other customers safe, wearing a face mask is a condition of entry to this store. If you are not wearing a face mask, we will politely ask you to shop elsewhere."

Other's took a light-hearted approach and chose not to enforce the mandates.

Retailer: "We value your Privacy. We have been mandated (which is an offer) to ask if you are vaccinated. However, it would be in breach of your privacy to ask you to disclose your medical information. We are not a medical practitioner, so if you choose to keep this information private, we will respect your right to privacy. All welcome. Thank you for your patronage."

Local cafe: "The government wants you to: 1. Check in on arrival or when you sit down at the table. 2. Let the waiter or front of house staff know your vaccine status when you order," said a cafe sign. "If we are in the business of asking inappropriate questions to people, here are some more if you'd like to answer them just for a laugh: 1. Is your hair secretly ginger. 2. Did you lie about question 1? 3. Are you on Santas' Naughty or Nice list this year?"

Local cafe: "Welcome All. The Queensland Government has mandated that you be vaccinated to dine at this premises. It is your responsibility to check in, and by entering it will be implied that you have done so."

Charities: Nambour's Lifeline and St Vinnies also posted signs last week announcing unforeseen closures and workarounds.

Seniors, businesses bunker down and charity helps people doing it tough ...

THE Sunshine Coast could hit the peak of the Omicron wave as early as next week, in news that will be welcomed by businesses, individuals and charities struggling under the restrictions. Here is what some of them said.

St Vincent de Paul Society Nambour

St Vincent de Paul Society Nambour Conference President Teresa Forrest said many families were doing it tough. "Homelessness and high rents continues to be a big issue here on the Sunshine Coast and elsewhere.

"At Vinnies Support Centre, we are working from the office but not seeing companions face-to-face. We were advised to try and work from home as much as possible by St Vincent de Paul during January so we opted for some members who are comfortable to do so, to come into the office and take phone interviews.

"We are able to provide food, pay bills, send vouchers while companions wait outside in their car or at a distance outside the doors.

"It seems to be working. This means we can continue to give them the help they need."

Yandina retailer

Yandina's Dennis Sutton of Feather's Nest Creations, Bead Supplies Australia and The Girls' Paper Cave said turnover was down 50 percent on last year's monthly average across his three businesses.

"When Covid first hit the Government provided Sole Trader relief of \$750 a fortnight when turnover was down by 35%.

"This helped us to keep trading but in a reduced capacity and pay our bills.

"This relief is no longer available.

"I know that there is a limit to the Government's ability to keep funding small business during this crisis but Queensland has only been affected since the borders were opened."

Nambour Retailer

"My shop was going much better just before Christmas. Then, all of a sudden, masks are back on and yet again I have hit another great big brick wall. Last week and this one were worse than during lockdowns periods of the last two years and I suspect all the tourists will go home again soon."

Nambour Show

Sunshine Coast Show Manager Penny Walsh said organisers were optimistically working

towards holding the Show from 10-12 June.

"We realise that the goal posts may keep moving but we have to look on the positive side of things and hopefully we will bring some joy to the community if we do pull off a Show.

"There are a few shows who were due to be held in the next few weeks but have decided to postpone due to the number of positive cases going around the state at the moment.

"Stanthorpe is the first show on the show calendar and they made the decision to postpone until later in the year."

Maleny Golf Club

"Apart from the occasional lockdown and the odd cancelled round, the Club has managed to withstand the dramatic impacts we have seen in other business sectors," said President Stephen Porter. "We are indeed fortunate that golf is essentially a socially-distant outdoor leisure activity and subject to fewer restrictions.

"Notwithstanding, we do mandate the wearing of masks indoors and restrict access to our social gathering areas (to double vaccinated members, guests, and visitors) - to help protect our patrons, staff, and the business."

Seniors

Nambour's Don McGlusky and his wife are both 85 so they say they only venture out when necessary. "We have had our three vaccinations and I think Covid will probably finish up the same as the flu with probably a yearly shot," Don said. "Unfortunately there is too much conflicting information circulating at present regarding vaccination which is unhelpful."

Another senior said he and his wife had cut their travel and socialising in half.

"Since last December we have cut that meagre amount of socialising to the absolute minimum, in order to minimise the risk of catching COVID or passing it on.

"If we ever had an invitation from friends or relatives, we would consider it and might accept, unless it came from known anti-vax relatives.

"It seems our friends and relatives are also bunkering down as well though.

"While we are both triple vaccinated, the financial and health risks are still considerable and it is easier to lie low and stay home. We occasionally go out to shop, mainly for groceries, but we get in and get out as quickly as possible."

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Featured artist at the Yandina Historic House Gallery is Colin Nation.

Landscape painter features at Gallery

YANDINA landscape painter Colin Nation the current Featured Artist at the Yandina Historic House Gallery.

Colin is a local Yandina landscape artist and surfer who loves to paint the many beautiful local scenes on the Sunshine Coast. But he often has to decide whether to surf it or paint it.

You may see Col out and about around the Sunshine Coast as he paints 'en plein air' (painting in the open air) either by himself or with a group of his painting mates.

Colin also does some studio works, especially for larger paintings. If you have a local scene in mind for your own painting collection, or want to decorate and brighten an area of your home, Colin can paint one for you.

Call into the Yandina Historic House art gallery at 3 Pioneer Road, Yandina and have a look at his styles and Colin can paint one for you to suit the size, colours and scene you would like.

The gallery is open 9.30am to 2.30pm Monday to Saturday. Remember to enjoy one of their famous Devonshire Teas while you are there.

Mural group maintains drive to colour the hinterland

STREET Art Nambour is calling for hinterland towns to join a mural tourism trail which could become a major tourist attraction as the organisation sets its sights high for 2022.

"We are on track to add colour, not only to Nambour but to other towns throughout the hinterland," said Street Art Nambour Chairperson Lorraine Taylor. "We want to connect hinterland towns to Nambour, the heart of the hinterland. It helps put us all on the map."

In other news the group has hit the ground running this year with two murals already completed, one in Mill Street and another at Nambour RSL.

Nambour artist Sarah Sculley and her assistant Crystal LePoint have just finished a mural on Can Do Finance in Mill St opposite Hungry Jacks. "When Sarah does a mural she pours her heart and soul into it. And Crystal is an emerging artist and she's gone up another step with the completion of this project," said Lorraine. "She's actually designing and creating murals with Sarah's guidance and this one is a credit to them both."

The artists have also finished a mural on the RSL honouring the three armed services.

"That design has been chosen with the approval and input from Nambour RSL based on feedback they received from the three armed services and from a vote by their membership. All three services are represented."

Meanwhile, in what Lorraine described as a major promotional boost for Nambour, the group will also feature on Chanel 7's "Weekender" in a segment to be aired 5.30pm Sunday, January 30.

"They did a bit of a speil about me and how we started and they filmed many of the murals we've done around town," said Lorraine. "The initiative was sponsored by Visit Sunshine Coast



Above: Sarah Sculley prepares to paint the RSL Mural. Below: The finished product.



and it features our murals and the story of how we started."

The coverage was welcome news for the group who's major event, Fuse Fest, (a celebration of the "fusion" of art, ales, food and music) had to be cancelled last year because of COVID.



From left, President Sue Power, Margaret Cooke, Bill Monahan, Bob & Lorraine Roberts at the Christmas lunch.

Nambour Probus Club gets info on Cross River Rail

THE past year has been difficult for Nambour Probus Club due to Covid as it has been for most organisations.

However, the club managed to have some outings subject to the strict regulations required. This has resulted in a lot of extra work for our tour director.

To wrap up the year the club visited the Cross River Rail Information Centre in Elizabeth Street Brisbane. This is a massive project and the centre has many displays and interactive videos which are very interesting.

Our tour director is in the process of arranging a day trip on the Brisbane River in the coming months. The final event for the year was an excellent three course Christmas lunch at the Coolum Hotel. It was also President Sue Power's pleasant duty to invest four new members to the club.

Joshua Hatcher returns to The Jazz Sessions

JOSHUA Hatcher is a Brisbane-based saxophonist, composer and music educator. He was a finalist in the 2016 National Jazz Awards (saxophone) at Wangaratta, and two selections from his album "Now and Then" were finalists in the 2016 Q-Music Awards Jazz Category.

Join us for this celebration of jazz at The Jazz Sessions at Glass House Brewery, Forest Glen on Sunday January 30. Doors open at 5.30pm for a 6pm show. A \$54 ticket gets you a two-course dinner along with the incredible show. Tickets www.stickytickets.com.au/TheJazzSessions.

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Meeting held to discuss traffic, parking and development concerns in Palmwoods

PALMWOODS State Member Rob Skelton and Councillor Winston Johnston kindly attended an informal meeting to meet residents concerned about the impact changes might have on movement and access for residents of Sundale Village.

In December last year Department of Main Roads distributed information about proposed pedestrian improvements in Palmwoods which required feedback be submitted by January 21 2022.

Concerns raised at the meeting last Thursday included:

- concerns about the removal of parking spaces;
- the difficulties for residents who use mobility scooters to access shops and amenities on Margaret Street and the local area; and
- the potential increased traffic which will result from development within Palmwoods.

Both representatives were open and honest with their understanding of the concerns and expressed the views that the proposed plans were a short term or "band aid" for traffic flow problems that have affected Palmwoods for a number of years.

Both also stated that although they can raise concerns and views of the residents the Department of Main Roads will make the final decision on all main roads directly leading into and out of towns. DMR in turn are required to comply with legislated standards.

They said the safety of residents and road users was of primary importance and agreed that of the three options proposed by DMR a crossing outside Rick's Garage was the best, coupled with the traffic calming measures proposed.

The potential safety issues confronting mobility scooters having to ride against the traffic flow when going up the hill along Margaret Street was something that would have to be given further consideration.

The removal of parking spaces was not ideal as parking within Palmwoods is limited currently and the removal of parking spaces to create pedestrian crossings will reduce this further.

However it was thought that the provision



of safe crossing points outweighed the parking access. Mr Skelton and Cr Johnston will consider more ways to increase parking.

Questions were raised about future developments in Palmwoods such as the light industrial sheds in Main Street, residential development on Palmwoods/Montville Road, the additional GemLife development and the proposed shopping centre development.

Councillor Johnston said that there were plans for a roundabout at the Churchill Street intersection with Margaret Street and Palmwoods/Montville Road. This would be funded by the shopping centre developer and the council. It would be a smaller shopping centre footprint than originally proposed due to council requirements in consideration of potential traffic impacts.

Mr Skelton said the problems shared by state and local planners in the hinterland area included preserving the integrity and environment of Palmwoods while trying to meet the growing needs of the area and ensuring in all cases that these changes are done with safety as the primary focus.

Both representatives said they actively worked together for the best outcomes in the interests and concerns of their constituents.

From left Wes Parry, Marty Cloeraine, Member Nicklin Rob Skelton, Peter Stidolph and Cr Winston Johnston.

Mapleton Choir to entertain in Montville this morning

A small a'capella group from the Mapleton choir will be singing at the Montville Village Australia Day celebrations this morning.

It is a tradition for us to take part in this local community activity and one that we enjoy.

The full choir will resume rehearsals on Monday 14 February 2022 at 7 pm at Kureelpha hall.

Due to current regulations only vaccinated people will be permitted to take part and proof of vaccination will be required on arrival. Mask and social distance guidelines must also be followed.

We sing in 4 part harmony and have an exciting programme to learn for our May concert. New members are always welcome.

For enquiries phone Ailsa on 5478 6079 or Robyn on 0403 761 147.



Weed warriors: Kel Callaghan, Graeme Jones and Cheri Deutchmann.

Bushcarers' give Madeira the boot

THESE three keen bushcarers Kel Callaghan, Graeme Jones and Cheri Deutchmann as well as Des Byquar and Norm Morwood, put in a couple of hours in early January to collect a boot-full of Madeira Vine sprouts.

Their work helped foil any attempt by these exotic vines — aided by the recent run of wet weather — to strangle the natives local bushcarers have been establishing at Namba Ck in the Model Rail Park. They'll be restarting regular Bees as you read this.

They have held three habitat creation bees in January including the one illustrated in the photo. The next Bees will be in February.

- First up will be Florabunda Pocket (at the creek end of Laidlaw Rd Woombye near the Rugby Club Building) on Saturday 5 Feb 2022 starting at 7 am.

- Next will be Namba Ck (Model Railway Park Nambour) on Saturday 19 Feb 2022 starting at 7am

To join these events you'll need to come in "long everything" bush protective clothing including boots/shoes and a hat. Observing all current Covid protocols is also essential.

All tools required will be provided and we'll finish with a cuppa after a couple of hours of solid exercise and satisfying achievement in the outdoor air.

- For more info see the FB Page @Petrie-CreekCatchmentCareGroupInc/ or go to sunshinecoast.qld.gov.au and search "BushCare" or contact Norm Morwood 0409 63 99 44 or email normmorwood@gmail.com

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Group fights for affordable Maleny rentals

THERE has always been a shortage of rentals in Maleny but never before to the current extent and at such high prices, according to Paulette Steele, one of the Directors of Smart Living Society Limited.

A recent report by Well Home Loans had just one property out of 612 rentals available for more than 21 days while weekly rentals for houses increased by an alarming \$150 in Maleny.

"We know that there are many local residents who have rented a home here for decades, who have made their lives in our town, who have contributed a lot to our local community and are well known to other residents, but through no fault of their own have become vulnerable," said Paulette. "We are also aware that causes can be many and varied and include but are not limited to common occurrences that can befall a member of a family or an individual at any time."

"Some of these people have been forced to move further afield to find affordable rental accommodation. The impact of this is decimating to them and to their family, friends and to local businesses and community groups."

Paulette said the issue led local residents to form Smart Living Society Limited six years ago. Their goal was to create secure affordable rental housing in Maleny so long term residents do not have to leave town.

Smart Living Society Limited has subsequently been registered as a charitable organisation enabling donations to be tax deductible.

"We are a dedicated bunch of local people who have been striving to accomplish our goal for several years and refuse to give up," said Paulette. "Our directors and members are all volunteers and our minimal administration expenses are funded from raffles and local events. Therefore, 100 percent of donations are automatically banked into our charitable fund for the purpose of creating affordable rental housing."

• Paulette said the organisation would welcome input and ideas from the public. Email admin@smartlivingsociety.org Facebook @SmartLivingSocietyLimited or check the website www.smartlivingsocietylimited.org



Tim Fleming and his son Hugh are new members at Palmwoods Bowls Club.

Young gun and his Dad take to bowls at local club, much to members' delight

IT'S a sport traditionally played by retirees. But the average face of lawn bowls looks a lot younger at Palmwoods when 14 year old Hugh Fleming hits the rink.

Hugh and his dad Tim are members at Palmwoods Bowls Club. Neither had played before Hugh decided to give it a go and inspired his Dad, who joined a few weeks later.

Club officials obviously aren't all that strict on the age restrictions at Palmwoods because Hugh was out last Tuesday competing in the regular "Over 60s" social competition.

"We don't check the birth certificates when you sign up to play," confirmed a smiling chairperson Glynis Myers. "Bowls is a game for everyone, and we welcome and encourage people of all ages to come join us. We're very excited to have Hugh and his father come and play. The old guys love having him around."

Hugh says he enjoys the fellowship of the older players and the novelty of being the youngster. "I just love playing the game," he

said.

Tim said his son drew him into the game after he'd watched him play a few times. "The people here have been really supportive with their information and tips and are happy to help two new players," he said.

Board member David Swales said it was heartening to see a young person take an interest in the sport.

"It's not just an old man's game," he said. "It's a game for everybody. It involves a lot of skill. And it's encouraging to see a young person like him take an interest in the game we love. And there are proper junior pathways for players who want to compete at higher levels."

"But right now I think Hugh's happy to play the social games and all the old guys are certainly enjoying his company."

As the oldest surviving Bowls Club on Sunshine Coast, founded in 1931, it is credit to Glynis and her board and team of volunteers that the future of the club looks bright.



Reverend Deborah Bird.

Chanting for Peace in anxious times

BEGINNING in March, St George's Anglican Church Maleny will offer a monthly service in the style of Taize.

"A Taize service is a time of song, simple prayers and silence," explained Parish Priest Deborah Bird.

"There is no preaching - only simple chants interspersed with short pieces of scripture and poetry that prompt spiritual reflection on what is going on inside us, and where we may need rest and connection."

Originating with the monks of an ecumenical community in France, contemplative Taize styled gatherings have spread all over the world.

Through the anxiety of COVID19, people from all kinds of backgrounds have found relief in contemplative practices, and encouragement in beautiful poetic words and chants.

"Everyone is welcome at these easy-going services," said Reverend Bird. "A simple warm soup supper is offered afterward for anyone who would enjoy it."

Taize services will be held 6pm at St George's on the first Sunday of each month from March.

• Enquiries: Deb Bird ph 0457 519 899 or deborah.bird@anglicanchurchsq.org.au

Thank you Palmwoods!

As recipients of a \$10,000 grant from Heritage Bank Palmwoods Community Branch, the Giving Kids Memories team were able to head out on their Annual Christmas Run to bring Christmas cheer to outback towns and remote parts of Queensland.



Giving Kids Memories is proudly supported by

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Visit your local community branch at Palmwoods Plaza or call 07 5294 0600

Honest filmmaker wants to inspire others to pursue dream

AN actor whose film recently won three awards at an international film festival says he wants to use his example to encourage other movie buffs to explore their creativity.

Working on a shoe-string budget former Maleny resident Robin Nicolle shot the film locally, sourced the cast online and collaborated on the project with his friend Glenn Ganley who added his input and equipment.

"It was the first award of my career and a fantastic experience for us all," said Robin.

In addition to Robin's award, Glenn won Best Editor and "Honest Police" was named Best Film at the International Media Arts and Film Awards (IMAFFA).

Robin said it was particularly important during the pandemic for film enthusiasts, movie makers, fans and students to celebrate story telling and film making.

"It was an awesome experience," he said. "I want people to be inspired to write and produce their own ideas, especially during a pandemic when they may be feeling scared and anxious. It helped me and it will help others through these strange times."

Honest Police is a wacky comedy about a misguided but well-intentioned police officer who thinks he has the best and most important job in the world and spends his time apprehending people for dishonesty rather than actual criminality. In one scene, he chases down a bottle shop customer who knowingly accepted too much change from the cashier without correcting him.



Robin Nicolle stars in Honest Police which is continuing on the festival circuit after picking up three awards at the International Media Arts Film Awards.

"He decides to start arresting people for various small offences like driving without a seat-belt and things like that," said Robin. "As you can imagine, he gets into big trouble."

The Bats Theatre group member said writing the film and winning the award was "just one of the best experiences I've ever had."

"I wanted people to get a lot of entertainment value out of the film and obviously they did. The awards were livestreamed so people around the world were watching. The recognition means people enjoyed our work and appreciated the film and our ideas."

The Awards were held in Kampala, Uganda earlier this month and were live streamed due to Covid restrictions.

Robin can be contacted at rjnicolle@hotmail.com.

Family celebrates as fabulous Fred turns 101



NAMBOUR resident Frederick Sandell turned 101 on Saturday January 15. Daughter Mirth Fabbro said Fred's nephew and wife drove up from Wollongong to share in the family celebrations.

"We had a party at my home with family and respective partners. Dad had a lovely day complete with a double vanilla sponge cake."

Mr Sandell had the same career his entire working life. He began as a commercial accountant in December 1935 as a junior clerk with Australian Iron and Steel Ltd at Port Kembla NSW. His career finished in Rockhampton in 1989 when Mr Sandell retired from Australian Provincial Newspapers as assistant manager.

In 2013, when Mr Sandell was 92, he was acknowledged with a 70 years of Membership from CPA Australia.

It was only about four years ago Fred and his wife Jean sold their Kenilworth property, which had been in the family for 100 years, and moved to Nambour to be closer to Mirth.

LEFT: Fred Sandell, 101, of Nambour cuts his birthday cake.

'Pay What You Can' Feldenkrais classes

WHEN was the last time you noticed how you stood up from a chair or your bed? Are you aware of how you walk or how you breathe?

According to Woombye Feldenkrais teacher Liz Page our bodies do thousands of automatic movements each day as we lift objects, change positions or just sit at our desks.

"We're blissfully unaware of how we make these basic movements until we begin to feel pain in some part of our body," she said.

"Over a lifetime of repetitive movements, poor posture, stresses and injuries, our wonderful bodies learn to compensate.

"We grow new neural pathways to avoid movements that cause us pain and learn to use other parts of our bodies to accomplish those movements instead."

Unfortunately, over time, this often leads to pain and wear and tear in parts of our body that have to compensate. "They're being used



Feldenkrais teacher Liz Page with a client.

to make movements they're not designed to do, resulting in injury and inflammation."

She says the key is to bring awareness to these basic movements. "When you take them off autopilot you can begin the process of consciously rewiring your brain to build new, healthier neural pathways. You can come back to that place of ease and freedom from pain that you enjoyed as a child."

Liz offers gentle, one-hour, weekly Feldenkrais Awareness Through Movement classes.

"You will explore your body, release stress and allow healing to happen," she said.

During January and February Liz and colleague Phil Smith are offering Gazette readers the opportunity to attend a weekly class and "Pay What They Can". Go to lizpage.com.au for more details or email support@lizpage.com.au.

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'Staff at Nambour just keep on doing their jobs'

Nambour General Hospital Allied Health Assistant **Gary Mckitterick Gillett's** passion is to help raise funds for Parkinson's Disease through Treks to Mt Everest. He reflects here on how Trek cancellations due to the pandemic have affected his fund-raising and how staff are coping at the hospital.



Gary Mckitterick Gillett's passion is to help raise funds for Parkinson's Disease.

THE past two years have proved challenging for everyone. Passports have stayed in drawers, awaiting a time to remerge and explore the world again. Lock downs have frustrated us and hindered our natural instincts to travel and explore, visit family, and even work.

We have trekked local hills "Everesting" as best we could. Border closures and mandates have driven us to get vaxxed, with the hope that we could again venture outside and explore the world. We may now be seeing that proverbial light.

We had travel to Nepal cancelled in 2020 and again in 2021. So we adapted to our new world and Everested Mt Coolum and Mt Ngunnunn, climbing each 42 times over a five day period, matching the height of Mt Everest and raising funds to help Shake It Up Australia to fund Parkinson's Disease research in Australia.

I have seen firsthand how people's anxiety has risen with each new strain, and with the daily press releases from State Premiers and health experts. It became extremely hard to keep up, with each state doing their own thing.

Hospital staff just kept working, caring for patients, because, just because Covid was around, did not stop all of the other ailments: strokes, Parkinson's Disease, dementia, falls, type 2 diabetes to name a few.

The elderly still fall over and get sick.

The staff at Nambour just keep on fronting up and doing their job. The majority off us got the jab, I got both the jabs and the booster, because I work with patients that are compromised and I felt responsible for them and for myself.

Social distancing is fairly impossible when rehabbing someone, after a fall, helping them to walk again.

My passion at Trek Ready Himalayas has been to help raise funds and a conversation about Parkinson's Disease by supporting Shake It Up Australia and preparing for the time to

travel to Nepal with a group of like-minded people and explore the amazing Himalayas, which we are now planning for May 2022.

We combine raising money for a cause close to our heart and trekking to Everest Base Camp, with a group of like-minded people.

This is an opportunity to make a real difference to Australian lives, you may find that people will be very generous and supportive of you taking on something as unique and impressive as this!

Covid has caused mayhem, but it can't define us, we are explorers at heart and explore we will.

Preparation is underway for travel to Mt Everest Base Camp in May 2022. Yes, May 2022. "Trek For Parkinson's 2022" will provide the ideal build up to traveling to Nepal in May.

"Its not the mountain that we conquer, but ourselves," said Sir Edmund Hilary.

2022 will hopefully bring more adventure and goodwill. The seduction of Mount Everest has long been known to travellers, climbers, and adventurers alike.

You are invited to join us and share in the adventure. Contact me on Facebook @ trekreadyhimalayas

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New planning scheme in the works

Council is in the early stages of preparing a new planning scheme and everyone will soon have the opportunity to provide initial feedback on the proposed planning directions for our region. Visit Council's website and sign up today to receive updates and details on future engagement activities on the project.

Explore 73km of Coastal Pathway

This summer, grab the kids, bikes or scooters and get out and explore 73km of Coastal Pathway and all it has to offer! Hugging the coastline from Bells Creek to Coolum, the pathway offers families easy riding or walking with connections to local parks and playgrounds and a coffee stop or two along the way. Check out the Coastal Pathway guide or watch the videos of what the pathway has to offer by visiting Council's website.

The Refinery 4.0

Working on a creative business idea but don't know how to take the next step? Or maybe your creative business could do with a refresh, realign and a bit of a shake up? Refinery 2022 is open for applications and is encouraging creative entrepreneurs of all kinds to apply. Visit therefinerysunshinecoast.com to apply and for more details.

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Register through MyCouncil for your rates for a chance to win

Your Council rate notice will arrive soon and payment is due by Friday, 25 February. If you register through MyCouncil to receive future rates notices by email, you'll go in the running to win up to \$1000 off your next rates bill. Visit Council's website now for more information.

Koalas need flying-foxes to survive

Flying-foxes keep our native forests healthy. Some trees, like Australian eucalypts, only flower at night and depend on flying-foxes for survival to pollinate their flowers and spread their seeds. Without flying-foxes, there would be no food and shelter for our koalas, no pristine habitat for our native birds, and no magnificent forests for us all to enjoy. Head to Council's website for tips on living with this incredibly important native species.

One for the calendar

Next Council Ordinary Meeting - Thursday, 27 January at 9am.

Turtle hatchlings are coming!

Register for Clean up for the Hatchlings and help clean up our beaches to give our turtle hatchlings a clear run to the ocean. Come along at 6am on Saturday, 29 January at 19 beach clean-up locations from Caloundra to Coolum. Sign up via Council's events website.

Is your pool safe?

It's hot outside and your swimming pool is the perfect place to be – but is it safe? Pools capable of holding more than 300mm in depth, which includes all swimming pools, spas, portable and inflatable pools, must comply with the Queensland Government pool safety standard. Pool owners should be doing regular checks to ensure their swimming pool barriers are compliant. Visit Council's website for more information.

Unearth Invertebrates this summer

Unearth Invertebrates at Mary Cairncross Scenic Reserve in Maleny this summer. Come along to see the Spineless Wonders display in the Rainforest Discovery Centre. Learn about spiders and insects, worms and beetles as you get up close and personal with the unsung heroes of the animal world, invertebrates! The Rainforest Discovery Centre is open 9.30am to 3.30pm daily. Visit the Mary Cairncross website for details.

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Young graduate remembered as 'always smiling' teen

by Tegan Annett from the Sunshine Coast Daily

FRIENDS and family are mourning the loss of an "always smiling" Nambour State College graduate with defence force ambitions.

The life of the Bli Bli teenager was tragically cut short days after he was progressing his application for the defence force.

Castor Zabala could not be saved after his car slid and crashed on Friday January 14 despite the best efforts of witnesses and paramedics.

The Nambour State College 2021 graduate and son to Crystal Hann and step son to Bevan McMartin has been described as a "role model".

His step aunty Kerrie McMartin said Castor enjoyed his time helping at the McMartin family farm at Bli Bli, picking strawberries or lychees and selling them at the shop.

"He will always be remembered as the kid who was always smiling or whistling," she said. "Saying he was extremely happy just doesn't cut it.

"He was more than that to us. He will always be remembered as a beautiful soul."

She said two days before the accident Castor was completing allergen tests for his application for the Australian Defence Force.

"He was a kid who was going places," she said.

He lived in Bli Bli with his mum Crystal – who works at Sunshine Coast University Hospital – and sugar cane farming step dad Bevan for five years.

School friends Ethan Zande and Harrison Adler said Castor was a role model.

Ethan, 15, said Castor enjoyed playing basketball for Nambour State College.

"He was always like a big brother to us younger boys at school," Ethan said.



Friends and family are remembering Castor Zabala as an "always smiling" young man after his life was tragically cut short in a car crash at Rosemount. Picture: Event Photography

Harrison said he was a "kind hearted" mate who brought joy to everyone around him.

Ms McMartin said Castor had more driving experience than most teenagers because of his time spent on farms at Bli Bli.

She hoped his family and friends could focus on the happy memories they had with the young man.

"I think it's important in times when someone passes that it's not about what you've lost but what you've gained by having them in your life," Ms McMartin said.

"He really was the light in everyone's life."

Burnside NHW Group February meeting cancelled

DUE to the ongoing COVID-19/Omicron situation, and with our residents' health and safety being our top priority, we have reluctantly decided to cancel our next meeting, scheduled for Wednesday February 2. We now look forward to meeting our residents at our next scheduled meeting on Wednesday May 4,

hoping things have generally improved by then, so we can meet against a safer backdrop.

In the meantime, we can be found on our Facebook page, and information to help Burnside residents stay safe can be found on the Queensland Neighbourhood Watch blog page at: www.nhwq.org/burnside/



'Adult fairytale' premieres at Old Ambo

A bold new venture launches at The Old Ambulance Station, Nambour on Thursday 27 January for three performances only.

"The Swan" is an adult fairytale that explores what it means to know love and know yourself in this contemporary world that is continually buffeted by the ravages of what it means to be alive.

It will play in The Black Box Theatre from Thursday 27 January to Saturday 29 January.

Directed and designed by acclaimed artist and Fulbright Fellow Michael Beh the production features dynamic local artists Sharon Grimley and David Readett and emerging VCA acting graduate, James Reiser.

"With lighting design by the celebrated Travis MacFarlane and marketing by theatre dynamo Jo Hendrie, The Swan is designed to empower the work of local, independent performance artists and creatives," a spokesperson said.

Nature Watch

King Parrot likes mangos

Don McGlusky from Diddillibah snapped this photo of his resident mango thief, a King Parrot. "We have been invaded by parrots, mainly Rainbow Lorikeets and King parrots. While they visit our Grevilleas, Bottle Brushes and Lily Pillies they even chew through the protective covers on the mangoes to get at the fruit. It's a certain indication that their native source of fruiting trees has been decimated over the years hence they resort to fruit trees in back yards."



Volunteers recognised for dedication to local bush care

YEARS dedicated to restoring the environment and volunteering with Bushcare Sunshine Coast has seen Glenn and Judy Burns presented the 2021 Silver Mattock award.

The couple is involved with the Waterwatch Program run by Maroochy Waterwatch and attend regular working bees with Gulung Gung Bushcare Group at Nambour's Quota Memorial Park and Namba Creek Group at the Model Railway Park.

"Glenn and Judy have been involved in the Bushcare Sunshine Coast program for more than 10 years and have been enthusiastic members of Nambour surrounds environmental restoration, for over 30," said Sunshine Coast Councillor Maria Suarez.

"The pair has donated hundreds of hours of their own time to rehabilitating and enhancing our environment and bushland reserves - and on behalf of our community and council, I thank them."

Glenn and Judy said their work alone was rewarding. "We both enjoy the opportunity to work outdoors and, with like-minded others, planting up the Petrie Creek riparian corridor," Mr Burns said.

"One of the attractions of Nambour is its green heart with its much-appreciated walkway along the creek, and over the years it's been our privilege to help rehabilitate this corridor."

Mrs Burns agreed, saying the couple enjoyed the company of their fellow 'revegetators' at working bees, and the morning teas.

"We see landscape rehabilitation vital to the Sunshine Coast," Mrs Burns said.

Cr Suarez extended council's praise to the more than 2000 BushCare volunteers for their contribution to protecting our environment over the past year.

"Year upon year Bushcare volunteers continue to be tremendous contributors to the health of our region's environment; and in the past year have donated an incredible 12,211 of combined hours of their time," Cr Suarez said.

To learn more about helping to rehabilitate the local environment visit www.sunshinecoast.qld.gov.au/bushcare.



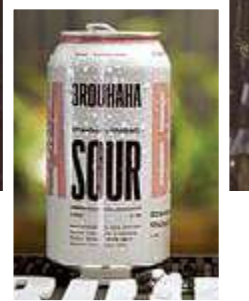
Judy and Glenn Burns have been doing environmental work for 30 years.



Nadia Joyce presents the couple with the 2021 Silver Mattock Award.



Director of Brouhaha Matt Jancauskas says the beer has a distinct and sour flavour that is pleasing to craft enthusiasts and non-beer drinkers alike.



Brouhaha adds local flavours, smashes beer norms with Strawbarb brew

MALENY'S Brouhaha brewery is ditching hops for harvest with its best-selling 'Strawbarb' kettle sour craft beer. Remarkably, the brewery will use enough strawberries to fill Caloundra's 25m ocean pool.

The immense 32.5 tonnes of fresh local strawberries and 5.2 tonnes of rhubarb will be used in the production this coming year to cater to the demand across its two sites.

The beverage, which has become Brouhaha's top-seller, also uses lashings of yoghurt from Maleny Dairies.

Director of Brouhaha Matt Jancauskas said that the Strawbarb buyers included a higher percent of women and a broader age range.

"It's anti-tradition when it comes to beer - both in how we make it and the resulting flavour profile - which is where I think the appeal comes from and why it's enjoyed by such a vast range of our consumers," said Matt.

"It's sweet on the nose, dry and wildly refreshing and has a sour finish to it. We are

often told by our patrons who aren't usually beer drinkers that the Strawbarb was their introduction into the world of craft beer."

"It's indicative of the Queensland heat in that it's a real thirst quencher and also pairs well with rich chocolatey desserts by acting as a cleanser and cuts through the creaminess of cheeses ... the truth is, it goes with just about anything!"

Inspired by honey mead, the Strawbarb is brewed with the same four ingredients as a typical brewed beer including barley and wheat, though it differs when the yoghurt is added to create live lactobacillus.

"With the Strawbarb, we have to contract enough strawberries and rhubarb from farmers around Maleny, Caloundra and the coast - which is a unique challenge!" said Matt.

In addition to Maleny, Brouhaha's second Sunshine Coast venue is now open and is located at 1 Edison Crescent, Baringa. To learn more please visit brouhahabrewery.com.au.

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SPECIALS

AVAILABLE UNTIL 03.03.22

21. **Creamy coconut chicken korma**
Mild chicken curry with coconut milk base served with rice
22. **Mild curry beef madras**
Mild fragrant beef and vegetable curry served with rice

Single Serve	Double Serve
\$9.90	\$18.00



GF = Gluten free | DF = Dairy free | VEG = Vegetarian

MAIN MEALS

	Single Serve	Double Serve
1. Marinated seed mustard & rosemary roast beef - GF DF Served with roasted vegetables & gravy	\$9.90	\$18.00
2. Crispy skinned lemon & herb roast chicken - GF DF Served with roasted vegetables & gravy	\$9.90	\$18.00
3. Tender roast pork loin - GF DF Served with apples, roasted vegetables & gravy	\$9.90	\$18.00
4. Beef lasagne Lean beef bolognese layered with bechamel, pasta & cheese	\$9.90	\$18.00
5. Oven baked beef rissoles & gravy - GF DF Served with buttered potatoes & seasonal vegetables	\$9.90	\$18.00
6. Braised steak & mushrooms in gravy - GF DF Served with herb butter potatoes & seasonal vegetables	\$9.90	\$18.00
7. Corned beef sauteed onion & fresh herb white sauce - GF Served with steamed vegetables	\$9.90	\$18.00
8. Savoury mince - GF DF Lean beef gravy served with buttered herb potatoes & steamed vegetables	\$9.90	\$18.00
9. Sticky teriyaki pork & asian greens - DF Served with rice	\$9.90	\$18.00
10. Cottage pie - GF DF Lean beef & vegetables sauteed in gravy & baked with creamy mash potato & seasonal vegetables	\$9.90	\$18.00
11. Malaysian satay chicken - GF DF Mild creamy curry served with rice	\$9.90	\$18.00
12. Braised pork, Italian sausage & butter bean stew - DF Mild, served with couscous	\$9.90	\$18.00
13. Stirfried chicken & hokkien noodles - DF Stir fried in asian sauce with peanuts	\$9.90	\$18.00
14. Creamy coconut Indian veggie & chickpea curry - GF DF VEG Mild, served with rice	\$9.90	\$18.00
15. Vegetable lasagne - VEG Seasonal vegetable in napolitana sauce with bechamel, baked with cheese	\$9.90	\$18.00
16. Spinach & ricotta cannelloni pasta - VEG With napolitana sauce, baked with cheese	\$9.90	\$18.00
17. Pork & beef italian style meatballs With red wine, tomato & herb fettuccine, topped with parmesan	\$9.90	\$18.00

SOUPS

	Single Serve
18. Asian chicken sesame vegetable noodle soup - GF DF	\$5.50
19. Hearty pea & ham soup - GF DF With split lentils, seasonal vegetables & braised ham	\$5.50
20. Roasted sweet pumpkin soup - GF DF	\$5.50

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Enjoy local Freeze and Heat Meals delivered to your door

Business Writeup: **RangeCare Meal Delivery**

RANGECARE'S Freeze and Heat Meal delivery service is back and continuing to support the community through COVID-19.

"Many community members are having to isolate with very little notice," Gemma Webster, RangeCare Kitchen Coordinator.

"RangeCare's Freeze & Heat meals are an affordable and healthy meal option, especially as our supermarket shelves continue to be stripped bare".

Winner of Leading Age Services Australia, National Excellence in Age Services Award 2021, RangeCare's Freeze & Heat meals are prepared fresh onsite daily by experienced and passionate chefs.

"Our food is prepared using as many locally sourced ingredients as possible because it is important to support local businesses' Gemma said.

The RangeCare menu boasts a wide range of cuisines and over 20 menu items to choose from. From hearty soups to flavourful curries to homestyle favourites there is plenty of variety and something for everyone. RangeCare also offers specials throughout the year to feature seasonal items and introduce new international flavours.

"Main meals are available to be purchased as a single serve portion for the low price of \$9.90

or a double serve portion for \$18.00," Gemma explained.

Soups are also available to be purchased in an individual portion for \$5.50.

RangeCare Freeze and Heat meals are delivered by a friendly RangeCare driver.

"Our Freeze and Heat Meals provide an affordable, healthy and convenient meal option that is delivered straight to your doorstep every Friday, just in time for the weekend," Gemma explained.

Delivery of RangeCare Freeze and Heat meals along the range and surrounds is complimentary.

Delivery to other areas on the Sunshine Coast will incur a \$10.00 delivery fee. The meals are available to be purchased by anyone in the community.

• To find out more or to place your order please call 07 5445 7044 or visit www.rangecare.com.au/freeze-and-heat-meals

Clockwise from main:

- RangeCare's Kitchen Coordinator Gemma Webster preparing meals.
- Just one of the delicious menu items, Braised steak & mushrooms in gravy served with herb potatoes and seasonal vegetables.
- Current meal specials, Mild Curry Beef Madras & Creamy Coconut Chicken Korma



Letters to the Editor

Council must act on chronic homelessness

Chronic homelessness has been an issue on the Sunshine Coast for many years. Daily access to basic human needs that most of us take for granted: the comfort of shelter from the elements, sleeping safely at night and regular meals, is unavailable for a growing number of people.

As the Sunshine Coast region expands, Council has an obligation to meet needs of the existing population within this accelerated growth.

Development has not eased the social burden on housing: the cost of rental has soared in recent years and property rates continue to escalate, forcing families to sleep in cars or couch-surf.

People of all ages, some with ongoing medical conditions, are barely surviving the ravages of homelessness in our region.

Enduring all weathers with no solution in sight, each successive day of life on the streets is a grim prospect that serves no-one's interests.

Sunshine Coast Council must address systemic failures and make adequate provision of social housing, rather than blame the rising drug and crime rates on those who lose hope. A functional society is fully inclusive and, in order to be so, it must meet the needs of all sectors.

Short-term funding provides a necessary bandaid but long-term solutions are lifesaving.

Council can redress years of oversight by requiring developers to allocate 10% of all dwellings (or profits from sales) for social housing.

Affordable accommodation, close to public transport, will also allow stability for employment.

In 2022, it is beyond time for Councillors in every division to take collective responsibility and deliver real solutions for those experiencing homelessness.

— **Christine Bennett, Woombye**

Mandates are for the greater good

I'm dismayed at the rise of the Informed Medical Options Party, headed by Allona Lahn, and in general at the misinformation circulating in the community surrounding Covid 19.

Regarding mandatory vaccination, a similar call for personal choice arose when seat belt legislation was proposed, yet we now accept that wearing a seatbelt not only might save our own life, it prevents longterm injury, hospitalisation, and ongoing trauma.

As moral philosopher Peter Singer says, "laws requiring people to be vaccinated [in order to protect others] are restricting one freedom in order to protect the freedom of others to go about their business safely."

If Ms Lahn thinks we have a tiered society only because of the vaccine mandate, she might think about the wealth, race and gender tiers,

which, unlike rolling up her sleeve, cannot be easily overcome.

The 99.9 percent survival rate assertion is dubious (820,000 deaths in 53 million cases in the U.S. is roughly 2 percent) : it varies with different age groups, and certainly 820,000 deaths in the U.S. are not to be dismissed as an acceptable risk.

Of course the survivability of Covid increases markedly with vaccination and the claim that booster shots will be never ending has no basis in fact. Let's trust the science!

— **Linley Boyle, Eudlo**

Candidate's opinions should be questioned

It is good to see well thought out letters to the editor such as by Audrey Lyttle on the Palmwoods proposed pedestrian improvements and Jeanette Nobes on invasive weed control.

However I find your news article on 'Candidate shares views on vaccine mandates' disproportionate and unquestioned.

Allona Lahn states 'I would say, according to the manufacturer's own insert found on the Government TGA website, the vaccine does not stop the transfer of the virus, nor does it stop you getting the virus. ect, etc'

I ask Allona Lahn to show where this is to be found on the TGA website and is she qualified to say the vaccine is unsafe?

The Informed Medical Options Party are promoting unsafe and illinformed ideas and should be questioned.

Apparently they are only contactable on facebook?

— **Jeff Martinuzzi, Palmwoods**

We got Covid and we're okay

I am pleased to report that my partner and I have caught "the Covid".

To help alleviate people's fears somewhat, if you haven't already got Covid, for me at least, it was the mildest, non-existent flu I have ever had.

Five days of feeling generally fatigued and a bit of a headache. Symptoms started Thursday (scratchy throat, then sniffles).

I was able to carry on with usual life at home and I was back at work yesterday (January 11) from home.

I would say two days were uncomfortable with night sweats and headache.

Barely anything on the chest or nose which I was so happy about. Some muscle fatigue.

I'd say every other flu I've had has been 5-10 times worse.

I can't believe they are recommending Pfizer for kids when this, if anything, is what they will have.

News.com put an article out today (Wednesday, January 12): "Pfizer boss says two doses provide limited, if any protection against

Omicron".

Armed with my natural immunity, I will apply for the exemption now and try to get my freedom back.

— **Name Supplied, Woombye**

Range is losing the war on weeds. Joint effort needed

I am writing to alert your readers to the fact that we are losing the war on invasive weeds. Here on the Range we often hear people say "oh I love it up on the Range ... it is so green".

But they don't realise that 80 percent of that "green" is actually weeds and/or ornamental species (trees which don't contribute to our wildlife's wellbeing).

Invasive weeds such as Privet, Camphor Laurel, Coccus Palms, Chinese Elm, etc all produce hundreds of thousands of seeds every year, and virtually all will germinate and grow a new tree.

But our endemic rainforest trees mainly only fruit every five to 10 years (some only every 20 years).

They only produce a small amount of seeds and only a few of those go on to grow a new tree. This is because the wildlife prefer the native seeds to eat. Hence little is left to grow new trees.

So it is not hard to see how quickly the imbalance in nature can occur.

Our general landscape is so far past a healthy balance, unless we begin to remove the amount of woody weeds we will not have any rainforest healthy enough to bring back our endemic landscape.

It is imperative that all residents understand this, and start a management plan to remove as many woody weeds as they can over time, on and near their properties. There are many residents who are doing an amazing job. We just need everyone.

— **Jeanette Nobes, Maleny**

Warning. Don't expect QCAT to fix anything

"The Queensland Civil and Administrative Tribunal (QCAT) is an independent, accessible tribunal that efficiently resolves disputes on a range of matters," boasts their website.

In my experience and my Dad's experience, nothing could be further from the truth.

My Dad, a Flaxton pensioner, has been in a seven-year, unresolved dispute with his neighbour over his only asset: his rural home.

This is a boundary issue over their shared border regarding trees on the boundary which threaten his safety, among other things.

My father is unstoppable at 92.

He retired as a Senior Air Traffic Controller many years ago and has worked as a volunteer for the last 30 years helping the elderly (haha - even though he is one of the elderly) at Range Care in a variety of roles in their Op Shop.

Range Care just honoured Dad with Life Membership (featured in this paper) and he is also nominated for an Australia Day award.

Sunshine Coast Council said they can't do anything about the dispute: "You'll only get justice from QCAT," they said. So did the lawyers and the blokes in the pub.

Two years later and thousands of dollars have produced nothing except endless delays, multiple errors and brainlessness in the distant rear mirror.

QCAT has produced nothing. Not a single determination about anything and two supervisors have said that this is as much as we can expect.

"It's in the hands of the tribunal," they said. Totally out of touch.

Dad's neighbours have now sold the property privately. I spoke to QCAT supervisors recently for my now-despairing father.

I was told the QCAT tribunal is "close to arranging a mediation between the parties".

I said: "The other party has gone. There will be no mediation. There is nothing to mediate now. You were told all this in writing several times. You have the new owner's title. My father paid for that too."

This is beyond useless.

Unless you have many years and deep pockets - Don't expect QCAT to fix anything.

— **David Coles, Rosemount**

Maleny Players made Xmas special for my son

I've been to the last three Maleny Players Christmas pantomimes because they're small informal productions and are more accessible for my son.

He is eight and is autistic. Attending the theatre is very difficult for us.

He finds the unpredictability of movies, books, and particularly of the theatre frightening, which makes him very anxious.

For this reason I usually don't take him to shows for fear of wasting money on something he's likely to walk out of after just a few minutes.

The first two years he only managed to watch small parts of the play, but really enjoyed sitting in the foyer talking to the actors while they waited for their turn to go on stage.

I think the friendliness of the cast has made a huge difference to him, because this year, with the help of his earmuffs to soften the noise and with both me and my sister as support people, he managed to stay calm enough to sit through the entire two acts of the play.

At one point, during a scene where the characters chased each other across the stage, he started laughing and didn't stop for a good few minutes!

It was such a joy to hear him enjoying himself so publicly, and to give him the rare opportunity to appreciate a storyline from beginning to end.

Thank you so much Maleny Players for making our Christmas so special!

— **Name supplied, Maleny**

Live Local

Real Estate

Queenslander features breathtaking renovation

AGENT'S CHOICE: 59 Ayrshire Road, Yandina

THIS expansive 14.25 acre horse property and Circa 1910 Queenslander has been renovated to a high standard.

The home and adjacent granny-flat offer space, tranquillity and a genuine touch of class.

When entering you're immediately met by polished wooden floorboards, VJ paneling and stained internal glass windows. The foyer opens to the large lounge room which takes centre stage.

From this, the rest of the house is easily accessed, including two generous bedrooms along one side of the home, and the master suite on the north side.

The oversized master has an ensuite and walk-in-robe which belong in the most extravagant of builds, as well as stunning feature walls showing off the beauty and strength of the original wood that built this home. Extra-high ceilings and air-conditioning, as well as its own sitting area, top off this amazing master bedroom.

On the other side of the home, another tastefully renovated brand new bathroom separates the two other generous bedrooms, with floor to ceiling tiles and a floating sink. Each bedroom is presented with plush carpet and ample windows allowing cool breezes and plenty of light.

Hardwood timber floors grace the expansive dining room and original hardwood kitchen, with more than enough cupboard and bench



space to accommodate the most dedicated chef. Windows allow for views over the wrap-around deck as well as keeping an eye on the horse paddocks and arena.

A self-contained guest house/granny flat has two bedrooms and newly renovated bathroom and kitchen. This space is a perfect guest house, secondary dwelling for other family members, or even very capable as an Air BnB.

Beyond this stunning home, the rest of this gently sloping block is ready and waiting to

accommodate an extravagant equine lifestyle. Six newly constructed horse paddocks complete with dam-fed sprinkler system, sit alongside a generous sawdust arena built with fine care and attention.

This incredible acreage also has a two-bay carport with adjacent shipping container for storage, a generous 5 bay shed (with 3 phase), and 3 large dams + Bore. With no neighbours within earshot and only minutes to the centre of Yandina and the Bruce Highway, an acreage

offering that ticks this many boxes comes along once in a lifetime.

Sitting with dual road frontage and nearby to a recently approved housing development gives this property development potential into the future.

► Bookings for this property are a must as it will be inspection via appointment only. Call Toby Morrin on 0401 623 801 or Scott Walters on 0447 474 982.



Split level charmer in leafy setting

AGENT'S CHOICE: 289 Windsor Road, Burnside

A split level home on a leafy 756m2 block in sought-after Nambour Heights offers charisma and warmth and is filled with heart and soul.

The three-bedroom home has one bathroom, a modern kitchen, open plan living, a wrap-around timber deck, separate laundry and single lock-up garage with workshop.

There's onsite parking and it is the perfect size for a couple or small family.

Soaring raked pine ceilings, glossy hardwood timber floors, ceiling fans, security screens, split system air-conditioning, and stainless steel appliances – are existing features of note.

The owner will consider including all furniture in the sale.

The landscaped garden has plenty of shade – excellent privacy and is partially fenced;

there is space for children and pets to play, and it's also just a short walk to a neighbourhood playground.

Meticulously cared for by long-term owner, there is no immediate money to spend. It has a homely, cosy ambience throughout and the deck provides a wonderful platform for your weekend BBQs and alfresco entertaining in comfort and privacy.

It is located just a 10-minute walk to the Nambour Heights Shopping Village with grocer, butcher, baker, hairdresser, chemist, medical centre, gift shop, and bottle shop – plus just a five minute drive to town and hospitals, convenience is another feature.

Access to Nambour-Mapleton Road is quick and easy and you can be enjoying an ice cold beer on the veranda at the iconic Mapleton Tavern, soaking up the spectacular vista, within 10 minutes from your front door.

► Contact Remax Nambour's Richard Krausz on 0422 997 810 or Simon Schroder on 0435 902 740.



Immaculate Yandina home

AGENT'S CHOICE: 54 Maroochy Circuit, Yandina

THIS solid brick home is immaculately presented. It has 4 bedrooms, 2 bathrooms plus a fully landscaped and fenced 784m2 yard.

The outdoor entertaining area enjoys the most incredible outlook to take in the night sky.

Solar power electricity offers affordable living and with minimal lawn to mow you can sit back and enjoy afternoon drinks and scenic views. Built after 2016 the floorplan has been carefully considered allowing you to easily put the groceries away from the car parked in the double remote garage that conveniently has access directly into the kitchen pantry.

Oodles of storage throughout the home with a dream, slick kitchen fitted with high-end appliances, plenty of bench space, lit up by solar/led lights.

Living in Yandina and calling it home will

be an absolute pleasure, the current owners mentioned how they have enjoyed living in the home and love the neighbours and local Yandina community.

Yandina is a vibrant community and highly sort after to live in with easy access to the Sunshine Coast Highway, 15 mins to the best beaches on the Sunshine Coast and to call home in a community with conveniences such as an IGA, Doctors, Baker, Butcher, Cafes, Vintage & Homewares shops, Farm store, Ginger Factory plus the renowned Yandina markets on Saturday morning are a must to pick up weekly fresh fruit and veggies from local growers, the tip is to get there early.

► If you wish to secure 54 Maroochy Circuit, Yandina for your family then please call Vanessa Brunton at 0467 448 850 or email vanessa@vbrealstate.com.au for details, it's an immaculate home and move-in ready.

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Richard Krausz is set to kick goals in 2022!



Team Krausz has kicked off the new year with a bang - welcoming a substantial 48 groups through 5 Loparo Court, Nambour on the first weekend of open homes and achieving another record sale in Coes Creek with 22 Bedford Circuit selling for \$890,000.

When searching for an agent to sell your property, choose a team that is **reliable, trustworthy and genuine** with a track record of exceeding client expectations. **Choose Team Krausz.**

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SOLD

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Kiamba

LAND 30 Acres



FOR SALE

Diddillibah

Offers Invited

LAND 1 Acre



Vanessa & Cheyne Brunton

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WELCOME TO THE MARKET

163 North Maleny Road, **North Maleny**

A grand entrance awaits you at this very attractive home situated in highly sought-after North Maleny. The home itself is perfectly positioned on a 1 Acre block with park-like grounds that are a haven to wildlife, a gorgeous mature fig tree, citrus trees, and established gardens. With 3 bedrooms and 2 bathrooms, including a master with en suite and parent's retreat, the 9ft ceilings in this low set, Western Red Cedar home allows for loads of light and space. Outside, set the family and your four-legged

friends free with grass to run on, trees to explore and a lifetime of adventures to create. There are also 2 dedicated entertaining areas that offer gorgeous rural views and the perfect outlook over the property itself. Envious in its location and presentation there is still scope to add your personal design touches to this delightful property.

3 2 2

For Sale Contact Agent
Inspect By Appointment Only
Rodney Millett
0477 702 073
rodney@malenyrealestate.com



WELCOME TO THE MARKET

87 Teutoberg Avenue, **Witta**

This very attractive home has been lovingly updated and is ready for a new family. Perfectly positioned on its expansive 4,000sqm² block, you'll be ready to entertain family and friends with loads of space on offer for the younger members of the family to run and grow. With the open plan kitchen, dining and lounge room flowing to the

north facing deck; you'll be catching the welcome breeze and gathering with visiting family and friends for many years to come. Whether you want to grow your own vegies, raise poultry or just enjoy the peace and tranquillity of this Witta home, you must make an inspection the top of your to-do list!

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WELCOME TO THE MARKET

78/65 Kilcoy Lane, **Conondale**

Nestled in the eco village of Crystal Waters, just 24 minutes to the town of Maleny and 28 minutes to Kenilworth, this spacious timber home is set in a peaceful bush location. Boasting a separate cabin for visiting family and friends or potential income, there is an abundance of privacy and peace to plan a true escape. From the gorgeous North-facing deck, here you can entertain and spot the abundant wildlife; kangaroos, goannas, wallabies and gorgeous birdlife. Offering the ultimate change of lifestyle for the entire family, this property just has to be inspected to appreciate everything on offer.

4 2 5

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Inspect By Appointment Only
Rodney Millett
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WELCOME YOUR NEW NEIGHBOURS

48 Cedar Grove Court, **Maleny**

Situated in a popular part of Maleny, this well-appointed three-bedroom home is ready for a new home owner or investor. This low maintenance home is within walking distance of the Maleny cafés, shopping, restaurants, schools and the Maleny showgrounds.

3 2 2

SOLD
By Principal
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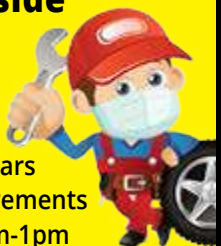
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Elaine McKay of Burnside accepts her prize from Rotarian Sonny Cordwell, a long-time friend.

Rotary Club of Nambour Christmas Raffle brings joy

THE Rotary Club of Nambour again ran a successful Christmas raffle of goods and vouchers donated by local businesses values at a total of more than \$3,600. Many thanks to donors and to the Nambour and district community for your generous support.

Elaine McKay of Burnside had the winning ticket number 5845 and took possession of the wheelbarrow full of goodies worth \$2,160. Elaine is pictured accepting her prize from Rotarian Sonny Cordwell, a long-time friend. Elaine actually purchased two lots of tickets, the winning ticket sold by Sonny who also sold a winning ticket to another acquaintance in the 2020 raffle!

Although Sonny has a reputation for knowing a lot of locals — and for selling winning raffle tickets — be assured that the draw was absolutely random.

Second prize (ticket number 1639) of toys, leisure and sporting goods was won by Piper Davie from Buderim. Piper and her sisters were very excited and straight into the chocolates!

Third prize of gardening goods and equipment was won by Carol Moore and we would like your assistance in making contact with her to deliver her prize. The phone number we had for Carol was 'disconnected' so, if you know Carol, please ask her to contact Russ Stephenson, Rotary Club of Nambour on 0409 765 124 to verify her win. Carol purchased ticket number 580 which was sold in late November or early December.



The Australia Zoo Rescue Team vehicle arrives emblazoned with Robert Irwin's image.

Rain brings downpour of calls

from **Donna Brennan** Wildlife Volunteers
 WILVOS 5441 6200 www.wilvos.org.au

WHAT has happened to our Sunshine Coast? We seem to have had rain most of 2022. With a little wind added to the downpours of rain our WILVOS Hotline 5441 6200 volunteers have been extra busy.

Holidays are hard times for our native animals as we saw the increase in road accident victims, often leading to orphaned joeys, along with more birds coming into care from car strike, domestic animal attack and fishing line entanglement.

Plastic bags not only impact the environment, but also cause so much injury and death for our wildlife.

We were fortunate to have the Australia Zoo Rescue Vehicle on call over the Christmas New Year holidays as it is a time of motor vehicle accidents for our macropods.

Adult kangaroos and wallabies with badly crushed bones often need to be euthanized. These animals will do their best to disguise the fact that they are injured, as this would lead to interest from predators.

There was a difficult case at Dunethin Rock

where I waited for the Australia Zoo Rescue Team to arrive, watching the kangaroo in case it moved out of sight. It would mean a slow death for animals that disappear into the bush. Even if the result is euthanasia I feel incredible relief for these poor creatures who endure so much pain and disguise it so well.

WILVOS are so appreciative of members of the public who rescue little joeys from dead mothers, and call our Hotline or take them to nearby wildlife hospitals.

Most people now understand that joeys have to be carefully checked in the pouch to make sure that the joey is not still attached to the mother's teat. Without slow careful removal from the teat, joeys can suffer irreparable damage. With furless joeys, it is best for an experienced person to do this. It is always a good idea to carry a pillowslip and disposable gloves in your car. Pillowslips are great to transport most animals comfortably when suspended from the headrest, with a blanket or towel wrapped around the outside.

For anyone wishing to train as a wildlife carer, Hotline operator or transporter, there is an induction day on Sunday 6th February. For details, email membership@wilvos.org.au



Stranded tourists enjoy a Christmas round

A group of Japanese tourists who were unable to go home for Christmas due to Covid 19 have praised the hospitality of Maleny Golf Club.

The stranded golfers enjoyed a great day out on Christmas Day even though they weren't too sure where the first few holes were due to the early morning fog.

Tourist Kay Kawaguchi appreciated the hospitality of Vice President Max Whitten and his wife Penny which they said "made our day".

"We were grateful for the wonderful experience we were able to have on Christmas Day at

Maleny Golf Club," wrote Kay Kawaguchi.

"The Golf Club was truly royal and just stunning, that we easily fell in love.

"Although Covid has brought many obstacles in our lives, especially being separated from family and friends back in Japan, beautiful Christmas 2021 was something we could truly be thankful for.

"We will definitely be back to our favourite Golf Club."

Dr Whitten said Maleny Golf Club was thrilled the guests enjoyed their Christmas round.

Look Local **Classifieds**

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Public Notice

The Palmwoods Bowls Club
 will hold their
 Annual General Meeting on
Sunday 27th February at 9am
 All full financial members are
 requested to attend.

Tenders

Tender for Trade Services Panel

Queensland Health has released a statewide tender for a trade services panel.
 Offers close Monday 31 January 2022.
 For more information visit
<https://qtenders.hpw.qld.gov.au>
 (reference RP99059) or email
Strategic_Procurement_NQ@health.qld.gov.au



Crossword

See solution next page

- ACROSS**
 1 Grinding tooth
 5 Meditate
 9 Drink
 11 Fish eggs
 12 Planet
 13 Permit
 15 Insect
 16 Threatening
 18 Postpone
 20 Evil emperor
 21 Paradise
 23 Take away
 25 Abode of the dead
 26 Like better
 28 Fork tailed bird
 30 Country
 32 Indicate indifference
 33 Supplier
 34 Respectful fear
 36 Grade of proficiency
 37 Love god
 38 Sailor
 39 Efts
 40 Whole
 41 Lustre
- DOWN**
 2 Followed orders
 3 Quickness of perception
 4 Step's vertical face
 5 Went before
 6 Draw with force
 7 Vast age
 8 Answering sharply
 10 Dash
 14 Wearies
 17 Indicate assent
 18 Reckless from despair
 19 Festivity
 22 Minesweeping device
 24 Consumer
 25 Biblical king
 27 Tree
 28 Bird
 29 Titanium dioxide
 31 Numeral
 32 Cults
 33 Saucy
 35 Pale

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