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Runners bolt down the slope at the start of the Maleny Trail parkrun.

Maleny hills are alive with parkrunners

NOW you may think running up and down hills is not your idea of fun. But looking at the grinning faces at the start line of the Maleny Trail parkrun you will begin to ask yourself if you can have what they're having.

An international phenomenon, "parkruns" are free, timed, weekly 5km runs that enhance communities across the globe. You can run, jog or walk. The ethos is simple: to make the world a healthier, happier place.

"And it certainly does that," said Maleny Trail parkrun event director Joanne Turner.

"Maleny is one of the newest members of the parkrun family on the Sunshine Coast, and when we say family, we mean it. The run is like an umbrella that instantly connects people."

Around the world parkrunners meet every Saturday, rain, hail or shine. "It's a fantastic way to see new places ... lace up your runners and find the nearest parkrun. You get to meet the locals and gain an insider's view of a place. The parkrun family really look after each other, even if you've never met."

Maleny Trail parkrun might not be flat, but it is certainly one of the

To Page 2

Affordable hinterland lifestyle attracts COVID-weary city dwellers

Tree change trend continues

A perfect storm is brewing for the hinterland property market as cashed up buyers continue to escape to the country from interstate, overseas and within Queensland.

House prices in regional areas have risen faster than in capital cities for the first time since 2004, as COVID-19 increases people's desire for space.

Corelogic recently calculated that

over the past financial year, 25,350 residents relocated from other Australian states to settle in Queensland. This influx, as well as the return of expats from overseas, has increased demand in the hinterland.

Maleny

Rodney Millett of Maleny & Hinterland Real Estate said the market was

buoyant with the increase in demand from other states. "But it's further influenced by the intra-state influx from residents relocating from the greater Brisbane and wider Queensland regions to the Sunshine Coast," he said.

"This, coupled with the slower supply of available properties for sale, has certainly supported the firming of

prices across the Hinterland.

"Investors are also returning to the property market, looking for opportunities to secure stronger returns with property investment versus other investment avenues. These positive factors are all contributing to a stronger market. But one that is still underpinned by some overall national influence of uncertainty

moving forward."

Palmwoods

Palmwoods agent Mike Burns said southerners and expats were driving sales in the hinterland.

"The market is still incredible with huge influx of expats returning to

To Page 2

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SUNSHINE VALLEY Gazette

If it's important to you it's important to us

Editor's Letter

by Cameron Outridge

The secret to the success of community newspapers has always been proximity to audience. We tell our readers in news and advertising about what is very close to them. Being in touch with locals means we can publish personal stories that enrich the community fabric and create a dialogue.

On that note, last week I put the call out for your news stories. The response, as you will see in the following pages, was very gratifying. Please enjoy over 40 news stories contributed over a matter of days last week. And please keep them coming, because if it's important to you, it's important to us!



DETAILS

Editorial

If it matters to you it matters to us. Send your news to Cameron Outridge | 0409 424 487 editor@sunshinevalleygazette.com.au

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Online

The Gazette is Printed Fortnightly. Online Always.

Advertising

Promote your business to a local market: tanya@sunshinevalleygazette.com.au

Distribution

10,000 copies are distributed to popular pick-up points throughout the hinterland including at Palmwoods, Woombye, Nambour, Chevallum, Eudlo, Mooloolah, Hunchy, Yandina, Maleny, Montville, Flaxton, Mapleton and Forest Glen.

Business Write-ups

Most people are excellent at what they do but don't know how to get that across in their advertising. We help owners promote their businesses, but the difference is we start with a write-up. Our Write-up Framework explains your business in a way that appeals to your customers so they will listen to what you say and be more likely to buy from you. Write-ups are engaging, memorable and they make all your other marketing work better.



Fluffy the resident emu escorts her human Nambour parkrunners to the start line.

Nambour parkrun the Nation's toughest, if course set to Plan B

WHILE Maleny Trail parkrun may be the newcomer, Nambour has its own much-loved weekly event.

Nambour parkrun is a beautiful 5km course through the natural bush in the Parklands conservation park.

Along with the newly formed Maleny Trail parkrun, the Nambour version is part of the worldwide phenomenon of free, timed, weekly 5km runs that you are welcome to walk, jog, run or race with others every Saturday at 7am.

"It's a beautiful run and, with our course having about 180 metres of elevation, we were considered the toughest parkrun in Queensland," said Event Director Melisa Taylor.

"Although an event in Western Australia appears to have stolen the 'toughest in Australia' title from us, unless we are using our Plan B course which has 200 metres elevation.

Melisa said numbers were solid but small compared to other events on the Coast as Nambour's trails and hills were not everyone's cup of tea.

"But we do have a very friendly welcoming bunch of regular park runners and volunteers," she said.

"The event belongs to the community and we rely on everyone to volunteer at least three times a year to keep it running smoothly.

"And we do have a lot of people that volunteer more, as well as volunteers who don't run but participate just to be part of our community!"

This week runners achieved their 50th, 100th and 150th runs.

One person has completed 200 runs and is the

first person over 80 to ever do so in the world.

• For more info see the website www.parkrun.com.au/nambour or email nambour@parkrun.com.

Maleny parkrun one of the prettiest around

from page 1

prettiest parkruns to be found anywhere. But looks alone is not the most important factor to Joanne.

"I would love our Maleny Trail to be known for being one of the friendliest parkruns around," she said.

"We are so lucky to be able to showcase our beautiful little town, to enhance our community and local businesses and to be able to offer a free, friendly healthy activity for local and visiting families.

"It's such a fantastic opportunity for us, I absolutely love what each unique parkrun brings to its equally unique community."

And if the lure of puffing over rolling hills and through picturesque forest trails isn't enough, the town boasts a healthy platypus population just off the trail.

You can even sip excellent coffee and watch them frolic in the Obi after your run.

• Maleny Trail parkrun takes place at Maleny Trail, Parklands Drive via Porters Lane. It's 6.45 for a 7am start each Saturday.

<https://www.parkrun.com.au/malenytrail/>

Hinterland real estate booming

from page 1

Australia, looking for lifestyle and the Sunshine Coast hinterland is a most desirable location," he said. "In terms of rentals we had 60 applications on a Woombye property. The tenant paid six months up front and well above asking price. It's very hard for tenants to secure a home.

"In terms of sales we're getting multiple offers on all listings and great results for our sellers. But a problem for a few of our sellers is that they want to down-size and move but if I put their home on the market it will sell and leave them homeless. I am currently trying to find a new home for them before we go to market."

Nambour

Nambour agent Peter Wrigley of Carolans First National said the market was moving at a rapid pace. "The conditions of the market are such that there is a only small amount of stock available but great demand for stock," he said. "This is driving up prices. Added to this is the fact that interest rates are so low.

"Given these circumstances, sellers should sell and buy in the same market. Tenants should also seriously be talking to their mortgage broker to see if they can buy in this market. Otherwise, with so many owner-occupiers joining the market, the supply of rental properties is also dwindling. If you can't beat them you are going to have to join them I'm afraid."

Blackall Range

Mapleton agent Roger Loughnan said regional house prices were seeing significant increases for the first time in 15 years.

"We have always said that the Hinterland was a very stable market with an annual growth rate of approximately three percent," he said. "Every now and then we do have a catch-up, such as now, where sales are being achieved well above previous levels.

"The last quarter or 2020 has been particularly strong with most of our sales meeting and exceeding the asking price. We believe the combination of a surplus of dollars from the ban on overseas travel, low interest rates and people being able to access their super to boost their deposits has helped fuel this boom.

"Buyers have ranged from Coast residents seeking a quieter environment or a weekender, to ex-pats wanting to secure property back in Australia and certainly a number of buyers from New South Wales and Victoria.

"Listings are now the biggest issue, with current residents not wanting to sell because they don't know where to go. Any locals considering a move, now is the time to make good gains."

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One good turn deserves another ... John Duffy of Belli is congratulated by "Sonny" Cordwell of the Rotary Club of Nambour in front of his prize of sporting, toys and outdoor goods.

That's karma: John wins raffle after paying for lady's groceries

I think we can all agree John Duffy of Belli is a worthy winner of the Rotary Club of Nambour Christmas raffle.

Rotary's Russ Stephenson told the Gazette John was shopping in Nambour the day before he was informed of his win. "An old lady at the checkout in front of him was having some trouble," Russ said. "She didn't have any cash on her and couldn't get her credit card to work. John could see that she was flustered and distressed. He also noted her frugal shopping so he passed over his credit card and paid the lady's bill."

The store manager shook John's hand and thanked him for his generous act. "When he paid for his own groceries and left the store, the woman had been waiting outside for him and gave him a big hug," said Russ.

"She told the sad story of recently losing her husband and how she was not coping very well. John shared the spirit of Christmas in a beautiful gesture and reckons that his winning third prize was karma. He is right!"

When asked if he had any grandchildren to share the toys in the prize, John said he didn't, but he knew of kids who would be given the toys.

All prize winners of the Rotary Club of Nambour Christmas Raffle shared the joy with the young people in their community. Proceeds of the raffle support Rotary youth programs which particularly help those who are disadvantaged. The winners' family and friends enjoyed over \$3500 worth of gifts and vouchers, generously donated by Nambour businesses.

The First Prize of a wheelbarrow overflowing with goodies was won by Judy Hankinson of Maleny.

The Second Prize of a one hour scenic flight for three people over the Sunshine Coast and hinterland was won by Cheryl Moore of Palmwoods.

"Christmas is the season of Goodwill and generous supporters of the Rotary Club of Nambour Christmas Raffle contribute towards a better Nambour and District community, better equipping our young people for safe, happy, productive and fulfilling lives, and bringing joy to the worthy winners," said Russ. "We all share in the Goodwill of the Season. May 2021 be a memorable year for us all, and for all the right reasons."

Summer to sparkle at Frankie's seasonal dinner

FRANKIE'S Woombye will be staging a Summer Seasonal Dinner on Friday January 29, including a three course meal and live music.

"Our seasonal dinners are specifically designed to show off the flavours of the season," said owner Bec Galler. "The regular dinners are an opportunity for our Chefs to highlight their skills. Soph has designed this menu. And she is cooking everything from scratch, all three courses for everybody to enjoy."

"We also have our premium spirits here with our summer cocktails. Match that with live music under our fairy lights and it's a magical January summer night."

• Bookings required frankieswoombye@gmail.com, 0433 941 205 or call in at Frankie's.

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Hinterland View
 — D E N T A L —



Keen bushcarer Mona Bruckhoff is fighting the good fight against weeds.

New Year's resolution: do something practical to help the environment

FANCY some weed-busting in the new year? Rain means weeds are growing fast so there's more to do and Bush Care Sunshine Coast is calling on volunteers.

If you would like to break any holiday season lethargy a couple of hours of weed busting on a Saturday should do the trick. It may not sound like fun, but it is. At least according to Bush Care Sunshine Coast Coordinator Norm Morwood.

"It's all free and you're doing your bit for the environment," he said. "And it's fun. And more satisfaction than you can poke a stick at."

Norm has been a Bush Care Coordinator since 2012 at three Nambour sites: Namba Creek, Florabunda Pocket at Victory Park and "Gulung Gung" which are local Gubbi Gubbi/Kabi Kabi words for "Family Connections Country". Gulung Gung is just downstream from Quota Park.

If you'd like to help, come in bush protective clothing including boots/shoes and a hat. Weeding starts at 7am and finishes with a cuppa about 9am. "We'll have all the tools and equipment needed, but bring your own favourites if you wish," said Norm.

For more information visit the Petrie Creek Catchment Care group Facebook Page or email normmorwood@gmail.com



Chauffeur and business owner Patrick Herron of Birti Classic Wedding Cars with Betty the champagne and black 1952 Bentley.

Stood up at Wedding Showcase, beautiful Betty gets another date

BETTY the Bentley is keen to visit the Blackall Range for the rescheduled Wedding Showcase after being "left at the alter" the first time round.

Birti Classic Wedding Cars owner Lynda Herron said, like everyone else involved, the 1952 champagne & black Bentley was disappointed at missing out on a run along the Blackall Range when the event was rain-checked due to the COVID lock-downs earlier this month.

"We were hopeful of another date and looking forward to all Brisbane Brides being able to attend," said Lynda. "Thankfully our wishes came true with the rescheduling."

Lynda and husband Patrick hire Betty for weddings, school formals & photo shoots and also run an airport transfer service in their family business.

"Like many others COVID 19 is affecting our

business in a lot of ways, especially with our airport transfers," said Lynda. "But we are determined to survive and keep our luxury vehicles available."

"We are hoping this Showcase will help Brides who want to have a wedding this year. So many weddings had to be postponed due to COVID 19."

"Hopefully this will be the boost the industry needs and Betty will enjoy the drive up the mountain."

If you're interested, Betty comes with a chauffeur, red carpet and sparkling wine for the happy couple after the ceremony which makes for great photo opportunities.

You can book Betty The Bentley at www.birtithebentley.com and come see her at Weddings at Tiffany's Maleny where professionals are Showcasing on the 27th and 28th February.

Lock downs force Showcase reschedule

DON'T miss the second weekend of the Hinterland Wedding Summer Showcase which will take place February 27-28.

This follows the postponement of the event's first weekend to last weekend 16-17 January due to the recent Brisbane lockdown.

Hinterland Tourism President Kerry Brown said it was a heart-breaking decision to have to postpone the early January weekend but organisers had no choice and the re-schedule was on track.

"My heart hurts for my members, these are people who make dreams come true for couples from far and wide," she said. Ms Brown said the industry suffered significant financial loss in 2020 and the cancellation was yet another setback.

The Wedding Summer Showcase opens the doors to some of the best wedding venues in the Hinterland. You will find celebrants, wedding planners, entertainers, makeup artists, photographers, cake decorators, venue decorators and all the suppliers of the exquisite extras that create cherished wedding day memories.

The Showcase welcomes couples, friends and families searching for the perfect wedding location and associated services.

For information about the Showcase visit ... visitsunshinecoasthinterland.com.au/events/summer-showcase-2021/

Last chance to register for online wellbeing program

SUNSHINE Coast residents looking to make a positive change to their lives this year are being urged to take part in The Lift Project Sunshine Coast, which starts on 8 February.

Registrations are closing soon for the third round of the free online wellbeing program.

More than 4000 Sunshine Coast residents participated in the 10-week program across two rounds last year.

Registrations close 31 January. The program runs from 8 February until 25 April.

For more information go to sunshinecoast.qld.gov.au

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Mapleton Hall in 1922, left of image, and, below, a more current photo.

Mapleton Hall hosts Country Markets in historic setting

DID you know that the original Mapleton Hall opened its doors in 1910? Unfortunately it was destroyed by bushfire and a second hall was rebuilt and opened in 1916 by the settlers and local community.

Over a hundred years later, the Hall and Sportsground now host a monthly Country Market on the fourth Saturday of each month, from 8am-noon, with the first market for the year starting on Saturday February 27.

The markets feature local produce, hand-made gifts, plants, crafts, art, bric-a-brac, fashions, refreshments, entertainment and onsite parking.

"A favourite with marketgoers are the delicious Waffles with ice cream and fruit, and the terrific entertainment from local musos," said organiser Donna Klease. "Come along and join us, all funds raised go towards the maintenance and upkeep of this Historic 104 year old treasure."

For more information or to book your stall, contact Paula on 0419 726 603. See you there. (Sorry no Dogs).

• Mapleton Hall Country Markets contact Paula Wright 0419 726 603 or Donna Klease 0417 476 768.



Mapleton Choir to sing on Australia Day

TEN members of The Mapleton Choir will be singing at the Australia Day ceremony at Montville village hall on 26 January.

This is an a'capella group and it will be the 15th year they have participated.

Meanwhile, the full choir resumes rehearsals at 7pm Monday 1 February at Kureelpa hall.

"We will be working towards a Celtic concert in May," said Musical Director Ailsa Morehen.

Mapleton Choir is a non-audition community choir and new members are always welcome.

For enquiries contact secretary Robyn on 0403 761 147 or Ailsa on 5478 6079.



Julie and Charlie Bevan of Eden Lodge Bed & Breakfast Mapleton. Despite COVID, B&B life remains busy and joyous.

Relief for operators as tourists seek solace in the hinterland

EVERY dark cloud has a silver lining as they say. And that appears to be the case for many hinterland tourist operators as COVID-weary city slickers flock to the area in numbers.

Bans on overseas travel has also meant families and retirees have swapped holidays abroad for destinations closer to home. The hinterland offers a perfect alternative and the influx is helping operators make up for three months of shutdowns last year.

Owners of Mapleton's Eden Lodge Bed & Breakfast, Julie and Charlie Bevan, say they have broken booking records for seven of the past eight months since restrictions were eased.

"Since COVID lockdown, when we closed for three months, we have actually had our largest occupancy rates in seven years," said Julie. "Today is our first morning without guests for 18 days."

"When the lockdown occurred last weekend (January 9-10) we had two cancellations. But we were lucky and within minutes all rooms were booked online with one couple who had flown in to Brisbane for the weekend from Rockhampton. They were advised on the plane about the lockdown so they hired a car and came

straight up here. Another couple who were due to stay a few nights in Brisbane came up here instead and then a third couple gave Brisbane a wide berth on their way up from Victoria and stayed with us for 3 nights."

Despite lockdowns B&B life remains enjoyable and rewarding

Julie and Charlie have reluctantly had Eden Lodge on the market and said they would definitely miss the friendly and flexible B&B lifestyle.

"I don't know how to put into words the joys of running a B&B," said Julie.

"Meeting so many different people. Talking and laughing over breakfast. Not a mobile device in sight.

"I have had a lot of jobs in my lifetime and I can tell you this has to be the most rewarding of all positions I have held."

"There is a perception that it's hard work but if it is such hard work, how do they think a couple in their sixties can even manage it and keep smiling," she laughed.

• Contact Eden Lodge on 5445 7338, 0414 424 035, or info@edenlodge.com.au

Twilight Carols in the Garden at Palmwoods

MANY readers will be aware of the wonderful work Louise Williams and her team at Restoring Hope Parkinson's Therapy (RHPT) have been doing with Parkinson's patients in relation to the SPEAK OUT! program and LOUD Crowd Choir for speech and swallowing therapy. By way of thanks Parkinson's Nambour and District Support Group members Peter and his wife Christine kindly provided their home in Palmwoods as the venue for a Christmas Carol Concert to raise funds and fun for RHPT.

A good time was had by all and nearly \$2000 was raised to support RHPT.



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Fred, 100, celebrates a wonderful life

FREDERICK Sandell had a century of memories and continuing independence and good health to celebrate on his 100th Birthday on Friday (January 15). COVID restriction threw a major spanner in the works but family and friends still planned rolling celebrations through last week to mark the occasion.

On Saturday was a family party in the functions room of the Nambour RSL Club. Today (Wednesday) the Nambour CWA Ladies will be visiting to have a morning tea as Mr Sandell's wife Jean is an active member.

In the afternoon there is an open house for neighbours and those who care for Mr Sandell through Range Care.

"About three years ago my parents sold our family property which had been in the family for 100 years in Kenilworth, and moved to Nambour," said Mr Sandell's daughter Mirth Fabbro. "They both are still fiercely independent, active and live at home. We were fortunate in that a house came onto the market just around the corner from me in Burnside and they are a two-minute drive away, which makes it perfect for all.

"Dad has received all of his special greetings from The Queen, Prime Minister, Premier, Governor General, local member of Parliament and this has started his festivities.

"If you view the 'Sunshine Coast Antique Car Club' Facebook page there are photos of dad enjoying a vintage car ride as an early birthday present. This post occurred on the 28 December and you can see the joy and excitement in my father's face and it typifies the essence of Dad."

Mr Sandell is one out of the box, staying in the same career his entire working life. He began as a commercial accountant in December 1935 as a junior clerk with Australian Iron and Steel Ltd at Port Kembla NSW. His career finished in Rockhampton in 1989 when Mr Sandell retired from Australian Provincial Newspapers as assistant manager.

In 2013, when Mr Sandell was 92, he was acknowledged with a 70 years of Membership



Frederick Sandell turned 100 on January 15. Below: Fred and his wife Jean greet guests at Nambour RSL.



Certificate to the CPA.

In 2019 Mr Sandell was awarded a 50 years 'jewel' medallion to honour his 50 years of service to Freemasonry. He joined the Mt Morgan Scottish Lodge in 1969 when he worked there in the Mine office.



This photo by Jessica England was shortlisted. "It is remarkable how many people have got so much pleasure from our Christmas Tree".

Contest showcases Montville's inspiring Christmas tree

NO matter how dark the night, the Christmas Tree in Montville's Village Green shone on day and night throughout 2020 (through pure happenstance the contractors did not return to remove the fairy lights).

"Eventually this accidental gift was noted and moves were afoot to take them down," said Montville Chamber of Commerce President Shiralee Cooper. "But fortunately the community was heard, and the lights shone on. This tree gave people so much pleasure and was a beacon of hope in a most challenging year."

Encouraged by how much people appreciated the magic of fairy lights, the Chamber decided to spread the joy along Main St.

"This year more than ever we all were craving the festive joy of Christmas," said Shiralee. "This inspired one of our team to suggest 'The Magic of a Montville Christmas' photography competition. We love our village, especially at Christmas and we wanted to share this joy."

Despite COVID challenges that saw most Christmas events cancelled, the Montville Chamber organised its first Festive Street Fair

and the photography competition.

They called on award winning professional photographers Ben Connolly and Ben Messina to judge the event. Ben Connolly is the maestro of magical settings and has taken a number of surreal wedding photos wrapped within the fairy lit realm while Ben Messina's lush landscapes can be found in his gallery in Main Street Montville.

Local businesses sponsored the competition with the major prize being a two-night stay at The Falls Montville in a Rainforest Cottage, a hand blown glass goblet from Illume Creations and a tasting degustation for two at Spicers Clovelly's Long Apron.

Niel Wark's Christmas Beetle was chosen as the winner of the Gold Award, the Silver was awarded to Shane Lee for his lamplit landscape, The Bronze award was shared by Tina Cooper and Alison Mooney.

"We are not sure whether our Christmas Tree will shine brightly throughout 2021 but our competition entrants have recorded some moments which will live on. There is magic to be found everywhere," said Shiralee.



Brand new homes from \$505,000

Sundale's limited new unit release at Coolum Waters combines the best of outdoor living and entertaining with a low-maintenance lifestyle.

The new build blends space and flow, with generous bedrooms, large open living, dining and alfresco spaces and a chef's kitchen, complete with waterfall stone bench tops.

The master suite, complete with ensuite and walk-in wardrobe is perfectly positioned at the rear of each home for privacy and seclusion, while the airy bathrooms feature floor to ceiling tiles and luxe features.

- Fully ducted air-conditioning with climate-controlled zones
- Insect screens and security grills for added security and peace of mind
- Zero threshold features throughout including entry, patio, bathrooms and shower
- Ergonomically designed kitchen to minimise bending down
- Ample storage including a dedicated linen cupboard
- Your own garage with electric garage roller door
- Dedicated garden and maintenance team



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Seedless Watermelon



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Specials available Wednesday 20th January until Tuesday 26th January 2021

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Specials available while stocks last. Limit rights reserved. We reserve the right to correct any printing errors and omissions.



Owner Deb Baker and Ashleigh Goebel ... "Our clothes are fashionable and stylish and priced below the recommended retail price."

Ladies' wear available now at Think Pinq in Woombye

THINK Pinq boutique opened in Woombye in October 2020 and has quickly become a favourite with Woombye locals and visitors. Owner Deb Baker is a florist by trade, and her love of vibrant colour and pretty things is evident at every turn.

"I opened my first Think Pinq boutique in Mooloolaba many years ago, where I originally sold giftware," Deb said. "But over time I transitioned into women's fashion and I haven't looked back."

Catering for women aged from 30 to 80, Think Pinq carries a unique range of beautiful, comfortable and affordable everyday wear.

"I work hard to source unusual pieces and have made a point of not following what other fashion boutiques do," said Deb.

"Our clothes are fashionable and stylish and I always price them below the recommended retail price. It's not unusual for women to tell me that they have not seen clothes like ours before."

Think Pinq clothing is also available online, but according to Deb the popularity and longevity of the business is in no small part due to the fact that women can browse, try clothes on and enjoy friendly service.

"We love welcoming customers into our stores and it is fantastic that they feel comfortable enough to spend as much time as they like browsing and trying on outfits. Every day we have fun at work and I think our customers definitely pick up on this. Working alongside Maureen and Dolly at the Woombye shop is Ashleigh Goebel, who has grown up in the town, so it is also lovely for our customers to be greeted with a friendly, familiar face."

Think Pinq has fashion and accessories to suit all occasions and body types including plus sizes and mature-age figures.

• Think Pinq is at 25 Blackall Street Woombye or online at www.thinkpinq.com.au



Glenn and Rebecca Martin of Queensland Building Solutions plan to breathe new life into the "old building with a young heart".

New owners to give landmark health centre a timely refresh

ONE of Nambour's landmark buildings has recently changed hands and is about to enjoy a well deserved refurbishment.

Crescent Place Integrated Health Centre at 136 Nambour Mapleton Road has been taken over by Glenn and Rebecca Martin of Queensland Building Solutions, from John D Cooper and Eta Brand.

"We have owned the building for 17 years, and we are looking forward to seeing Glenn's and Rebecca's plans for the precinct unfold," Mr Cooper said.

The building is over 60 years old and has been amongst other things, a sound studio and a bakery. "When we took it on, we sought to create a space that invited the best of the best health care practitioners from a broad range of modalities," said Mr Cooper. "Over the years, it has been an incubator of sorts for healthcare professionals to develop their own practices in a welcoming and respectful environment."

"As it stands right now, there is a world class team of complementary and allied health services represented there. Access to practitioners of this calibre has never been more important, at a time when the world around us demands real resilience."

"We have always thought of it as an old building with a new heart, and we know that Glenn and his team have the skills and experience to breathe new life into the space."

Mr Martin said he was excited about reinvigorating the Crescent Place Integrated Health Centre. "It is such a lovely old building with a rich history and Nambour in general is a fantastic place to be," said Mr Martin.

"We have moved our company headquarters



to Nambour as well because we enjoy working in the town, and can see the opportunities that come with being part of this community," he said.

"There are 18 offices in total in the Centre, and eight of them are tenanted with health care providers," said Mr Martin.

"We invite Allied Health professionals, all alternate health care practitioners and health and fitness proprietors who require office space or workshop areas to make contact with us to express their interest in inspecting our remaining spaces."

Mr Martin anticipates they will fill quickly, given the close proximity to the town, hospital and transport, as well as the existing community of established professional health care providers. "They are absolutely ideal spaces for small to medium operators," he said.

• You can contact Glenn and Rebecca for further details on 0448 866 907 or 0447 799 027.



Crescent Place Integrated Health Centre

NOW UNDER NEW MANAGEMENT



10 ROOMS AVAILABLE FOR LEASE

With refurbishment plans underway we are calling on all Allied Health professionals, all alternate health care practitioners and health and fitness proprietors who require office space workshop areas to contact us immediately.

The health care centre is situated approx. 5 minutes from the centre of town and 3 minutes from the Nambour health care, Hospital precinct and would be a perfect work space for the small to medium operator.

The centre already boasts an excellent range of health care professionals such as:

- Naturopath
- Psychotherapist
- Mental Health Social Worker
- Physiotherapist
- Psychologist
- Kinesiology

There are 10 rooms of varying sizes and uses from 12m² to 50m².

Perfect business opportunities for the following professionals such as:

- Massage Therapist
- Chiropractor & Osteopath

Please call Rebecca and Glenn for further details

INSPECTION BY APPOINTMENT 0448 866 907 or 0447 799 027

Summertime in Full Bloom at The Ginger Factory

YANDINA'S Ginger Factory is celebrating all things green this summer at their Ginger, Flower and Plant Emporium.

The Emporium features a huge range of ginger plants and tropical flowers for sale and is open until January 26.

Visitors can browse the variety of flowers under shade sail at the outdoor Emporium and the fully stocked hot house of unique tropical plants.

The Ginger Factory's Tourism Manager Brenda Bailey anticipates a large crowd of plant lovers to visit the Emporium and said their COVID safety plan has guided the inception of this unique self-driven event.

"The Ginger, Flower and Plant Emporium was created to replace our postponed Ginger Flower and Food Festival this year," she said.

"The entire event is self-driven. Visitors can pick up all the gorgeous flowers and plants they like and load up their trolley and then pay at the checkout when they leave through the Retail Shop."

During the Emporium, outdoor camping and cooking gear specialists, Barebones Living are running a pop-up store every Wednesday and Saturday.

Throughout January, The Ginger Factory will also be holding Meet the Maker events.



Visitors can browse the variety of flowers under shade sail at the outdoor Emporium.

• Free tasting and demonstration stalls are available starting today. For details see the website www.gingerfactory.com.au/ginger-flower-plant-emporium/



The first markets were a success. Yandina at twilight is the perfect setting. Left: Yoga teacher Charlie Hanna, twilight market organizer Ruby Susie, centre, and musician Damian Campbell.

Small town spirit looms large as Twilight Markets return

FOLLOWING the success of the inaugural event Yandina will host another Twilight Market and Late Night Shopping on Friday February 5.

The artisan market encourages residents, visitors, stallholders and businesses to come together and support the thriving community.

Organiser Ruby Susie of Acacia Collective said the events aimed to celebrate “ourselves, our community and our earth”. “We are striving to support local artisans and hand crafters who create beautiful sustainable products,” she said.

“Let’s bring our awareness to our purchases by supporting local and ethically made products, to work towards closing the loop of waste and create a more thriving future.”

“With the current state of affairs in the world,

it is so important to bring our focus back to community and create grass roots movements and move towards a more supportive future.”

Yandina small business owner Melissa Richards of The Rustic Flower said the market’s epitomised Yandina’s small-town spirit. “As a small business owner in a small town I’ve come to understand you’re part of a family-like community. Its about bringing community together. We have a beautiful diverse range of shops in Yandina. Come enjoy a night out, grab dinner at one of our local cafes or restaurants, browse the local shops and indulge in some amazing local talent. Pop in and say hello.”

“Ruby from Acacia Collective has done an amazing job bringing local artisans together.”



Piano Performance to feature Alex Raineri

MALENY Arts Council is delighted to announce they will be restarting their events calendar this year.

The first performance will be at 2pm, Sunday 21 March 2021 in the Maleny Community Centre. The recital will feature Alex Raineri (piano) who wowed audiences at our last performance way back in March 2020.

He will be joined by outstanding soprano Kate Stenzel who has performed throughout Australia including with Opera Queensland and Opera Australia.

Look out for information about how to book tickets in early February.

Maleny Arts Council AGM

THE Maleny Arts Council Annual General Meeting will be held at 4pm in the Conference Room of the Maleny Neighbourhood Centre on Sunday 7 February 2021.

New Committee Members will be warmly welcomed and we hope you will consider nominating. Any two members of the Maleny Arts Council may nominate another member for the position on the Committee. You must be a financial member to be nominated to the Committee.

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BUY 3 MEALS (preferably from our partners)
+ 1 MEAL WILL BE DONATED TO A COMMUNITY MEMBER IN NEED!

MEAL DELIVERY SERVICE
CALL 07 5445 7044 TO ORDER!
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Clouds Montville - \$12.00 Each

- | | |
|--|--|
| 1. HAM & PINEAPPLE PIZZA - READY MADE (COOK AT HOME) | 5. SAVOURY ZUCCHINI MUFFIN WITH SALAD (VEG) |
| 2. MEAT DELIGHT PIZZA - READY MADE (COOK AT HOME) | 6. CREAMY GARLIC PRAWNS & RICE |
| 3. CARAMELISED ONION & CHEESE PIZZA - READY MADE (COOK AT HOME) | 7. SEAFOOD MARINARA FETTUCCINE |
| 4. CHICKEN BRIE & PROSCIUTTO PIZZA - READY MADE (COOK AT HOME) | 8. PENNE PASTA WITH MEATBALLS |
| | 9. RISOTTO - PUMPKIN, SPINACH, FETA & PINE NUTS (GF & VEG) |
| | 10. RISOTTO - CHICKEN, BACON & MUSHROOM (GF) |

Café Mapleton Menu - \$12.00 Each

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| 11. VEGETARIAN FRIED RICE WITH EGG (VEG) | 16. STIR FRY MIXED VEGETABLES IN SOY SAUCE SERVED WITH RICE |
| 12. VEGETARIAN FRIED NOODLES (VEG) | 17. STIR FRY CHICKEN AND MIXED VEGETABLES SERVED WITH RICE |
| 13. BACON FRIED RICE (GF) | 18. STIR FRY CHICKEN WITH GINGER AND MUSHROOM SERVED WITH RICE |
| 14. MINCED CHICKEN IN TOMATO SAUCE WITH RICE NOODLES (GF) | |
| 15. VEGETABLE OMELETTE | |

The Barn on Flaxton Menu - \$10.00 Each

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| 19. CHUNKY CHICKEN, BACON AND MUSHROOM SOUP (GF) | 23. CURRIED SAUSAGES AND RICE (GF, DF) |
| 20. CREAMY POTATO & LEEK SOUP (GF, VEG) | 24. VEGETABLE COCONUT CURRY (GF, DF, V) |
| 21. BEEF LASAGNE & SALAD | 25. BRAISED BEEF AND ONION STEW (GF, DF) |
| 22. VEGETABLE QUICHE & SALAD (GF, VEG) | 26. PENNE BOLOGNESE |
| | 27. PENNE CHICKEN CARBONARA |

Le Relais Bressan Menu - \$25.00 Each (portion size for 2 people)

All Le Relais Bressan meals are available to be purchased Wednesday - Friday
 Meals include a side of baked potatoes, except the fish. All meals, except the fish option can be frozen.

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| 28. COQ AU VIN (CHICKEN IN RED WINE) | 33. FISH ROULADE WITH LEMON RESULING SAUCE AND RICE |
| 29. BEEF BURGANDY (BEEF IN RED WINE) | 34. CREAM OF SWEET POTATO SOUP - also available to purchase for \$8.00 |
| 30. CHICKEN IN CREAM SAUCE | |
| 32. CONFIT DUCK WITH ORANGE SAUCE | |

The Cottage Meals Menu - \$9.90 Each

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| 35. CHICKEN CURRY AND RICE (GF) | 50. VEGETABLE LASAGNE (VEG) |
| 36. CURRY SAUSAGES AND RICE (GF) | 51. SWEET AND SOUR VEGETABLES AND RICE (GF, VEG) - DISCONTINUED 2021 |
| 37. LASAGNE | 52. MIXED BEAN CURRY AND RICE (GF, VEG) - DISCONTINUED 2021 |
| 38. SWEET AND SOUR CHICKEN AND RICE (GF) | 53. MOUSSAKA (VEG) - DISCONTINUED 2021 |
| 39. RISSOLES AND VEGETABLES (GF) | SOUPS |
| 40. BUTTER CHICKEN AND RICE | 54. CREAMY PUMPKIN - \$5.50 |
| 41. ROAST BEEF AND VEGETABLES (GF) | 55. CREAMY TOMATO - \$5.50 - DISCONTINUED 2021 |
| 42. ROAST CHICKEN AND VEGETABLES (GF) | 56. PEA AND HAM - \$5.50 |
| 43. PORK POT ROAST WITH APPLE AND VEGETABLES (GF) | 57. VEGETABLE - \$5.50 |
| 44. HONEY CHICKEN AND RICE (GF) | 58. POTATO BACON AND LEEK - \$5.50 |
| 45. SHEPHERD'S PIE AND VEGETABLES (GF) | 59. CHICKEN AND VEGETABLE - \$5.50 |
| 46. SAUSAGES WITH TOMATO/ONION GRAVY AND VEGETABLES (GF) | NEW MEAL OPTIONS |
| 47. MOROCCAN BEEF, RICE AND VEGETABLES (GF) | 60. APRICOT CHICKEN & RICE - DISCONTINUED 2021 |
| 48. CORN BEEF, WHITE SAUCE AND VEGETABLES (GF) | 60. BRAISED STEAK & MUSHROOM (GF) |
| 49. THAI VEGETABLE CURRY AND RICE (GF, VEG) | 61. SAVOURY MINCE WITH MASH & VEGES (GF) |
| | 63. INDIAN VEGETABLE CURRY AND RICE (GF) |
| | 64. SPAGHETTI BOLOGNESE |

GF = Gluten Free | DF = Dairy Free | VEG = Vegetarian | V = Vegan

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Free delivery is available to the following suburbs: Maleny, North Maleny, Reesville, Witta, Curramore, Elaman Creek, Conondale, Balmoral Ridge, Montville, Flaxton, Mapleton, Kureelipa, Dulong, Highworth, Image Flat, Parklands, Perwillowen, Coes Creek, Town Mountain, West Woombye, Woombye, Hunchy, Palmwoods, Nambour and Burnside. **Delivery to any other suburb will incur a delivery fee of \$10**

Call **07 5445 7044** or visit www.rangecare.com.au/frozen-meals



Sunshine Coast Pinball owner Vaughan Jones with his latest historical addition from 1930.

Historic arcade game finds new home at Sunshine Coast Pinball

THE newest attraction at Sunshine Coast Pinball is incredible. This vintage penny arcade game was hand built in the Great Depression to entertain visitors to the Shorncliffe Pier in Brisbane. You need to use original pennies to play it.

"It's a genuine piece of Australian arcade history," said owner Vaughan Jones. "At 91 years old it represents the birth of coin operated arcade entertainment and after just one attempt you'll

discover why it lasted so long!
 "It has a shallow rule set but is super hard to master."
 "If coin-operated amusement could survive in the Great Depression, it can certainly survive today."
 • Two pennys costs one token at Sunshine Coast Pinball open Tuesday-Sunday from 11am. Closed Monday.

Community feedback guides streetcape

DURING November Council asked the Woombye community what they loved about Blackall Street and what could be improved.

Feedback was received from 225 people and these responses will help Council's placemaking team create a shared vision for the street.

A community streetscape workshop is anticipated to take place mid-March. Anyone who lodged a survey and gave an email address will receive an invitation from Council.

Details will be posted on the Woombye Community and Business Association's Facebook page as they are finalised. "We will also set aside time at our monthly meeting to discuss any aspects," said WCBA Vice-president Grant Paethorpe.

Maintain Heritage charm

Feedback from Council's community engagement program indicates Woombye residents want to create an attractive and vibrant town centre while retaining and enhancing its heritage charm.

They want to enhance the street with improvements that retain the existing character as a picturesque heritage town characterised by large shady trees, quaint local shops with a strong sense of community.

Suggestions included creating a central space for people to gather and come together for events and creating places to sit, relax and



enjoy the atmosphere and character of the main street.

Other suggestions:

- More planting of shady street trees and gardens in keeping with current plantings.
- Add vibrancy and interest with artworks and interpretive elements that reference Woombye's heritage.
- Encourage outdoor dining to support local businesses.
- Create a cool, shady and green street that connects the western end of town to the central shops
- Improve pedestrian connectivity by providing new pedestrian crossings and improving safety at existing crossings.

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CHICKEN DISHES

1. ROAST CHICKEN

Tender roasted chicken served with roast chat potatoes, pumpkin and steamed beans.

3. CHICKEN A LA KING

Delicious chicken pieces cooked in a white sauce with bacon served with seasoned chat potatoes and green beans.

14. SATAY CHICKEN

Tender chicken breast topped with a satay sauce and served with yellow and green beans and rice (contains nuts).

15. SWEET N SOUR CHICKEN

Asian style sweet 'n sour chicken served with steamed rice & green beans

17. CHICKEN KORMA CURRY

Juicy tender chicken cooked in an Indian korma sauce topped with mango chutney, steamed rice and green beans.

19. MUSTARD CHICKEN

Tender chicken breast fillets, topped with creamy mustard sauce, roasted chat potatoes and aussie beans.

20. BUTTER CHICKEN

Tender chicken cooked in a mild Indian spiced butter sauce served with steamed rice and green beans.

37. CHICKEN PARMI

Crumbed chicken fillets, Napoli sauce, grated cheese & parmesan, served with chat potatoes & seasonal vegetables.

47. MANGO CHICKEN

Seasoned tender chicken with a mouth watering mango sauce, served with steamed aussie beans and chat potatoes.

FISH DISHES

25. ATLANTIC SALMON (Reg \$13.50 | Lge \$17.90) NEW

Served with creamy dill sauce, seasoned chat potatoes, broccoli, yellow & green beans.

26. TUNA MORNAY PASTA

Tuna Pasta tossed in a mornay sauce served with sweetcorn, peas and sweet potato.

28. ATLANTIC COD & PRAWNS (Reg \$11.50 | Lge \$13.90) NEW

Served with lemon sauce, mashed potato, broccoli & garden peas.

36. SMOKED SALMON FETTUCCINE

Fettuccine topped with smoked salmon, baby spinach in a creamy sauce served with broccoli.

46. BAKED FISH

Wild caught New Zealand Hoki with a cream sauce, served with sweet potato and peas.

BEEF DISHES

5. COTTAGE PIE

Good old traditional style minced beef, topped with potato mash and served with vegetables.

6. ROAST BEEF

Tender roasted beef served with gravy, chat potatoes, sweet potato and peas.

7. BEEF CASSEROLE

Tender beef cooked in rich gravy, served with mash and peas.

8. SPAGHETTI BOLOGNESE

Everyone's favourite pasta topped with a beef bolognese and grated cheese.

9. BEEF LASAGNE

Traditional bolognese sauce between layers of pasta, topped with a cheese sauce and served with seasonal vegetables.

30. BEEF RISSOLES

Beef Rissoles topped with gravy and served with mashed potato, peas and carrots.

31. BEEF STROGANOFF

Tender Beef strips cooked in a mushroom, paprika & mustard sauce served with Fettuccine & green beans.

32. MEXICAN BEEF AND BEANS

Classic Chilli Con Carne served with rice and beans.

35. BEEF MADRAS CURRY (MILD-MEDIUM) NEW

A delicious Indian beef madras curry cooked with potatoes, served with rice and green beans.

41. SILVERSIDE

A family favourite - Corned Silverside served with a sweet potato mash and vegetables.

PORK DISHES

12. ROAST PORK

Roasted pork with gravy, chat potatoes and roast pumpkin.

27. PASTA CARBONARA

Pasta cooked in a bacon and mushroom cream sauce.

33. PICKLED PORK

Pickled pork topped with creamy mustard sauce served with chat potatoes, green and yellow beans.

48. CURRIED SAUSAGES & RICE

Pork sausages cooked in a mild curry sauce and served with rice and vegetables.

BANGERS AND MASH

All served with mash potato, rich gravy and seasonal vegetables

2. BEEF WITH BUSH TOMATO & PEPPER SAUSAGES

13. TRADITIONAL OLD ENGLISH PORK SAUSAGES NEW

22. LAMB, HONEY, MINT & ROSEMARY SAUSAGES NEW

LAMB DISHES

10. ROAST LAMB (Reg \$11.50 | Lge \$13.90)

Succulent tender lamb with mint infused gravy and served with chat potatoes, peas and carrots.

24. MASSAMAN LAMB CURRY (Reg \$11.50 | Lge \$13.90)

Lamb cooked in a thai style massaman sauce, served with rice and green beans.

42. MONGOLIAN LAMB (Reg \$11.50 | Lge \$13.90)

Asian style Mongolian lamb cooked with steamed asian vegetables and noodles.

VEGETARIAN / VEGAN DISHES

29. VEGETABLE LASAGNE

Marinated roast vegetables between layers of pasta, topped with three cheeses.

43. VEGETARIAN NOODLE STIRFRY

Stir-fried vegetables and rice noodles with sweet lime and chilli sauce topped with chopped peanuts.

44. CHICKPEA & VEGETABLE CURRY

Mild chickpea & vegetable curry served with basmati rice.

45. CREAMY PESTO PASTA

Penne tossed through pesto cream, broccoli and spinach, topped with parmesan cheese (contains nuts).

DESSERTS (\$4.50 each)

| | |
|---|-------------------------|
| Apple & Rhubarb Crumble & Custard | Chocolate Bavarian |
| Bread & Butter Pudding & Custard | Passionfruit Cheesecake |
| Sticky Date Pudding & Caramel Sauce | Strawberry Cheesecake |
| Rice Pudding with Raisins & Cinnamon | |
| Chocolate & Almond Brownie & Choc Sauce | |
| Vanilla Ice-cream Cups \$2 each | |

MAIN MEALS

Regular \$9.50

Large \$11.90

*Please note price differs for some fish & lamb dishes.

Minimum of 7 main meals for a FREE delivery

7 Regular sized meals from \$66.50

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ALL ORDERS MUST BE PLACED BY 2PM

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EVERY WEDNESDAY

SUNSHINE COAST

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(Suburbs above in green incur a \$5.00 delivery charge)

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FORTNIGHTLY FRIDAY

TOOGOOM TO BUNDABERG

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Hearty Foods is a family owned and operated business on the Sunshine Coast. Established over 10 years ago delivering Nutritious ready made meals to the Sunshine Coast, Fraser Coast, Bundaberg, Bribie Island & surrounds.

If it's a good quality home style cooked meal your looking for then take a look at our extensive menu with the additional choice of regular or large sizes dependant on your appetite and of course a great selection of desserts.

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FANTASTIC FACTS ABOUT OUR MEALS AND SERVICE

- Our meals are a complete meal
- Regular meals approx. 350-400g
- Large meals approx. 450-500g
- Most of our meals are gluten free and lactose free
- We prepare and cook our meals fresh daily using only the best ingredients sourcing our meat and vegetables from local Aussie suppliers.
- Free delivery to most areas
- The meals delivered are frozen
- Meals can be heated in either the oven or microwave from thawed or from frozen
- Our meal containers we use are of recycled cardboard and are biodegradable.



Woombye's new bank manager will see you now

Business Write-up

LAST week, Bendigo Bank in Woombye welcomed its new Branch Manager, Yvonne Arthur. With a career in banking spanning 22 years, Yvonne has an impressive depth of experience and knowledge to share.

"I started out in one of the major banks as a teller and over the years I have experienced all aspects of banking," said Yvonne.

Yvonne's last ten years were spent in management in Australia and New Zealand. "But what I have found to be the most rewarding part of my career, irrespective of my official title, is customer service and relations," she said.

"I feel incredibly fortunate to have found this position here on the Sunshine Coast. I have always had a real love for the place and I am looking forward to immersing myself in the community and meeting our customers."

Throughout her career, Yvonne has been a driving force in running 'value add' events for banking customers to educate and assist them to achieve their financial goals faster.

Everyone has different banking needs

"Everyone is different when it comes to their financial literacy and position in life, and one of the best parts of being immersed in customer service is learning about each customer's unique position and what their financial and life goals are."

"It makes me so happy to be able to show people how to pay off home loans or pay down debt faster. I have helped people with aspects of financial management including budgeting tips, protecting what they have worked hard for, using credit cards to their advantage and saving money for specific goals like their next holiday, purchasing a car, or buying



New Branch Manager, Yvonne Arthur: "It makes me so happy to be able to show people how to pay off home loans or pay down debt faster."

their first or next home. I try to get an understanding of each customer's current situation and from there we can explore their 12 month to 2 year plans. It's particularly gratifying to support people in the early stages

of their planning so that they can achieve their goals faster by being matched with the appropriate product/s. One of the first things I focus on is reviewing existing banking, because it gives me an immediate

A full service branch with the community at heart

THE Woombye Community Bank Branch of Bendigo Bank celebrated its 10th birthday in 2019, having been established right on the tail end of the GFC. The formation of the Woombye bank is in keeping with the pioneering history of the town itself.

Raising the funds and establishing the banking service was a complex and time consuming process that took a number of years, thanks in the early stages, to the initiative and perseverance of Peter Stidolph and Ray Grace.

SERVICES

• Today, the Woombye Community Bank Branch of Bendigo Bank offers a comprehensive range of banking products and services including: Home Loans, Personal Loans and Commercial Loans, Savings Accounts, Transaction Accounts, Term Deposits, Credit Cards, Share Trading, Home and Contents Insurance, Investing, Superannuation and Financial Planning, Business Products, Car Insurance, Commercial Insurance & Life Insurance.

understanding of how people are using their facilities, and whether or not they are still the most appropriate product, while helping them save time and money."

Many people are content to set up an account, loan or insurance facility with a 'set and forget' mentality, but according to Yvonne, it is important to regularly review your situation to ensure you are getting the best from each of them. "I am keen to meet our customers (existing or new) and I invite them to get in touch with us so we can review their facilities and tailor them if necessary," she said.

Customers value personal relationships

"I am very hands on in practice and it is important to me that our customers find me accessible. Our entire team is skilled and experienced and it is always our aim to be accessible to our customers."

"It has been my experience that for customers, personal relationships and service are amongst the most highly valued aspects of banking. Not

everyone wants to do their banking online, and often all people want is to be able to talk to a real person."

"Bendigo Bank is a full service bank with the community at heart," said Stephen Marshall, Chairman of the Community Bank Board. "So we believe the addition of Yvonne to our team is a perfect fit. Her experience and commitment to service aligns perfectly with the ethos of our bank," he said.

Over the coming months, Yvonne will be getting out in the community to meet with community groups and organisations, and past recipients of Bendigo Bank grants and scholarships.

"As a little girl, I was never interested in playing with dolls, but I always loved counting and playing with coins," Yvonne laughed. "I hope that through relationship building and education, I can impart that same interest and enjoyment to our customers."

• You can call Yvonne on 0431 995 184, but as her diary is quickly filling with appointments with banking customers, your best option is to make an appointment at the Branch to meet with her in person by calling 5442 1311.

Reward for a business sensitive to the needs of its customers

BLESSED Earth in Maleny has been rewarded for helping people with chemical sensitivities.

Blessed Earth's organic materials are sustainably sourced and produced, making them accessible for people with chemical sensitivity, touch sensory sensitivity and those with skin conditions such as eczema and dermatitis.

Blessed Earth has even created a world first with organic labelling of their eco-friendly linen and clothing.

"We now make and weave our own material," said owner Janine. "We're committed to empowering people and creating a platform for people working together."

The business also supports personal wellbeing and inclusive access by requesting a fra-

grance-free customer and workplace environment.

"People are happy to support us and are pleased we're doing this," Janine said.

Janine and staff have noticed the positive impact, especially for people with chemical and fragrance sensitivity.

In recognition and appreciation Andrea Weber recently presented Blessed Earth with a certificate on behalf of the Australian National Register of Environmental Sensitivities. This organization advocates for the growing number of people affected by these conditions.

It is estimated that 1 million adult Australians have multiple chemical sensitivities. There is a critical need to reduce exposures for the prevention and reduction



Andrea Weber, left, presents the certificate to Deborah and Janine from Blessed Earth.

in symptoms and illness experienced.

"It's often not a question of whether changes can be made but whether people are willing to make them, so it's really important to recognize businesses that do support inclusion in this way," said Andrea Weber, founder of Expan-

sive Happiness, dedicated to creating community awareness and providing self-empowered sensitivity management programs.

• If your business is supporting those with environmental sensitivities, please contact Andrea by visiting www.anres.org or www.expansivehappiness.com.

Swarovski discontinues crystal supply to locals but there's good news

SWAROVSKI have discontinued supplying their world famous crystal components, to world dealers, indefinitely. Instead they will be using them in the manufacture of their own jewellery as well as selling them to other manufacturers such as Nike.

One local company, Feather's Nest Creations in Yandina, still has Swarovski stock but it is starting to disappear. Owner Dennis Sutton said that he had already made arrangements with another supplier, Bohemian crystal maker "Preciosa", to use their world class crystals.

"Bohemia has been producing high quality crystals for over 500 years and are a very strong contender to Swarovski," Dennis said.

He has already received several orders from the Czech Republic to replace depleted Swarovski stock.

• Contact Dennis Sutton, Feather's Nest Creations, Shop 2/8 Farrell Street Yandina. 5472 7409 or www.beadsuppliesaustralia.com.au

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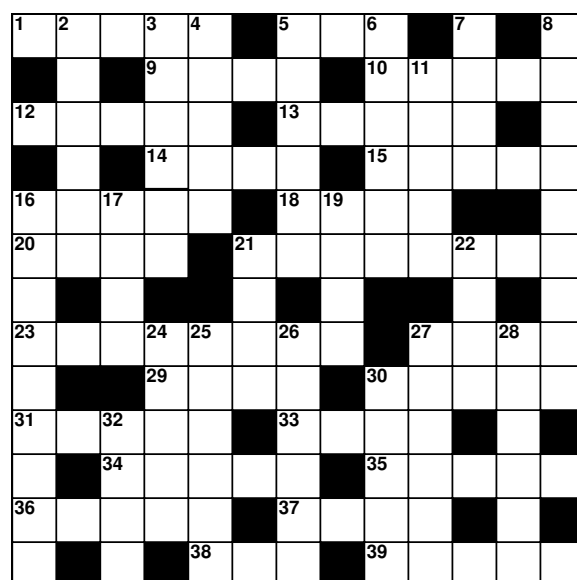
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Gazette Crossword

(see solution over)



ACROSS

- 1 Operatic airs
- 5 Female deer
- 9 Additional
- 10 Norwegian
- 12 Commenced
- 13 Soft sweet
- 14 Body of water
- 15 Skin irritation
- 16 Cut off
- 18 Waxy membrane
- 20 Revise and correct
- 21 Emphasised
- 23 Short private tale
- 27 Fingerling salmon
- 29 Sharpen on whetstone
- 30 Employs
- 31 Relating to bees
- 33 Partly open
- 34 Clock faces
- 35 Fundamental
- 36 Happening
- 37 Way out
- 38 Do wrong
- 39 Biblical quotations

DOWN

- 2 Staggered
- 3 Talisman
- 4 Echo sounder
- 5 Fault
- 6 Suffer
- 7 Gratis
- 8 Fipple-flutes
- 11 Wicked giants
- 16 Parted
- 17 Climbing plant
- 19 Sea eagle
- 21 Anon
- 22 Cicatrix
- 24 Linked series
- 25 Give to charity
- 26 Puzzling question
- 27 Sea-robber
- 28 Oppose
- 30 Custom
- 32 Notion

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Creative.**

Sharing our Sunshine Coast

It's a busy time of year when we need to share our Sunshine Coast. Even more than before, we need to prepare and take care. We're asking everyone across our region to be kind, considerate and allow a little more time to reach your destination, because keeping our community safe is everyone's responsibility. Visit Council's website for all the information you'll need to be prepared for a safe and enjoyable summer on our Sunshine Coast.

Happy anniversary!

Sunshine Coast Design Book is celebrating its first birthday this month. It's been a huge year. The book has received two national design awards, featured in over 10 national, state and local publications and more than 800 hardcover copies have been sold. To celebrate with us, download the 'yellow book' for free on Council's website, borrow it from your local library or have your very own by purchasing a hardcover copy at selected bookshops and all Council Customer Service Centres.

CUSTOMER CONTACT

sunshinecoast.qld.gov.au/Council/Contact-Council

Discover Active Travel Maps

Explore pathways and bicycle lanes in your local area with new Active Travel Maps. These detailed walking and cycling guides will help you discover a shortcut to the shops, plan a bike ride to work and much more. To view a copy of the maps, visit Council's website.

Want hassle-free parking in Mooloolaba?

Shopping, catching up with friends for a bite to eat and enjoying Mooloolaba's views just got easier with the new ParknGo Mooloolaba Central. Offering 700 car spaces across eight levels, parking in Mooloolaba is quick and easy, allowing you to now ParknGo. To find out more, head to www.parkngo.com.au

One for the calendar

Next Council Ordinary Meeting - Thursday, January 28

Searching for calm after a busy December?

Take the family to Summertime Playscape at the Maroochy Regional Bushland Botanic Garden in Tanawha. Relax under the shade of trees, away from crowds and cars in a peaceful bushland setting. Kids can explore a secret garden full of nature play fun. See Council's website for details.

Mass transit solution on the agenda

Momentum continues for a mass transit solution to address our public transport needs now and well into the future. Residents will have a chance to provide input early next year on the proposed mass transit system as well as land use options to help us manage growth along the coastal corridor. Join us on the journey by visiting Council's website and subscribing to receive project updates and to find out when you can have your say.

Healthy Ageing Forum coming up

Registrations are now open for a groundbreaking chronic disease health forum at the University of the Sunshine Coast (USC) on February 20. Held in partnership with Sunshine Coast Council and USC, the Healthy Ageing Forum – Getting Old is not a Disease! will feature some of the latest chronic disease research and lifestyle recommendations from a range of renowned health experts. Visit Council's website for more details on this free forum.

Enjoy lunch with Layne Beachley

Venue 114 is thrilled to be kicking off the 'In Conversation' series for 2021 and celebrating International Women's Day with special guest Layne Beachley on March 5. Hear from the 'Queen of Surf' and book your early-bird ticket now at the special price of \$99. Includes two-course lunch and drinks. Visit www.venue114.com.au to book.

07 5475 7272

mail@sunshinecoast.qld.gov.au



www.sunshinecoast.qld.gov.au

Holy Ship plays at the Lind

RILEY Cope, creator of hit show "In Flight Entertainment," is swapping the sky for the sea in a new comedic cruise ship cabaret, "Holy Ship."

Riley Cope, Sunshine Coast local, is a producer and performer who knows a thing or two when it comes to life on the high seas.

In 2018 Riley returned to the Sunshine Coast after entertaining on board Carnival Cruise Lines, Carnival Paradise, which saw him travelling the Caribbean to Cuba and Mexico.

After experiencing the chaotic and exhilarating conduct on board, he saw an opportunity to create a cabaret showcasing the lives of seafarers.

The end result is an action packed, comedic cabaret titled "Holy Ship."

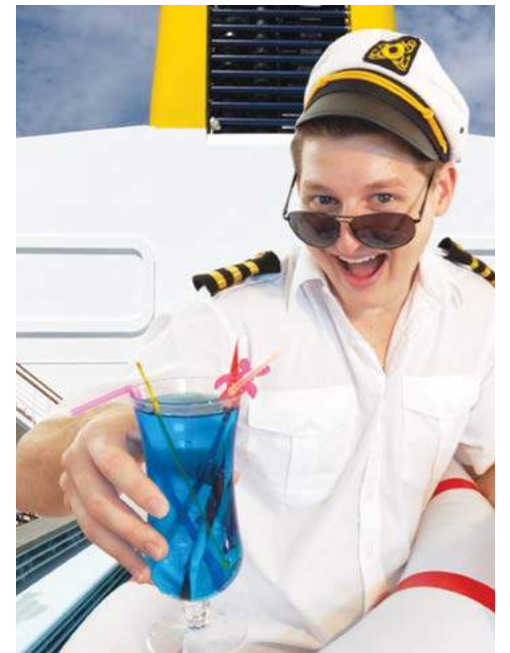
Experience the entertainment and hospitality associated with cruising without having to leave port.

Get ship faced, "somewhere beyond the sea," for a night of boat rocking fun as we take a look behind closed portholes.

Singing, dancing, acting, booze, bingo, more booze and missing passengers. Near, far, wherever you are, don't miss the entertaining experience that is "Holy Ship."

Repeat cruiser or virgin voyager, this is one itinerary you don't want to miss.

This is not Riley's first rodeo when it comes to writing and producing a cabaret. In 2019 he created the hilarious musical comedy "In



Flight Entertainment," a high altitude cabaret exploring the turbulent lives of aviation crew.

"In Flight Entertainment" has performed to sellout crowds locally and interstate. It won the Sunshine Coast Anywhere Theatre Festival award in 2019 for the season at the Queensland Air Museum.

"Holy Ship" will be performed at the Lind Lane Theatre, Nambour, on January 21, 22 and 23. Tickets are selling fast. Bookings can be made online at www.copecreative.com.au/shows or over the phone 1300 732 764.



Nicole Burke practicing her advanced stability skills at the Range Community Gym.

Photo courtesy of C. Waters

How is your Strength and Stability?

THE Range Community Gym is offering a number of low cost, beginner, Senior's Strength and Stability classes beginning February 1. The classes are part of Sunshine Coast Council's Healthy Sunshine Coast program. Times include Mon 10-11am, Tuesday and Thursdays 2.45pm-3.45pm and Fridays 10-11am. The cost is \$5 a session. Bookings are required. Please call Paul Parker 0439 670 629 or Tina McLaren 0490 024 367 to book and for more information.

Special Remembrance Ceremony January 26

THERE is a growing movement across Australia to acknowledge the realities of the frontier conflicts in our history. For several years now in Maleny, there has been a Remembrance Ceremony that seeks to face, in a particular way, the human cost of those conflicts for Indigenous people.

Anyone is welcome to attend the Remembrance Ceremony, to be held on Tuesday, 26 January, at 10am in the RSL Maleny Memorial Hall. Attendees are welcome from 9.45am.

The Ceremony comprises a welcome to country, excerpts from history (especially local history) poetry, music and song.

"As well a minute's silence will be observed, to remember the Indigenous people of this continent, and its islands, who lost their lives in the dispossession of their land that began on the 26 January, 1788," said organiser Dr Ray Barraclough.

For more information contact Dr Barraclough on 5499 6893 or 0451 049 516.

Start preparing your grant applications for Council

IT'S a brand new year and as not-for-profit community groups start planning their crucial fundraising events and activities for 2021, Council is reminding volunteers to plan their Major Grants applications now with up to \$210,000 on offer.

Council's Major Grants offer up to \$30,000 for infrastructure projects and up to \$15,000 for other projects. Applications for round one are open 1 February to 15 March.

Join Wilvos and help save our local wildlife

JOIN Wilvos as a carer, transporter or hotline volunteer. Volunteers work from home, making a big difference for our little Aussie mates. Wilvos will also provide free educational talks to groups, schools and retirement villages on the Sunshine Coast. To register for training workshops or talks, please contact: Sylvia: membership@wilvos.org.au or Roslyn: awareness@wilvos.org.au

Nambour Tennis Club Come and Try Day

NAMBOUR Tennis Club's Washington St centre will be open for a free Come 'n' Try day on Saturday January 30 from 2-5pm. Meet the coach, or learn about our comps/sessions. Juniors and Adults, all ages and standards welcome.

Women's Rugby League

NAMBOUR Crushers Women's Rugby League are looking for new players to join the team for the 2021 season. It's a great way to meet new people and gain new skills. For information contact Coach Michael Jeffs on 0414 359 308.

Gazette Crossword Solution

[See Crossword previous page ...](#)

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| E | V | E | N | T | E | X | I | T | S |
| D | A | E | R | R | T | E | X | T | S |

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5 Water Gum Crescent, Maleny

4 2 4

Situated just three minutes' drive from the vibrant heart of Maleny is this low set, well maintained brick home. Equipped with everything for modern family life; ducted air conditioning, ceiling fans, dishwasher and loads of storage-there's nothing to do but move in. You'll appreciate 4 bedrooms, family bathroom, master with en suite and a large, flat 1200m² block for the younger members of the family and your four-legged friends to play. It also means there's plenty of room to park the caravan, trailer or boat and a massive 3 bay shed!

For Sale
\$799,000

Inspect
By Appointment Only

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1074 Landsborough Maleny Road, Maleny

5 4 7

Meander to the home along the circular driveway and take in the historic fig tree that commands centre stage and creates a dramatic entry at this beautiful property. When your home is your sanctuary and entertaining is everything, this property will delight and excite you. There are 5 large bedrooms including one adjoining the master that would make the perfect nursery for the younger growing family. If you are looking for the opportunity for dual living, this home delivers. Downstairs, the ultimate teenager's retreat or self-contained living for the extended family has been created.

For Sale
Price By Negotiation

Inspect
By Appointment Only

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0477 702 073
rodney@malenyrealestate.com



22 Cedar Grove Court, Maleny

Vacant Land 914m²

Walk to town in just minutes from the home you can build on this 914m² block. Land available in the heart of Maleny is rare, but the chance to create your dream home can be realised here. Backing onto the wetland and brook that runs through the Cedar Grove and Hakea Street areas, you'll have the chance to create a home taking in the best of Hinterland nature. Inspect this very private block today and start building!

For Sale
\$369,000

Inspect
By Appointment Only

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0477 702 073
rodney@malenyrealestate.com



128 Flaxton Mill Road, Flaxton

4 2 3

Lovingly held as the family home for the past 18 years, this character Queenslander is now ready for a new owner. With the character of a 130yr old Queenslander and the space of a large 4 bedroom, 2 bathroom home, this property will capture your heart and be the gorgeous start to your quintessential Hinterland life! Located in highly desirable Flaxton, your gorgeous 1.5 acres of land is bursting with established fruit and olive trees and your vegetable garden is starting to burst with life. The birdlife abounds and is well at home in the native trees and shrubs throughout the property.

For Sale
Offers Over \$950,000

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7 Balmoral Road, Montville

3 3 5 1

Located on enviable Balmoral Road, just minutes from the picturesque townships of Montville and Maleny and elegantly positioned behind an avenue of stunning Benjamin Fig trees, this absolutely beautiful home is just waiting for its new family. The home has been lovingly restored, renovated and offers great care and attention to detail in its fixtures and fittings. All of the original features have been retained and restored perfectly, while offering modern elements for luxurious living.

Sold
By Principal
Rodney Millett



13 Curlew Court, Maleny

4 2 2

When attention to detail, tranquil rural views and open plan living is everything you want in your next home, this unique property delivers. Offering an incredibly special feel, the current owners are reluctant sellers and have loved every minute of living in this home. You'll be just minutes to the vibrant township of Maleny on a very generous 2313m² block with town water and sewerage. Curlew Court is whisper quiet and highly sought after by discerning buyers seeking privacy and peace. Relax with family and friends on the very generous deck overlooking the view that extends all the way to Montville.

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By Principal
Rodney Millett

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Community Profile

Rebecca Galler

Owner Frankie's Cafe Woombye

- **Birth date and/or star sign?** 12th July 1990 Cancer (Yes, I like to walk sideways).
- **Dream Car?** Aladdin's Magic Carpet.
- **The last television show or movie you loved?** Chef, I'm a sucker for cooking shows.
- **One thing on your bucket list?** Ohh, Experience a dinner at Heston Blumenthal restaurant. To me he is one of the most talented (on screen) chefs, his mind would be amazing.
- **Best advice you have ever received?** Wake Up and make the day count.
- **What has been your most memorable moment?** When Dan told me he loved me (He probably doesn't remember haha).
- **What's one thing you love about your job?** Making people happy with our food, drinks and space.
- **What would your friends/family say is your most annoying habit?** Two things, the way I say plants (I'm from South Australia) & always correcting grammar.
- **What is something people don't know about you?** I studied Psychology for two years as I wanted to be a Sport Psychologist. The mind intrigues me, and what makes people make the choices they do, fascinating.
- **What one thing would you like to see happen in the local area?** Night Markets!
- **Best local activity & why?** Fishing along the Maroochy River, we haven't done it in a while but still some of my fondest memories. Early starts on the water, set the crab pots, fish all day and feast at night on our fresh catch.



Rebecca Galler: "Woombye has all these amazing family-owned shops all at our fingertips. You can walk down the street and get everything you need, from food to clothes to a new house!"

- **Best thing about your town (apart from the people)?** In Woombye, you can walk down the street and get everything you need, from food to clothes to a new house ... and then furnish it, and fix up the garden! Woombye has all these amazing family-owned shops all at our fingertips.
- **Is there a local business, community group, club or person you'd like to give a shout-out to?** Steve & Ange at Farmers First, they supply us with Fruit & Veg and have from the beginning, and before we started Frankie's, Dan and I would purchase all our fruit & veg from them at Yandina Markets. They are the best in the fruit and veg business, thanks legends, you're the best.
- **Where did you grow up?** A small town called Greenock, in the Barossa Valley. Our family started with cattle, then Dad changed it to vineyards, and helped create Barossa Vines. So yep, booze is in my blood.
- **Favourite local food and why?** Fave Local Restaurant at the moment is Juan Fifty in Alex Headlands, I mean those cocktails! Need I say more ...
- **Happiest moment in life that wasn't related to family matters?** Our First Week of trade at Frankie's. What a ride that was.
- **Apart from your family and business what are you passionate about?** Making people happy with great food, drinks & customer service.

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Helping wildlife often takes an emotional toll

From Donna Brennan
Wildlife Volunteers Assoc Inc (WILVOS)

SOMETIMES a call will come through the WILVOS 5441 6200 Hotline that has quite an emotional impact. After dealing with so many wildlife tragedies, carers and rescuers are ready to expect the worst when attending to an injured animal on the side of the road.

Recently a couple of our carers responded to a call for a possum hit on the road running beside the Steggalls Road development in Yandina. Both said it was one of the saddest calls they'd ever attended. The beautiful big majestic short-eared brushtail, weighing around four kilograms, had died from her injuries and just a couple of metres away her back-riding joey of almost a kilogram was also dead. These possums, formerly known as mountain brushtails or bobucks are one of our largest possums and are such muscly, healthy animals that look indestructible. They are also the most loving and trusting of all the possum species. The joeys are so gentle and often cry for their mothers for the first couple of days in care.

What a sad waste of two lovely animals. These are just two of the many native animals now being hit by cars along Old Gympie Road and Steggalls Road. Scores of houses have replaced the once beautiful bushy hectares of habitat.

What happens next? An occasional resident will complain about possums in their roof or in their yard, inconveniencing them by making their dogs bark. These poor animals are searching for a new home after being displaced. I don't think the few token nesting boxes put up will solve the problem.

Please drive carefully, take home any plastic bags, pick up that fishing line and cut it into small pieces before disposing of it. Small things can make a big difference.

- WILVOS 5441 6200, wilvos.org.au

Second Red Bench to raise DV awareness

RECENTLY a second Red Bench was launched in Maleny as part of a local campaign to stop domestic violence.

The first is outside the post office. The bench was donated to Maleny shoppers years ago by local service club Quota. It was their last project in the town. They facilitated its renovation by the Men's Shed and Rotary, and included the Red Bench plaque "Domestic Violence: Let's change the ending".

Then, on a rainy day before Christmas, Federal member for Fisher Andrew Wallace and Cr Winston Johnston pulled the white ribbon at the Maleny Neighbourhood Centre; and the second Red Bench was ready for tired citizens.

In his speech Andrew Wallace expressed his horror at the statistics revealed by the Federal Government's Standing Committee for Social Policy and Legal Affairs that will release its report on A Domestic and Family Violence Inquiry in February or March this year.

"This [report] is revealing harrowing information. One woman every nine days is killed as a result of DFV; each day 12 women are hospitalised from assault.

"...it certainly reaches every single corner of the country and doesn't discriminate by post-code, wealth or occupation. It permeates every single part of the community," he said.

Mr Wallace said men had to take a leading role in overcoming the scourge that starts with a lack of respect for partners and ex-partners.

"We need to look at men's behaviour programs. The inquiry is looking at 'coercive control', which is one of the pre-emptors of homicide. Coercive control means controlling the woman's finances, who she can and cannot see,



Zonta's Ann Koenig, Val France with red roses, Barb Jones, and Sherryl Gregory from Rotary.

separating her from her family...

"Nowadays this control is often done through mobile phones to have more control about a partner's movements.

"I have learnt a lot in the past six months from this inquiry. And thanks to MNC, Rotary and Zonta - the best thing we can do is talk about DV. Ask 'are you OK?' And if they are not okay, refer them to the appropriate help," he said.

Red Bench Project extended

As an added bonus for the SPEAK UP NOW committee, Cr Winston Johnston has advised that Sunshine Coast Council will coordinate the launch of the Red Bench Project across Council areas at Nambour, Alexandra Headlands, Caloundra and a third one for Maleny as part of DFV Prevention month in May.

The Red Bench Project is an initiative of the Red Rose Foundation, a National not for profit

charity that works to end domestic and family violence across our communities.

It was launched in May 2019 as a permanent reminder that DFV occurs within all of our communities. The benches raise awareness and provide an opportunity for this issue to remain visible.

This year the SPEAK UP NOW committee will look at ways to get its message across to young people, says Rotary representative on the committee Greg Williams.

"I agree with Andrew Wallace that in order to 'change the culture we have to start with the kids'. So I am keen to partner with sporting, drama and church groups to look into innovative ways of engaging with them in seminars, fun events like a kite flying competition at a festival and drama activities," he said.

The current committee consists of members of the former Maleny Quota, Val France and Barbara Jones, Zontians Ann Koenig and Linda McElrea and representatives of Maleny Rotary Sherryl Gregory and Greg Williams.

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Programs to help bring in New Year

David Law
Division 10 Councillor
david.law@sunshinecoast.qld.gov.au



Happy New Year to everyone in our Division 10 community. Here's hoping 2021 is a positive, safe and healthy year for you all. I'm looking forward to once again meeting with residents, businesses and school groups to hear about your latest innovations but also any feedback you may have. Council is also rolling out some terrific programs to help with any New Year resolutions, including Healthy Sunshine Coast, The Lift Project and the Healthy Ageing forum. Visit council's website for all the details.

Nambour Connection Road pathway

In great news for Division 10, construction is nearing completion of the new Nambour Connection Road pathway. It runs from the Coles Express (Shell Panorama) to Magnolia Street, Nambour near the Hilton Terrace Apartments. I'm pleased to also share council is taking the initiative to work with local street artists to produce an attractive and appropriate decoration of the concrete barrier. Street art will be applied to both sides of the barrier and will provide a stylish entry to Nambour. The pathway is approximately 950m long and varies in width between 1.8m and 2.5m. There are three sections of cantilevered walkway required by the steep slopes at the side of the road. A combination of concrete barrier and guardrail will be in place to protect pedestrians using the pathway. In an added bonus, the pathway will have lighting along its entire length. The project completes a missing pathway link and improves safety on the route between Nambour Christian College, the Nambour town centre and residential areas. It provides connectivity between residential populations from western suburbs of Nambour and the Nambour town centre, schools, sports facilities and employment precinct.

Construction is scheduled to be completed 16 February 2021, weather permitting. If you have any questions please contact me at email: david.law@sunshinecoast.qld.gov.au and follow my Facebook page for regular updates: @DavidLawDivision10.

Towns have their say on streetscapes

Winston Johnston
Division 5 Councillor
Division5@sunshinecoast.qld.gov.au



I would like to express my appreciation to the 225 people who had their say to create a shared vision for Blackall Street, Woombye and the 117 people who had their say to create a shared vision for Rosebed Street, Eudlo. This community consultation during council's placemaking efforts in November involved people sharing what they love and what can be improved at these two important locations. Their feedback is helping council develop recommendations that will inform a draft streetscape design for each town which you will soon be able to provide further comment on. If you didn't get involved last time, please consider joining the next phase of consultation.

Nominate a young conservationist

The Les Hall Young Conservationist Award is now open, so if you know a young eco-warrior, I encourage you to recognise their efforts and nominate them. Nominate a team or individual who's striving for change at their school, or going above and beyond to protect a native animal, or using technology to raise awareness about wildlife conservation on the Coast. Nominees must have been 18 years or younger when the project was completed. To nominate or learn more, please visit www.sunshinecoast.qld.gov.au/leshallawards. Be sure to submit your entry by 28 February 2021.

Caring for our parks and gardens

There is no doubt Division 5 includes some of the Sunshine Coast's most stunning outdoor areas and I'd like to ask for your patience while council's parks and gardens team work to keep them looking great. Our region is currently experiencing high turf growth due to optimal conditions and weather and site conditions (including possible future fire risk) which may result in some delays. Please know our dedicated team are hard at work catching up and continuing with their scheduled maintenance.

Keeping you connected

Keep an eye on my Facebook page for the latest Division 5 news and information. Visit www.facebook.com/winstonjohnstondivision5ccc.

Looking forward to a less stressful year

Rob Skelton
State Member for Nicklin
nicklin@parliament.qld.gov.au



Welcome back everyone to 2021. Let us hope this year is less eventful and stressful than 2020. The new year brings promise of expanding opportunities and hope for Nicklin as business, the community and government are more positive and focused on keeping Queensland safe from Covid-19. Vaccinations are to be rolled out soon in the New Year, but we cannot allow any complacency to seep in. We must remain vigilant and aware of the Covid-19 rules and announcements as they appear. Wear a mask, wash your hands and keep socially distanced!

This last three-day lockdown was sudden, and it made us all realise just how quickly one single case could possibly get out into the community and wreak havoc.

Stay safe to avoid outbreak

Queensland has dodged catastrophe over the last year with quick thinking community focused responses to the virus and this has helped us all weather the year better than almost any other region in the world. To have just one case in Queensland is a far cry from what we are witnessing in Europe and the Americas. We can all go about our daily life safe in the knowledge that we have a world-class team of experts deciding the response, and so far, that response has saved lives and limited the economic battering that could so easily have happened.

See you out and about

Over the next few months, I will be visiting the various community groups and organisations that do so much to support and sustain the very fabric of community life. I will also be continuing my school visits and hope to get to every one of the 17 schools in our electorate soon. In the next few weeks I have a briefing with Dept of Transport and Main Roads where the transport issues of the region will be discussed. Watch this space and stay safe, Nicklin!

Train services trail growth by 21%

Jeffrey Addison
Sunshine Coast Commuter Advocate



We occasionally hear the state Government say how good the Sunshine Coast has it with a \$551 million rail extension to start soon. The heavy rail works are set to begin mid-2022. Of course, having extra duplicated track is only as good as the extra services it may enable. I examined our train and rail-bus services over the past decade from 11 July 2011 to the last improvement on 2 March 2020. The results, when compared to our population growth are extremely concerning. The statistics reveal that the Sunshine Coast has been depleted of rail 'services' by over 21% when compared with growth.

In 2011, the census revealed our Sunshine Coast population to be 306,909. In 2021, the estimated population (from Sunshine Coast Council website) is predicted to be 351,424, a 14.5% increase. There's a reason I say 'services' and not trains. Many don't realise that almost a quarter of Sunshine Coast trains are literally 'rail-buses' (the 649) ... 23.1% to be precise.

They drive in and out of each station between Nambour and Caboolture and vice versa, every week day, 75/week in lieu of a real train. All due to the constricted single track shared between commuter trains, freight trains and long-distance (Cairns) trains. It is why I campaign for full rail duplication to Nambour. In 2011, rail-buses comprised 44% of weekday services. Journalists would laugh when I told them the figures, as they thought them too fanciful to be real. Buses replacing trains they'd ask? - and then I'd show them the timetable replete with rail-buses.

The rail-bus takes around 1 and ½ hours to go the 54km to/from Caboolture. It's sometimes quicker to wait for the next train. 2011 was a good year for commuters; we got two new trains after massive crowding as a result of the June 2011 timetable. The authorities had been warned that crowding would occur but decided to ignore our complaints. After the first night of aggregation aggravation on 6 June 2011, I wrote to then Transport Minister Annastacia Palaszczuk, took photographs of the compressed mayhem, sent them to her and asked that she come to platform 6 at Central and see it for herself. The very next night as I was waiting to squeeze onto my train, I got a tap on the shoulder and to her credit the Minister (now Premier) did come and see for herself. I recall seeing her eyes widen in disbelief as we packed in. It was enough! Four weeks later - on 11 July 2011 we had a new train, the 5:24pm from Roma St to Nambour. It was neatly full from day one. An existing train, the 5:02pm from Roma St to Caboolture, was extended up to Nambour. The new train was a \$3 million fix, Chief Operations Officer of Queensland Rail, Mr Kevin Wright PSM (Ret'd) told me at the time. Part 2 next edition: The timeline of break ups and downs of our weekly 'services' over the past decade.

Woombye Library

Library Corner with Del FINGERS crossed this new year will bring a covid free country. We at the library will continue to have in place covid safe requirements. This year we will open Monday to Saturday 9am to 12pm and Monday to Friday 2pm to 5pm. We look forward to sharing with you a love of reading and learning. Our children's Christmas books proved very popular. Thanks to Cathy for these great reads. Our library has a great selection of Peter Watt novels. Peter is a well known Australian author. His frontier series featuring McIntosh Duffy families reaches back to early Australia and then brings us into the late 1950's. There are 12 books in this series. Peter's trilogy on New Guinea is riveting. Where survivors of WW1 are now rushed headlong into WW2. Friendship, tragedies and romance. His newest trilogy is Queens Colonial, Queens Tiger and Queen's Captain. Peter has three stand alone books: The Silent Frontier, The Stone Dragon and The Frozen Circle. All excellent reads. We have all these books available for readers and they can be reserved if currently out on loan. Garry Disher is another well known Australian author. His crime fiction are a great read. We currently have in our library: Bitter Wash Road, Peace and Consolation. Garry also writes children's literature. Local author Leigh Martinuzzi has kindly donated his most recent publication: The Ultimate Life Map to our library. Thank you Leigh.



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Barefoot bowlers out in force at Palmwoods

THE very tumultuous 2020 came to an end with the completion of the Millenia Rakes Social Bowling comp last Wednesday. Played over six weeks, this competition gives all our new "barefoot bowlers" a chance to increase their skills and have a lot of fun doing it. The winners this year was Langy's Lackies made up of Mark Lang, Chris Barkle, Peter and Matches Teagle. It was a very exciting final with the Lackies down by 1 shot overall, with 1 bowl to come. But Matches produced a match winner with a little assistance to claim the big prize. The unlucky runner-ups were Postie Power made up of Col McKinlay, Yorkie the Pom, Tom and Rachel. This was Tom and Rachels first game of bowls and showed a lot of improvement each week. A big thank you to Gary Darr of Millenia Rakes who sponsored the event which encourages new bowlers to learn to play and compete.

Night social bowls recommences tonight

SOCIAL bowling fun recommences this Wednesday night 20th 6pm for a 6.30pm start. It will be played under Scrounger rules, and played in the cool of the evening. Cafe will be opened for dinner. The new concept is both a fun way of learning bowls and a great tool for the experienced bowler to perfect their drawing skills. Bring down your friends and family for a great night with lots of prizes. As there are no set teams, it gives you a perfect opportunity for individuals to just come along. There will be prizes for place-getters on the night, lucky loser rink draw, spin the wheel raffles and Scrounger jackpot spin. Scroungers will go for six weeks, so come on down and be part of this entertaining community event. Contact Col 0422 379 893 for more details, or just put your name down on the night. Reminder to all members that the club 4s comp is on Sunday 24th commencing at 9am. Get your nominations in asap. Put a game of bowls on your bucket list next year.



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